Save! 7 DAYS A WEEK MONDAY THRU SAT. 7 A.M.-11 P.M. SUNDAY 9 A.M.-4 P.M.

BIG VALU FOOD CENTERS

Dale's FOOD CENTERS

Coupon Bonanza

GRADE 'A' MEDIUM **EGGS** Doz. 54¢

U. S. INSPECTED — CHICKEN **QUARTERS LEGS & BREAST** 59¢ lb.

U. S. CHOICE — FIRST CUT **Chuck Steak** 89¢ lb.

U. S. CHOICE BONELESS **3-Cor. Beef Roast** $1.39 lb.

MORRELL-1-lb. ROLL **Fresh Sausage Meat** 79¢

REG. BOLOGNA or SPICED **Goetze Lunch Meats** 6-oz. pkg. 49¢

SLICED **Gwaltney Bacon** 1-lb. pkg. 1.29

ESSKAY **Sliced Bacon** 1-lb. pkg. $1.43

ESSKAY **Frankfurters** 1-lb. pkg. 1.19

U. S. GOV'T INSP. GRADE "A" BROILING & FRYING WHOLE CUT-UP 55¢ LB.

WHOLE **Chickens** lb. 49¢

Crisp Romaine Lettuce HEAD 29¢

U.S. No. 1 **Idaho Potatoes** 5-lb. bag 69¢

Cucumbers Scallions **RED RADISHES** 6-oz. Pkg. 15¢ EA.

KING ALFRED **DAFFODILS** BCH. 39¢

SAVE! **Crisco Oil** GALLON CONT. $2.79

SAVE! **Crisco Shortening** 3-lb. can 93¢

SAVE! **Luzianne Coffee** 2-lb. can $1.95

LUZIANNE **Instant Coffee** 6-oz. jar 89¢

DIET SPREAD **Mrs. Filbert's Oleo** 1-lb. cont. 39¢

JUBILEE - BUTTERMILK **WHITE BREAD** 1-lb., 4-oz. loaf 29¢

FRESH JUBILEE **Blueberry PIES** 59¢

Saving Coupon — 12¢ Off — WITH COUPON AND PURCHASE OF 3—120 SHEET ROLLS **Bounty Jumbo Towels** 2-PLY — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 1-LB. BOWL MRS. FILBERT'S **Soft Golden Margarine** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 7¢ Off — WITH COUPON AND PURCHASE OF 1-LB. BOX SOFT CORN OIL MARG. **Fleischmann** TWO 8-OZ CUPS — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF BOX OF 200 FT. **Glad Plastic Wrap** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 20¢ Off — WITH COUPON AND PURCHASE OF 2 ANY SIZE BOX TRIX LUCKY CHARMS **Coca Puffs** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 6-OZ. BOX **Uncle Ben's Long Grain & Wild Rice** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 24¢ Off — WITH COUPON AND PURCHASE OF 2-LB. CAN, REG. OR ELEC. PERK **Hills Bro. Coffee** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 8-OZ. BTL. SEVEN SEAS **Viva Italian Dressing** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 12¢ Off — WITH COUPON AND PURCHASE OF BOX OF 48 3¾-OZ. **Tenderleaf Tea Bags** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 14-OZ. BOX **Kraft Cheese Pizza** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 14¢ Off — WITH COUPON AND PURCHASE OF 3—3½-OZ. BARS **Dial Soap Regular** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 12¢ Off — WITH COUPON AND PURCHASE OF 1-LB. CAN ALL GRINDS **Maxwell House** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 24¢ Off — WITH COUPON AND PURCHASE OF 2-LB CAN REG. OR ELEC. PERK COFFEE **Chase & Sanborn** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 1-LB., 2-OZ. BOX **WHEATIES** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 20¢ Off — WITH COUPON AND PURCHASE OF 2-QT. BTL. FINAL TOUCH **Fabric Softener** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 8-OZ. PKG. BONBINO ITALIAN FLAVOR **CHEESE** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 25¢ Off — WITH COUPON AND PURCHASE OF 3 1-LB., 1-OZ. CARTONS **Miracle White Detergent** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 25¢ Off — WITH COUPON AND PURCHASE OF 5 14½-OZ. CANS **Great American** Assorted Sours — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 10¢ Off — WITH COUPON AND PURCHASE OF 2-LB., 10-OZ. CAN **Spry Shortening 90¢** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 4¢ Off — WITH COUPON AND PURCHASE OF 2 — 4.5-OZ. BARS **Ivory Bar Soap** 20¢ WITH COUPON — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 13¢ Off — WITH COUPON AND PURCHASE OF 1 PT., 12-OZ. BTL. 56¢ **Mr. Clean Liquid Cleaner** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 25¢ Off — WITH COUPON AND PURCHASE OF BOX OF 100 8-OZ. **Salada Tea Bags** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 15¢ Off — WITH COUPON AND PURCHASE OF BOX OF 10 GLAD 30-GAL. **Plastic Trash Bags** — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

Saving Coupon — 5¢ Off — WITH COUPON AND PURCHASE OF PKG. OF 4 — 650 SHEET 1-PLY WHITE & ASSORTED **Charmin Toilet Tissue** 63¢ WITH COUPON — LIMIT ONE PER SHOPPING FAMILY — OFFER EXPIRES SATURDAY APRIL 7, 1973

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AFRO-AMERICAN NEWSPAPERS

PLANNING COMMITTEE for the Lead Poisoning Seminar, being held Saturday, April 7, 1973 at the Provident Hospital Auxiliary, is Mrs. Edward Hunt, left standing, Mrs. Shirley Clinton, center, and Mrs. Donald Chambers, far right. The public is invited.

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MAJOR CREDIT CARDS HONORED DON'T STAY AWAY COME IN AND USE OUR LAY-AWAY

Woodlawn HIGHlights

By MARJORIE R. GREEN

MRS. GREEN

The Baltimore Federal Executive Board will hold a Government Procurement Fair on Wednesday April 18 at Walbrook Senior High School from 10 a.m. to 3 p.m.

Purpose is to inform small business concerns, particularly minority groups on how to secure government contracts.

Bert Reid, Contract Specialist and Lester H. Palmer, Small Business Specialist will be representing the Social Security Administration.

They will be available at the SSA Exhibit during the day to answer questions and explain SSA's role in this government program.

* * *

Saturday afternoon will find members of VITA Toastmistress Club number 2222, dining at the Holiday Inn in Pikesville.

The occassion is their charter luncheon and the installation of new officers.

Mrs. Janice Jackson will be heading the group as president; Mesdames Marlene Bunch, Marie Clarke and Phyllis Elliott, 1st, 2nd. and 3rd Vice Presidents; Mrs. Judith Chapman, secretary; Mrs. Anne Dooley, Treasurer; and Mrs. Irma Jones, Chief Representative. Guest speaker for the afternoon will be Mrs. Jean F. Moon, Editor of the Columbia Flier.

The SSA club has chosen as their program theme "Blow Your Own Horn."

* * *

Computer Specialist, Harvey Libowitz has been nominated to run for Lieutenant Governor for Division C of District 18. The Toastmasters election will be held on Saturday, May 5.

* * *

Look for the formation of more new Toastmaster Clubs.

Eldon Campbell, Editor of the Noon Time Speaker at SSA and S. M. Eubanks have recently been transferred outside the Woodlawn area. They have both voiced a desire to organize new clubs.

* * *

It's nice to hear from former SSA co-workers like Mrs. Charlotte Johnson.

Those of you who have been around for awhile may remember that she last worked in the Disability Coding unit in 1963.

Although she has suffered two heart attacks in recent years, she is still the picture of health.

She talked so much about her planned trip to Las Vegas in October that she didn't have time to tell me about her activities for the past ten years. Perhaps Mrs. Johnson and other retirees will send us a note to let us know how it feels to have an all day coffee break.

* * *

PROFILE OF THE WEEK

Our spotlight this week is on one of SSA's most eligible young bachelors, Amos B. Mackall.

Mr. Mackall is a timekeeper in the Bureau of Disability Insurance and has been with the Administration since 1969.

Prior to coming to SSA, he worked a short period for the Internal Revenue Service and spent four years as a Typing Instructor at Cortez Peters Business College. He and his family are active members of Berea Temple Seventh-day Adventist Church.

Most of his outside activities revolve around the church where he is one of the assistant Sanctuary Choir Directors.

He is now in the progress of preparing the choir for the presentation of the Messiah. Because of his love of music, Mr. Mackall spends a great deal of time rendering solos at weddings and church programs in addition to singing with the Cornelius Thomas Chorale.

For a change of pace he finds time to play soft ball with the Berean Falcons. Mr. Mackall denies any definite plans of marriage in the near future but admits that he is not a confirmed bachelor.

IN THE MAILBOX THIS WEEK

I was very impressed this week with an interesting letter received from a young man in Jessup, Md.

He stated that he is looking forward to being released after three years confinement and requested help in securing a new Social Security Card.

I am happy to report that every effort is being made to expedite issuance of a duplicate card.

FOOT-NOTE

Most problems dealing with claims, new or lost cards can be resolved by contacting your local social security office.

Lead poison seminar set for Saturday

The Women's Auxiliary to the Monumental City Medical Society will present a seminar entitled, "Lead Poisoning Awareness," Saturday, April 7, 1973 at 2 p.m. at the Provident Hospital Auditorium. The public is invited.

This current health and community project will deal with lead poisoning effects and prevention in the young child.

The main speaker will be Dr. J. Julian Chisholm Jr., associate chief of pediatrics Baltimore City Hospitals.

The panel discussion will include Dr. James Cooper, and Dr. Oakley Saunders, pediatricians; William Smith, Project Director, Lead poisoning program, Baltimore City Health Department.

The Chesapeake Bay Blue Crab season is from April 1 to January 1.

* * *

The Maryland oyster season is from Sept. 15 to April 1.

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Showell appointed director

Paul F. Showell has been appointed acting director of the Division's Community Corrections Task Force.

He succeeds Kent W. Mason, who resigned to accept a position as deputy director of the Montgomery County Department of Rehabilitation and Correction.

Showell, a native Baltimorean, has been with the Task Force since it was established in September, 1971. He holds a Mater's degree in social work from the University of Maryland.

The new director formerly worked at the Cylburn Children's Home and as a caseworker for the Baltimore Department of Social Services.

PAUL F. SHOWELL

NEWSTIPS

$50 a WEEK is what the AFRO pays for news tips. You can win if you call AFRO City Desk, 728-8200, and say "I've got a news tip." Share in the AFRO's Jackpot!

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HOLIDAY IN MIAMI — 8 DAYS 7 NIGHTS — AUG. 18-25, 1973 — $229.00 PER PERSON (DOUBLE OCCUP.)

HOLIDAY IN CALIFORNIA — 8 DAYS 7 NIGHTS — AUG. 11-18, 1973 — $337.00 PER PERSON (DOUBLE OCCUP.)

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HOLIDAY IN SPAIN AND AFRICA ON COSTA DEL SOL — 10 DAYS 9 NIGHTS — AUG. 16-25, 1973 — $349.00 PER PERSON (DOUBLE OCCUP.)

HOLIDAY AT JAMAICA PLAYBOY CLUB HOTEL — 8 DAYS 7-NIGHTS — AUG. 15-22, 1973 — $379.00 PER PERSON (DOUBLE OCCUP.)

WEEK-END HOLIDAY in ATLANTA, GEORGIA — 3 DAYS 2 NIGHTS — AUG. 3-5, 1973 — $135.00 PER PERSON (DOUBLE OCCUP.)

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