Group salutes Irvin Conway

The Baltimore Civic Interest Group, (CIG) salutes Irvin Conway, long-time Civic Right and community leader Sunday, March 3, 7 p.m. to 10 p.m. at Central Social Hall, East Eager and Valley Sts. For information call 728-3300 or 523-3964.

BERNARD H. LOVE, JR.

You can learn to love at Sunrise University

Doors will open March 4, for any person willing to "learn to love."

Bernard H. Lane, Jr., director of The Sunrise of Love University welcomes all to the grand opening at 2133 W. North Ave. Enrollment is now taking place.

The objective of the university is to make the black man aware of his capabilities and put them to use. "A man can be offended or praised by the way he uses any or all of his five senses.

The time has come to make the black man love himself and radiate love throughout his fellowman."

The course will be taught by M's. Mary Phillips, a qualified Baltimore public school teacher.

Classes will be held daily Monday thru Friday from 6 p.m. to 10 p.m., one hour per day, per student. Contributions will be based upon income and individual circumstances.

The only criteria necessary to qualify for enrollment is that you be able to listen, talk, read and write at an elementary level.

* * *

Mr. Lane has gained support of his idea and school from many prominent black officials. He is sincere and honest in his strife for love.

He contends that there are nine spheres of love and black people today aren't aware of them.

"We need unity both at home and in social surroundings." Mr. Lane's diversed background, education, and experience qualify him to direct such a school.

His book, "The Sunrise of Love," is now on sale and can be seen on most college campuses. This is a non-profit organization, but contributions will be accepted.

Pettman's WORLD OF Fashions
NEW YORK LONDON PARIS ROME
We specialize in career girl clothes. Pant Suits. Dresses, Coats and Holiday Floor Length Dresses.
Hours: wkly. 6:00 P.M.-9:00 P.M. Saturdays 12 Noon-7:00 P.M. 225-0166

It's velvetized

For smoother, creamier cooking – next time your recipe calls for milk, try the Velvetized One.
Carnation Evaporated Milk
"from contented cows"

BIG VALU FOOD CENTERS
Dale's FOOD CENTERS
Prices Effective Thru Sat., Feb. 23, 1974

OPEN: SUNDAY 9 AM— 5 PM
MONDAY THRU SATURDAY 8 A.M. 'TIL 10 P.M.

20¢ Off WITH COUPON AND PURCHASE OF $1.00 OR MORE Health & Beauty Aids

BONUS COUPON
20¢ Off Health and Beauty Aids
With this coupon and your purchase of $1 or more in
CC Limit 1 per shopping family after expiration Sat., Feb. 23, 1974 CC

FRESH BAKED JUBILEE
Cherry Pies 1 lb. 6 oz. Pkg. 75¢
JUBILEE PINEAPPLE
Cheese Pies 1-lb. 6-oz. pkg. 85¢

GROCERY SALE!
FOOD CLUB
PORK & BEANS 1-LB CAN 24¢
FOOD CLUB—15 OZ. CAN
Kidney Beans 32¢
FOOD CLUB—WHOLE
Gold Corn 1 LB. 1 OZ. CAN 26¢
FOOD CLUB—1 lb. 1 oz. CAN
Sweet Peas 23¢
GAYLORD—15 OZ. CAN
Navy Beans 33¢
TOPCO LIQ.—QT. BTL.
Detergent 65¢
GLAD—30 GL. 10'S
Trash Bags 79¢
TOPCREST—200
Napkins 43¢
RIVAL—15 OZ.
Choice Cuts 28¢
RIVAL—BURGER & GRAVY 15 OZ. CAN 28¢
FOOD CLUB—MANZ. 2 OZ.
Stuffed Olives 33¢

This Week Bonus Buy
Jubilee Buttermilk 1 lb. 4 oz. Loaf
Bread 3 for $1
88¢ Meat Sale!
FULLY COOKED
Smoked Picnics .... lb. 88¢
Meat Franks Food Club 1 lb. Pkg. .... 88¢
Liverwurst In the Piece .... lb. 88¢
Pick of the Chick OR Breasts THIGHS U.S. GOVT. INSP. Holly Farms 3 Drumsticks, 3 Thighs, 3 Split Breasts .... lb. 88¢
GAME HENS HOLLY FARMS GRADE "A" INSP. FRESH .... lb. 88¢
Piece Bologna Top Frost Cornish Avg. 1½-2 lbs. .... lb. 88¢
Flank Steak U.S. Choice Boneless lb. $1.99
Beef Brisket Whole Boneless $1.49
Beef Franks Oscar Mayer or Mont Weinert 1 lb. Pkg. $1.29
Oscar Mayer Variety Pack Round, Square 12 oz. Pkg. $1.49
Scrapple .... Esskay 1 lb. Pkg. 69¢
Sausage Meat Goetze 3 lb. Pkg. $1.99
Chitterlings Swifts 10 lb. Pail $5.99
Oysters Treasure Isle Breaded 16 oz. Pkg. $1.69
Beef Steak CROWN CHIPPED 16 oz. Pkg. $2.19
Pickle Loaf Fresh Sliced to Order Esskay or Olive Loaf ¼ lb. 39¢

FRESHER-BY-FAR PRODUCE!
FLORIDA SEEDLESS GRAPEFRUIT 5 LB. BAG 39¢
FRESH ESCAROLE lb. 39¢
FRESH ENDIVE lb. 39¢
CRISP Salad Mix 8 OZ. PKG. 39¢
FRESH COCOANUTS EA. 39

WE WELCOME U.S. GOVT. FOOD STAMPS

Dairy Dept.
KRAFT—8 OZ. PKG.
VELVEETA 65¢
PILLSBURY CINNAMON
ICED ROLLS 9½ oz. 47¢
P.F. COUNTRY—8 OZ. PKG.
Sliced Swiss 87¢

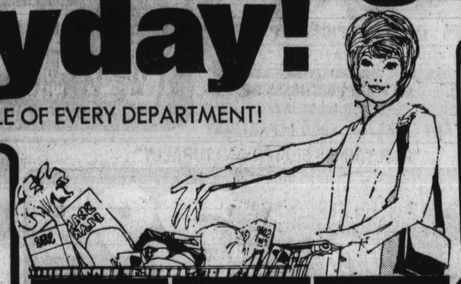
LADIES' FRUIT OF THE LOOM ONE SIZE
Stretch Panties Assorted Colors (Reg. 99¢) 79¢ Pr.
Queen Sizes One Size (136 to 150 lbs.)
Panty Hose (Reg. $1.49) Navy, Black, Red or Green 78¢ Pr.
Queen Size Deluxe One Size fits 150 to 200 lbs.
Panty Hose 5 SHADES Reg. $1.49 88¢
Famous Dotsets Vinyl
Shower Curtain 6'x6', 6'x8' to 10', Asst. Colors & Prints $1.99 ea.

Super Savings Everyday!

LOW PRICES IN EVERY AISLE OF EVERY DEPARTMENT!

Prices Effective Thru Sat., Feb. 23, 1974 in Baltimore, Annapolis, Bel Air And the Delmarva Peninsula Markets. Quantity Rights Reserved.

Boneless Pot Roast
LANCASTER BRAND BEEF CHUCK $1.29 lb.
Beef Chuck Blade Roast LANCASTER BRAND (FORMERLY 1st CUT) .... lb. $1.09
7-Bone Pot Roast LANCASTER BRAND .... lb. $1.19
Cross Rib Pot Roast LANCASTER BRAND .... lb. $1.39
Under Blade Pot Roast LANCASTER BRAND FORMERLY CALF. ROAST .... lb. $1.29
Cubed Steaks LANCASTER BRAND .... lb. $1.69



ACME
You're going to like it here!
SUPER SAVER

FANCY GRADE A TURKEY Drumsticks SUPER SAVING PRICE lb. 49¢
FARMDALE BRAND SKINLESS FRANKS 1-lb. pkg. 89¢ 2-lb. pkg. $1.77
LANCASTER BRAND FROZEN DINNERS CHICKEN, MEAT LOAF TURKEY OR SALISBURY pkg. 49¢
LEAN SMOKED PORK Shoulder Picnics FORMERLY SMOKED PICNICS WHOLE 6-8-lb. AVG. lb. 79¢

Super Saving Meat Buys!
Boned 'n Tender Hams OWALINE lb. $1.99
Beef Franks LANCASTER BRAND 1-lb. pkg. $1.09
FROZEN MEAT QUICKIES!
Turkey Entree LANCASTER BRAND 2 7-oz. pkgs. 89¢
Salisbury Steak LANCASTER BRAND 2-lb. pkg. $1.39
Buffet Suppers BANQUET ASSTD. VARIETIES 2-lb. pkg. $1.39
Cookin' Bags BANQUET ASSTD. VARIETIES 4 5-oz. pkgs. $1
Baked Potato HOLLOWAY HOUSE WITH CHIVES OR CHEESE 12-oz. pkg. 49¢
Stuffed Turkey Roll HOLLOWAY HOUSE 14-oz. pkg. $1.29
Esskay Franks REGULAR, SUPER, ONION OR POLISH 1-lb. pkg. $1.19
Dried Beef LANCASTER BRAND 4-oz. pkg. 99¢
Whole Hog Sausage WILLIAMSBURG 1-lb. roll $1.09
Country Bacon WILLIAMSBURG 12-oz. pkg. $1.49
Luncheon Meat OSCAR MAYER VARIETY PACK 12-oz. pkg. $1.49
Barbecue Loaf IN OUR DELI. ½-lb. 89¢
Hormel Spiced Ham IN OUR DELI. ½-lb. 89¢
Esskay Chicken Roll IN OUR DELI. ½-lb. 89¢
Jumbo Bologna IN OUR DELI. ½-lb. 69¢

OPEN SUNDAY
2801 FOSTER AVE. 9 A.M.-4 P.M.
401 FT. SMALLWOOD RD. 9 A.M.-4 P.M.
2905 HAMILTON AVE. 10 A.M.-5 P.M.
RT. 40 & ST. JOHN'S LANE 10 A.M.-5 P.M.
540 TAYLOR AVE., ANNAPOLIS 10 A.M.-6 P.M.

IN NO RETURN BOTTLES!
Coca-Cola 6 16-oz. 89¢
Not Available in Bel Air, Annapolis or Riviera Beach

DELICIOUS CREAMY KRAFT Mayonnaise SUPER SAVING PRICE! 1-qt. jar 85¢
SUPER SAVING PRICE! SWISS MISS COCOA WITH MARSHMALLOW pkg. of 14 envls. 79¢
KOSHER DILLS SUPER SAVING PRICE! 1-qt 14-oz jar 69¢
SAVE 44 LIGHT 'N LIVELY FRESH YOGURT ASSORTED FLAVORS 4 8-oz cups $1
LARGE PULLMAN SANDWICH BREAD FRESH BAKED! 3 1-lb. 6-oz. loaves $1

SUPER SAVINGS IN EVERY DEPARTMENT!
Baggies Food Storage Bags 75-ct. pkg. 79¢
Pruf Spray Starch 1-pt. 6-oz. can 49¢
Campbell's Vegetable Soup 6 10½-oz. cans $1
Bala Club Sodas 10 12-oz. cans 95¢
Ideal Kidney Beans 3 15-oz. cans 69¢
Ideal Pancake Mix 2-lb. pkg. 45¢
Ideal All-Purpose Flour 5-lb. bag 85¢
Bartlett Pear Halves IDEAL 1-lb. can 39¢
FROZEN FOOD SAVINGS!
Sara Lee Cupcakes YELLOW OR CHOCOLATE 10½-oz. pkg. 79¢
Buttermilk Waffles AUNT JEMIMA 10-oz. pkg. 47¢
Jeno's Cheese Pizza PIZZERIA STYLE 12-oz. pkg. $1.49
Deep Fries REG. OR CRINKLE CUT 1½-lb. pkg. 57¢
Ideal Cut Broccoli 1½-lb. poly bag 55¢
Brussels Sprouts IDEAL 1½-lb. poly bag 69¢
Lemon Juice GOLDEN CROWN 1-qt. btl. 49¢
Farmdale Stuffed Olives 4½-oz. jar 45¢
Golden Corn IDEAL WHOLE KERNEL 8½-oz. can 16¢
Sweet Potatoes IDEAL IN SYRUP 1-lb. 7-oz. can 47¢
DAIRYLAND VALUES!
Promise Soft Margarine WITH COUPON pkg. of two 8-oz. tubs 61¢
Mrs. Filbert's Margarine CORN OIL 1-lb. qtr. 59¢
Pillsbury Biscuits COUNTRY STYLE OR BUTTERMILK 4 8-oz. pkgs. 55¢
Reddi Wip Topping NON DAIRY 12-oz. can 49¢
Florida Citrus Punch 9 6-oz. tins $1
FRESH BAKERY BUYS!
Dark or Light Diet Bread 1-lb. 39¢
Barbecue or Frank Rolls 2 pkgs. of 12 89¢
Fresh English Muffins pkg. of 12 65¢
Onion Rolls BROWN 'N SERVE pkg. of 12 53¢

IDEAL FANCY APPLE SAUCE SUPER SAVING PRICE! 3-lb. 2-oz. jar 79¢
MIX OR MATCH! FROZEN Green Giant Vegetables NIBLETS CORN, PEAS OR LEAF SPINACH 3 10-oz. pkgs. $1

JUICY SWEET, LARGE 100 SIZE Florida Oranges 20 for $1.00
Choose from a large selection of fine, fresh fruits and vegetables! All have been selected at their 'picking peak' and rushed back to your near-by Acme and Super Saver to assure you of the finest flavor and freshness!
Red Delicious Apples WASHINGTON STATE .... lb. 29¢
D'Anjou Pears SWEET & JUICY! .... lb. 29¢
New Green Cabbage .... lb. 10¢
Russet Baking Potatoes 10 lbs. $1.89
Ideal Medium Prunes .... 2-lb. pkg. 99¢

Skyline VITAMIN SALE!
Children's Regular CHEWABLE .... btl. of 100 89¢
Children's With Iron CHEWABLE .... btl. of 100 99¢
Adult Vitamins .... btl. of 50 89¢
Family Vitamins .... btl. of 100 79¢
Family Vitamins With Iron .... btl. of 100 89¢
Vitamin C 250 MG .... btl. of 100 79¢
Vitamin C 500 MG .... btl. of 100 $1.29
Vitamin E 100 MG .... btl. of 50 $1.49

SAVE 16 BRECK SHAMPOO ALL VARIETIES 15-oz. btl. $1.39
SAVE 20 CONTAC CAPSULES SUPER SAVING PRICE pkg. of 10 99¢
Johnson's Soft Smooth Skin
Baby Powder SAVE 10¢ .... 14-oz. can 79¢
Baby Oil SAVE 20¢ .... 10-oz. btl. 79¢
Baby Lotion SAVE 20¢ .... 9-oz. btl. 79¢

SUPER SAVING PRICE! ALL DETERGENT 30¢ OFF LABEL! 9-lb. 13-oz. pkg. $2.65
SAVE 10¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF AN 8-OZ. SIZE REG. OR LEMON Easy Off Oven Cleaner Limit: one per family, please. Offer expires Feb. 23, 1974.
SAVE 20¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF ANY SIX Tastykake Pies or Klairs Limit: one per family, please. Offer expires Feb. 23, 1974.
SAVE 30¢ WITH THIS COUPON(MFG-6) ON YOUR PURCHASE OF A 1-PT. BOTTLE OF Prell Liquid (YOU PAY ONLY $1.49) Limit: one per family, please. Offer expires Feb. 23, 1974.
SAVE 14¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF A PKG. OF TWO 8-OZ. TUBS OF Promise Margarine (YOU PAY ONLY 61¢) Limit: one per family, please. Offer expires Feb. 23, 1974.
SAVE 20¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF A 3-LB., 1-OZ. PKG. OF Cheer Detergent YOU PAY ONLY 89¢ Limit: one per family, please. Offer expires Feb. 23, 1974.

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