Woodlawn highlights

By Majorie R. Green

Members of the Social Security Administration's executive staff joined the co-workers of Mrs. Mary Wall Gibson in celebrating her birthday and retirement from 30 years of government service.

It was a beautiful gesture when members of the executive staff surprised her with a morning brunch tribute.

Heading the group of well-wishers was Bureau Director, William Hanna; Assistant Bureau Director Administration, Walter C. Stathom, and former Assistant Director, Jack Campbell, who came back from retirement to add his good wishes.

Other directors sitting around the table along with their secretaries were: Robert Lilly, Donald Brown, Edward Buza, Joseph Carmody, William Fine, William Wise, Sol Sobon, William Naptel, and Louis Lazurus.

* * *

A few days later the executive secretaries gave a surprise birthday party for her in the Altmeyer building conference room.

* * *

Party No. 3, sponsored by co-workers in the Services Branch came in mid-January. There was fun and laughter at this gathering that included friends from other divisions in SSA and from her church.

Winston Highsmith, chairman of the Deacon Board of Concord Baptist Church where Mrs. Gibson is a member, opened the luncheon with a prayer. Master of ceremonies for the afternoon was Hugh Lovett, branch supervisor of the Services Branch. He spoke of her devotion to the job and reminded her that she would be missed.

"You were a goodwill ambassador" he remarked, and went on to speak of the many kind deeds that she performed while carrying out her daily assignments.

Walter Statham, assistant bureau director (Administration) addressed her replacement and all successors by saying "You have a hard act to follow."

Glen Mckean, Division Director Management) told the group of some 75 people that Mary's motto has always been "Do it right."

Daniel Smith, Section Supervisor joined the others in thanking her for the "devoted service that she has rendered to all of us."

Howard Robertson, retired Branch Supervisor took credit for Mary's transfer from the General Service Administration to SSA in 1968. Speaking from experience, he explained that "retirement comes natural . . . It's not hard to learn to enjoy it."

Mrs. Mazzie Johnson, supervisor in the East building recited a poem entitled "You're Somebody" that brought lots of laughter. Also seated at the head table was special guest, Mrs. Erma Cofield, long time friend and member of Concord Baptist Church.

Suzanna Bleir, Mrs. Gibson's immediate supervisor assisted with the presentations of money, luggage and other gifts. The honoree was close to tears when she said "The past six years have been among the happiest in my life. May God bless each and every one."

* * *

The Quality Motel on Route 40 this past Monday evening was the setting for the salute from other friends and members of Concord Baptist Church who love and wish Mary Wall Gibson happiness in her new life. Prayers were offered by Catherine Jones and Louise Blanding. Mrs. Grace Flippin gave the occasion for the gathering. Shirley Smith, acting as toostmistress kept things going at a lively pace. Gift presentations and greetings were given by Evelyn McCullum.

Elizabeth Taylor, Benjamin Bunch, Willie Mae Melbourne, Viola Moore, Mrs. Blumae Wynn, and Mrs. Charicotte Talley. Presented at the retirement dinner were the Concord Senior Usher Board, Whites Memorial Circle, Senior Matrons and all other auxiliaries and boards in the church located at 5224 Liberty Heights Ave.

Retirement can be beautiful!

Together we build — Support F.R.E.D.

Send news items c/o Wood lawn Highlights, P.O. Box 785, Baltimore, Md., 21203.

The Medina Temple No. 1 held its annual Shriners' Charity Ball last Friday night at a Dogwood Rd. banquet hall. Those Shriners who were responsible for the success of the annual event included committeemen pictured here. From L to R: Denver Blackwell, Joe Lee, Raymond Thugs, George Garrison and John Mosby.

(Reflections photo by Benjamin M. Phillips)

PROCLAMATION ISSUED—Gov. Marvin Mandel, last week, issued a proclamation declaring the week of Feb. 10-14, "Valentines For Volunteers Week." This proclamation commemorates the contributions of those individuals who have volunteered their time and talents to help others. The organizations saluted are the Volunteer Action Center of Central Maryland and the Volunteer Service Corps of the Urban Services Agency. Together, these two organizations were able to generate 267,939 volunteer man hours in 1974. This is a new record for volunteers in Maryland. Pictured from L. to R. Clarence Barnett, Volunteer Action Center of Central Maryland; Lenwood M. Ivey, Executive Director, Urban Services Agency; Jennie M. Jenkins, deputy director, Management & Evaluation, Urban Services Agency; Governor Marvin Mandel; Toni Harker, coordinator, Volunteer Service Corps, Urban Services Agency and Zelma Parker, volunteer. On Feb. 11, the Urban Services Agency will hold its Fifth Annual Salute to Volunteers. This event will be held at 7:30 p.m. in the auditorium of the New Dunbar High School.

An evening with Mr. Ivey

Mrs. Erla McKinnon, chairperson of the Social Committee of the Urban Services Commission, today announced completion of plans for: "An Evening With Lenwood M. Ivey."

This event will take place at La Fontaine Bleu, this Sunday, Feb. 9.

The occasion celebrates five years of Mr. Ivey's directorship of the Urban Services Agency, and its predecessor, the Community Action Avency. Through his leadership, the latter was successfully merged with the Model Cities Agency to create the Urban Services Agency with over 100 programs for people.

Among those invited to attend this salute are: Mayor W. D. Schaefer, Congressman Parren J. Mitchell, Compiroller Hyman Pressman, City Council President Walter Orlinsky, members of the City Council, State Senate and House of Delegates along with members of Mr. Ivey's family and staff.

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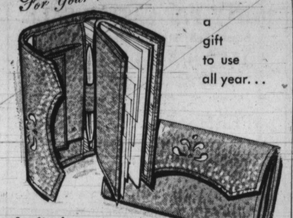

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Because the value of many items is soaring, you might need to supplement your homeowner's policy with a personal articles floater to protect your more expensive belongings.

Under the basic homeowner's policy, items such as jewelry, watches and furs are insured "in the aggregate" for a total of $500. This means, let's say, that if you lost $1,000 in jewelry, you would be eligible to recover only $500 of the loss from your homeowner's insurance policy.

However, a personal articles floater, added to your homeowner's policy will permit you to insure each one of your expensive articles to their declared market value.

This floater also can be written as a separate policy. For further information, consult your local insurance representative.

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ENJOYABLE ULCER DIET

Bananas have quality needed

Smooth, creamy foods are what the doctor orders for the ulcer patient. It often upsets a household completely to have a member of the family suddenly put on an ulcer diet.

Familiar foods can come to the rescue in such a diet. Bananas have just the qualities most needed. The texture is soft and naturally smooth. The flavor is mellow, never harsh or astringent. Although high in satiety value, that "stay-with-you feeling," bananas cause no gaseous distress.

Bananas can be mashed to a creamy consistency, easy to blend into the pureed foods that the bland diet requires. The Banana Bunch, an industry-sponsored center for consumer information, points out another fact of great interest to the person preparing an ulcer diet for a member of the family.

Using bananas, delightful dishes can be prepared for the ulcer sufferer. These will not make him feel set apart to eat bland, uninteresting foods. The whole family will enjoy gourmet Banana Chicken Timbales.

For dessert, there is luscious Banana Rice Pudding, and for a snack with staying power, try a mellow Banana Milkshake.

Banana Chicken Timbales

2 eggs
½ cup chicken broth
1½ cups soft bread crumbs
1½ teaspoons salt
2 teaspoons grated onion
2 tablespoons finely chopped pimiento
1 can (2 or 3 ounces) chopped mushrooms, drained
2 cups finely chopped cooked chicken
1 cup mashed bananas (3 medium)

In large bowl mix all ingredients. Spoon into 6 greased custard cups or an 8½ x 4½ x 2 and five-eighths-inch loaf pan. Bake in 350 degree F. oven 25 minutes for cups or 55 minutes for loaf. Remove from oven and let stand 10 minutes. Turn onto serving platter. Serve with soft asparagus tips and Cream Sauce. Garnish with sliced banana. YIELD: 6 servings.

Cream Sauce

2 tablespoons butter or margarine
2 tablespoons flour
2½ cups light cream
½ cup chicken broth
½ teaspoon salt
½ cup (2 ounces) shredded Swiss cheese

In medium saucepan melt butter; blend in flour. Remove from heat and stir in cream and chicken broth. Return to heat; cook, stirring constantly, until mixture comes to a boil and thickens. Add salt and cheese; stir until cheese melts.

Banana Rice Pudding

½ cup uncooked regular rice
2 cups light cream
2 cups milk
¾ cup sugar
¾ teaspoon salt
3 egg yolks
2 teaspoons vanilla
4 bananas

In top of double boiler, mix together rice, cream, milk, sugar and salt. Cover and cook over boiling water 1½ to 2 hours, stirring occasionally, until rice is tender. Remove from heat and stir a little rice mixture into egg yolks. Stir yolk mixture back into pudding. Cook 2 or 3 minutes, stirring constantly.

Remove from heat; stir in vanilla and cool. Peel bananas and slice. Fold into pudding. Chill until ready to serve. YIELD: 8 servings.

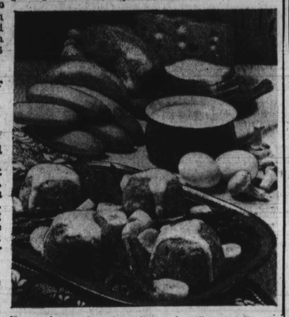
Banana Milkshake

1 ripe banana
¾ cup light cream or whole milk
1 egg
½ teaspoon vanilla

Peel banana and cut in quarters. Place in electric blender container and add remaining ingredients. Cover and process until smooth.

YIELD; 1 serving.

NOTE: If desired, add 1 scoop vanilla ice cream to milkshake.



Try an interesting ulcer diet recipe. Gourmet Banana Chicken Timbales topped with cream sauce will be a treat for the entire family.

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Food clips

What is a "pork cushion?" It's a square, flat piece made by removing the bones from the shoulder. It provides a pocket for stuffing.

Cured sausages should be wrapped and stored in the refrigerator.

If it's "country-style" cured pork (with a high-salt content) it can be kept safely in a cool, dry, dark place—or it can be refrigerated.

Remember that pork is high in nutritive value—it's an especially rich source of thiamine (vitamin B-1). It's also a good source of protein.

REGISTER now so you can vote for the next mayor and city councilpersons. Do so today at Supervisors of Elections, People's Court Building, Fayette and Gay Sts. Next election is Sept., 1975. Get prepared NOW.

Hints For Homemakers

INEZ KAISER

During the recent holiday season many of my household chores were neglected because I was so busy at work and attending various festivities.

WASHDAY MADE EASY WITH 'all'

But now the household must be put back to a regular routine. This includes the weekly laundry. All of the extra linens used at parties must also be laundered. Naturally, I reach for my box of CONCENTRATED "all" with its combination of bleach, borax and brighteners.

CONCENTRATED "all" not only is excellent on hard-to-remove stains, but it gets my whole wash clean.

In a recent telephone conversation with one of my friends who happens to be a home economist, I learned that she, too, long ago decided that "all" was her favorite laundry detergent. Because of her professional training, she really tests products before becoming a convinced consumer, so she should know.

Another of my dearest friends, who is especially proud of her well-groomed house, also informed me that she's a long-time fan of CONCENTRATED "all."

Both statements are testimonials to the effectiveness of this washday product.

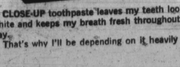
CLOSE-UP PROVIDES 2-IN-1 BENEFIT

Just as the right detergent can help solve your laundry problems, a tube of CLOSE-UP toothpaste can assist in eliminating embarrassing social situations.

It is important for us to always try to keep our mouths as fresh as possible. We should be just as concerned about the odor of our breath as we are in keeping our clothes clean or our hair well-groomed.

The best and easiest way to accomplish this is by using CLOSE-UP with its two-in-one built-in benefits.

Are your teeth always as white as they should be? CLOSE-UP brightens your teeth and it also contains a mouthwash that freshens your breath, no matter what the occasion.



CLOSE-UP toothpaste leaves my teeth looking white and keeps my breath fresh throughout the day.

That's why I'll be depending on it heavily as I travel around the country during 1975, meeting and greeting people at all sorts of business and social events.

MRS. BUTTERWORTH'S ALWAYS IN DEMAND

Whenever my son decides to leave the mountains of California and visit us in Kansas City, I always make sure to go to the store and buy his two favorite breakfast items—pancake mix and MRS. BUTTERWORTH'S syrup.

With Ricky at home, I always have to make special meal plans, especially for breakfast. He likes a full meal to begin his day, choosing between pancakes, French toast or waffles, but always served with MRS. BUTTERWORTH'S syrup.

As Rick says, "all the other syrups are just too thin and watery."

What makes MRS. BUTTERWORTH'S so good is its ingredients. It contains two percent butter and really has that buttery taste. And it's thick, too!

MRS. BUTTERWORTH'S distinctively shaped bottle makes it easy to spot on the shelf at the grocery store. And I can always count on Ricky making a special trip to the store for more MRS. BUTTERWORTH'S syrup if we run out!

Believe me, I'd never be without it, especially when my son is home.

DOVE REALLY MAKES A DIFFERENCE

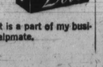
After the close of business at the end of the year, I usually find myself totally exhausted. It's a period for me to sit back and relax for a while and begin thinking about keeping my appearance in its best condition.

That's the time I reach for DOVE Beauty Bar. A one-minute facial with DOVE helps me feel relaxed and at ease.

DOVE's one-quarter cleansing cream content helps my face and skin feel smooth and soft. I really feel like the new year has really begun for me.

DOVE is especially helpful in moisturizing my skin during the cold winter months. It helps protect my face from becoming dry, which is very important in wintry weather.

At the beginning of every new year, I always resolve to enjoy the simple pleasures of life. I promise myself to perform my tasks better, but at the same time to also stop long enough to give my face and body the attention they need.



After all, looking my best is a part of my business, and DOVE is a great helpmate.

THE BALTIMORE AFRO-AMERICAN, FEBRUARY 8, 1975 25

A GOOD CITIZEN is registered and prepared to vote. register now so you can vote for the next Mayor of Baltimore and your City Council representatives in the next election, Sept., 1975. Register today at Supervisors of Elections, People's Court Building, Fayette and Gay Sts.

Modern dance, slimnastics classes at Y

Classes in modern dance, taught by Ellen Richards, are offered by the YWCA at the First Christian Church, Roland and Lake Ave., on Mondays, February 3 to April 14 and at Northern High School, McLean Boulevard and Pinewood Avenue, Thursdays, January 23 to March 27, 8 to 9 p.m. Fee is $15 for eight sessions.

A YWCA-sponsored class in slimnastics is taught by Pat Strong at the Towson Elementary School, 611 Central Ave., January 20 to March 26 from 6 to 7 p.m. Fee is $10 for one class per week; $18 for two classes.

For information, call the North Area YWCA, 252-4230.

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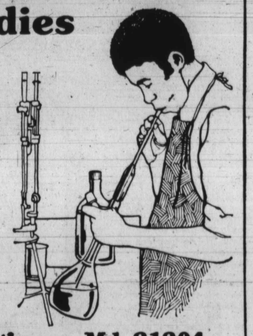

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