Food economy to be aired

Four conferences on how to save money on food will be held at 10 a.m. and 7:30 p.m. at the Richmond Technical Center on September 15 and at John Tyler Community College on September 16.

Registration is being handled by the Lee District of the Federation of Women's Clubs and the Home Demonstration Clubs. Transportation and information is available by calling 643-7451, extention 25 weekdays between 9 a.m. and 5 p.m.

Company wins research pact

WASHINGTON — Roy Littlejohn and Associates, a black contractor here, has been awarded a Labor Department contract to test the effectiveness of various methods of communicating with and motivating employers and employes to take action to improve occupational safety and health.

Limited valid research has been done in this field in the past, although motivational factors are highly important in accident situations. It is anticipated that this research will aid in the development of more effective safety communications.

A-MART KEEPS ON REDUCING... ALL THE WAY!

Keep your eye on A-Mart...where prices are scaled down 'till they're thinner than ever.

And the reductions stick.

Not on just a few items, either. But on shelf after shelf of them—so that you check out with some pretty healthy savings *on your total food bill!*

See for yourself. Check through all the items in this ad and remember—they're merely a sample of the every-day budget-thinning discount prices you'll find in the store.

And on top of those, there are weekly specials as well!

So, if you haven't shopped in an A-Mart yet, try one this week.

Then you'll go A-Mart...ALL THE WAY!

A&P MART DISCOUNT FOODS

EVERYDAY DISCOUNT PRICES

Niblets Corn	WHOLE KERNEL	12-oz. can	20¢
Del Monte	GREEN BEANS CUT	4 16-oz. cans	99¢
Green Giant	SWEET PEAS	2 17-oz. cans	49¢
Campbell Soup	CHICKEN NOODLE	2 10½-oz. cans	29¢
Campbell Soup	TOMATO	4 10½-oz. cans	43¢
Campbell Soup	Vegetable Beef	2 10½-oz. cans	39¢
Campbell	PORK & BEANS	2 28-oz. cans	53¢
Hi-C Drink	FRUIT PUNCH OR ORANGE	2 46-oz. cans	67¢
Sunsweet	PRUNE JUICE	40-oz. btl.	63¢
Ocean Spray	CRANBERRY COCKTAIL	48-oz. can	63¢
White House	APPLE JUICE	32-oz. btl.	33¢
Pillsbury Flour		5 -lb. bag	57¢
Peaches	DEL MONTE Halves or Sliced YELLOW CLING	2 29-oz. cans	73¢
Del Monte	FRUIT COCKTAIL	2 17-oz. cans	59¢
Tuna	BREAST O'CHICKEN CHUNK—LIGHT—OIL	2 6½-oz. cans	83¢
Kraft Mayonnaise		32-oz. jar	69¢
Hawaiian Punch	Red or Orange	2 46-oz. cans	65¢
Heinz Ketchup		2 14-oz. jars	59¢
Hunt's Tomato Sauce		6 8-oz. cans	79¢
McCormick	GRAVY MIX BROWN	7-oz. pkg.	19¢
Spaghettios	FRANCO-AMERICAN	6 15-oz. cans	95¢

EVERY-DAY LOWER-THAN-LOW DISCOUNT PRICES

EVERYDAY DISCOUNT PRICES

Shampoo	HEAD & SHOULDERS	5-oz. jar	1.49
Q-Tips		pkg. of 88's	43¢
Right Guard		7-oz. can	1.09
Alka Seltzer	TABLETS	pkg. of 25's	49¢
Anacins		btl. of 50's	77¢
Listerine Mouthwash		20-oz. btl.	99¢
Uncle Ben Rice	CONVERTED	28-oz. pkg.	57¢
Mueller	ELBOW MACARONI	16-oz. pkg.	26¢
Reynolds	ALUMINUM FOIL	25-ft. roll	27¢
Gravy Train	GAIN'S	25 -lb. pkg.	3.25
Alpo Dog Food	HORSEMEAT OR BEEF	2 14½-oz. cans	55¢
Cadillac	DOG FOOD 5 IN 1	6 15-oz. cans	87¢
Purina Dog Chow		25 -lb. bag	3.29

PORCELAIN **FINE CHINA** ON SALE THIS WEEK!

SAUCERS ONLY 33¢ EACH — with every $5 purchase Regularly 75¢

RD. VEGETABLE Sale Price 2.49 SAVE 50¢ No purchase required

Next week, dessert dishes. Follow the weekly sale features and build a service for eight.

EVERYDAY DISCOUNT PRICES

Kellogg Raisin Bran		20-oz. box	60¢
Crisco Shortening		3 -lb. can	89¢
Wesson Oil		24-oz. btl.	61¢
Bounty Towels	WHITE OR DECOR	giant roll	39¢
Waldorf Tissue	Assorted	4 -roll pkg.	42¢
Charmin Tissue		4 -roll pkg.	41¢
Joy Liquid	WITH LEMON	32-oz. btl.	79¢
Ivory Liquid		22-oz. btl.	58¢
Cheer Detergent		49-oz. box	89¢
Downy	FABRIC SOFTENER	64-oz. btl. 1.47 / 33-oz. btl.	74¢
Tide Detergent		84-oz. box	1.44
Clorox Bleach		32-oz. btl. 23¢ / 64-oz. btl.	31¢

DA indicted

CHICAGO — State's Attorney Edward V. Hanrahan, an aide and 12 policemen have been indicted by a special grand jury for obstructing justice in the investigation of a 1939 raid on a Black Panther gathering.

Panthers Fred Hampton, 21, and Mark Clark, 22, were killed in the raid.

No prison probe

SAN FRANCISCO — Two judges have refused to allow legislators and civic leaders to inspect the San Quentin Prison scene at which Soledad Brother George Jackson was killed Saturday.

Unless the legislators were permitted to investigate, John Thorne, Jackson's attorney, told the judges, "You can blow this country so wide apart that it will never be recognized."

SAN FRANCISCO — Nathaniel (Nat) Woods, of El Cerrito has been named as the new executive director at Family Service Agency of San Francisco. Woods becomes the second nonwhite executive director of an agency in the Family Service movement, which includes 342 agencies in the United States and Canada.

CASH IN ON A-MART'S BONUS SPECIALS!

A&P MART DISCOUNT FOODS

We Reserve The Right to Limit Quantities!! Prices in this advertisement effective thru Sat., August 28, 1971 in A&P A-Mart Discount stores only.

A&P A-MART SELLS U. S. GOV'T INSPECTED MEATS AND POULTRY ONLY!

SUPER-RIGHT QUALITY — FRESH CHICKEN LEGS [WITH THIGHS] lb. 55¢ — ONE PRICE—NONE PRICED HIGHER

SUPER-RIGHT QUALITY — FRESH BOSTON BUTTS (BONELESS) lb. 73¢ (WHOLE) lb. 53¢ — ONE PRICE—NONE PRICED HIGHER

SUPER-RIGHT QUALITY — BONELESS ROAST CHUCK lb. 68¢

CROSS-CUT lb. 99¢

CHUCK STEAKS lb. 89¢

CHOPPED CHUCK lb. 85¢

ONE PRICE-NONE PRICED HIGHER

CHECK THIS— FRESH STEWING CHICKENS lb. 39¢ — ONE PRICE—NONE PRICED HIGHER

LOOK AT THIS— FANCY STEAKFISH HALIBUT lb. 79¢ SALMON lb. 89¢

(DELI. DEPT.) BOILED HAM lb. 99¢

SUNNYBROOK GRADE 'A' EGGS MEDIUM SIZE 2 DOZ. 85¢

BAKERY BUY! JANE PARKER ENRICHED WHITE BREAD 4 1-lb. 6-oz. loaves 1.00

FROZEN FOOD BUYS! SENECA LEMONADE 2 12-oz. cans 39¢

FROZEN FOOD BUYS!

BIRDSEYE Awake Drink	3 9-oz. cans	89¢
A&P Handi Whip	2 9-oz. cup	89¢
A&P GRADE A Broccoli Spears	4 10-oz. pkgs.	1.00
A&P ALL BUTTER Pound Cake	12-oz. pkg.	59¢
AUNT JEMIMA French Toast	2 9-oz. pkgs.	89¢

LOOK AT THIS— OUR OWN ICE TEA MIX WITH LEMON & SUGAR 1½-oz. pkg. 10¢

FALL GRASS SEEDS A&P PREMIUM LAWN SEED 2 lb. box 2.99 / 4 lb. box 5.49

DON'T MISS THIS! 10¢ Sale YOUR CHOICE

Beverages	FRANK'S (3 Flavors)	16-oz. non-ref. btl.	10¢
Tea Bags	OUR OWN	pkg. of 100's	10¢
Lemonade	SENECA Frozen OR FRUIT DRINKS	6-oz. can	10¢
Tomato Juice	LIBBY'S	12-oz. can	10¢
Vegetables	KING COLE Old Fashioned Mixed	16-oz. can	10¢
Potato Sticks	C&C	3½-oz. can	10¢
Iona Cut Beets		16-oz. can	10¢
Iona Sweet Peas		8½-oz. can	10¢
River Rice		10-oz. bag	10¢
Elbow Macaroni	ANN PAGE	4-oz. box	10¢
Spaghetti Sauce	CONTE (3 Varieties)	8-oz. can	10¢
A&P Evap. Milk		6-oz. can	10¢
Hershey's Syrup	Chocolate	8-oz. can	10¢
Cold Cups	DIXIE Rosette Design	4-oz. pkg.	10¢
Marcal Hankies	Colored	pkg. of 50's	10¢
Lunch Bags	TIDY HOME OR KEEPERS	pkg. of 50's	10¢
Daily Cat Food		7-oz. can	10¢
Daily Dog Food	4 Varieties	16-oz. can	10¢
Cleanser	BRIGHT SAIL	14-oz. can	10¢
Jergen's Soap	WHITE	bath size	10¢

FRESH FRUITS & VEGETABLES!

LUSCIOUS FRESH PEACHES 3 lbs. 49¢

HONEYDEWS	SWEET WESTERN LARGE SIZE 8'S	each	79¢
SEEDLESS GRAPES	FANCY WESTERN	lb.	49¢
GREEN BEANS	FRESH	2 -lbs.	49¢
GREEN PEPPERS	FRESH	4 for	29¢
BARTLETT PEARS	FANCY WESTERN	2 -lbs.	49¢
NECTARINES	FANCY WESTERN OR PLUMS	lb.	39¢
MIXED NUTS	EXCEL SALTED	13-oz. vac can	89¢