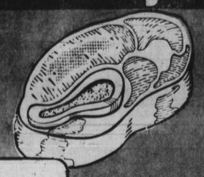
Pantry Pride

At Pantry Price You Win . . . because



no hidden bone game

Our meat is packaged best-side down. No sad surprises when you get it home.

CONSUMER CORNER

SAVING WITHOUT SACRIFICING

To cut expenses, some of us are sacrificing convenience pleasure, taste, and lots of time. Others are turning to alternatives to spend less without sacrificing anything. Happily, alternatives are plentiful.

- Read the food ad bottoms up instead of top down for a fresh look.
- Plan a meal around cheese to provide complete protein, great taste, and no waste.
- The Pantry Planner is full of alternatives. Use its shopping list with the coupons on the back and note that this week's Dinnerwinner (a pork and bean bake) priced out at about 40¢ a serving.
- Consider whiting, turbot, perch, cod and haddock. At our fish departments you'll find great eating and wonderful signs saying which items you can and which you should not freeze.
- And if you have a freezer, think big. A turkey can yield a festive dinner and salads and sandwiches and casseroles and cutlets and big no-sacrifice savings.

Mona Doyle
Director of Consumer Affairs

SEAFOOD

sea trout FRESH CAUGHT lb. **45¢** TROUT FILLETS AVAILABLE AT MOST STORES

- breaded shrimp pieces GULF CITY FROZEN 1-lb pkg. $1.49
- fish sticks SEASTAR ICELANDIC 1-lb pkg 69¢
- fried fish fillet HIGHLINER FROZEN HEAT & SERVE 2-lb pkg. $1.35
- stuffed clams FROZEN MATLAW'S NEW ENG STYLE, HEAT & SERVE 14-oz. pkg. 89¢
- fish cakes SEASTAR ICELANDIC FROZEN HEAT & SERVE 11-oz. pkg. 89¢
- stuffed flounder TWO OCEANS FROZEN w/ CRABMEAT 12-oz. pkg. of 6 55¢
- 8-oz. pkg. 69¢

FRESHLY OPENED SALT WATER **oysters**
8-oz. STANDARD **$1.09** 8-oz. SELECTS **$1.15**

THE ABOVE PRICES DO NOT APPLY IN OUR SELF-SERVICE SEAFOOD DEPT AT OUR LIBERTY COURT STORE WHERE FRESH FISH ARE CLEANED PACKAGED AND OPEN DATED DAILY

DELI

PANTRY PRIDE **franks** REGULAR OR BEEF WISE BUYS lb. pkg. **89¢**

- TENDER JUICY big daddy wieners lb pkg $1.09
- PANTRY PRIDE SLICED olive loaf OR PICKLE & PIMENTO 8-oz. pkg. 59¢
- PANTRY PRIDE SLICED cooked salami OR SPICED LUNCHEON MEAT 8 oz pkg 65¢
- PANTRY PRIDE sliced bologna NATURAL BEEF 8-oz pkg 59¢

BAKERY

white bread VALU LOAF SLICED **3** 22-oz. loaves **$1.00**

scope mouthwash 20¢ OFF LABEL 24-oz. BOT. **$1.39**

PANTRY PRIDE VS. MAXWELL HOUSE INSTANT COFFEE

TASTE TEST RESULTS

Average Score	PANTRY PRIDE	NATIONAL BRAND
% Preferred	4.66 70%	4.26 30%

Here's a sample of our official TASTE TASTE BOOK showing just how one Pantry Pride brand product (instant coffee) scored in impartial customer taste tests against the best selling national brands. For complete test results on 128 Pantry Pride products, ask to see the TASTE TEST BOOK — now in your Store Manager's office

$1.00 Mix 'Em Or Match 'Em Sale!

- YELLOW OR DEVILS FOOD washington cake mix 8-oz pkg
- CREAMY FUDGE OR WHITE washington frosting MIX 6-oz pkg
- BEEF CHUNK OR CHICKEN & CHICKEN PARTS alpo dog food 14½-oz. can
- PANTRY PRIDE kidney beans DARK RED OR LIGHT 17-oz. can

PANTRY PRIDE **shoepeg corn** 16-oz. can

- TENDER delmonte spinach 15-oz can
- PANTRY PRIDE bread crumbs REG. OR ITALIAN 8-oz pkg
- TIDY HOME brown lunch bags pkg of 50
- PANTRY PRIDE plastic wrap 100 ft roll

FYNE TASTE **apple sauce** 16-oz. can

Your Choice **3 for $1.00**

quaker state mushrooms STEM & PIECES 4-oz. can

- LOVIN SPOONFUL cat food ASST FLAVORS 12½-oz can
- PANTRY PRIDE cranberry sauce 16-oz can
- LIBBY fruit cocktail 8½-oz cans
- LIBBY vienna sausage 5-oz can

fyne taste tomatoes 16-oz. can

- GLAD LARGE sandwich bags pkg of 50
- CHEF BOY-AR-DEE beef ravioli 7½-oz can
- CHEF BOY-AR-DEE lasagna 7½-oz can
- CHEF BOY-AR-DEE beef-o-ghetti 7½-oz can

pantry pride vegetables YOUR CHOICE FROZEN
- CAULIFLOWER
- PEAS & CARROTS
- SUCCOTASH

3 10-oz. pkgs. **$1.00**

DIXIE HOME FROZEN **meat pies** **5** 8-oz. pkg. **$1.00** CHICKEN OR TURKEY

APPETIZER

EVERYTHING SLICED TO ORDER AVAILABLE AT MOST STORES

pork loin WISE BUYS IMPORTED ½-lb. **99¢**

- SLICED TO ORDER virginia baked ham ¼-lb. 69¢
- GOETZE'S large bologna ¼-lb. 59¢
- SLICED TO ORDER american cheese ¼-lb. 69¢
- GOETZE'S cooked salami ¼-lb. 69¢

DAIRY

CRACKER BARREL **cheddar cheese**

- MELLOW 10-oz. pkg. 89¢
- SHARP 10-oz. pkg. 99¢
- EXTRA SHARP 10-oz. pkg. $1.09

- SLICED kraft swiss cheese 8-oz pkg 79¢
- ALL FLAVORS light-n-lively yogurt 3 8-oz cont 89¢
- TROPICANA orange juice ½-gal ctn 79¢
- PANTRY PRIDE soft margarine 2 8-oz cups 69¢

dove liquid FOR DISHES 13¢ OFF 22-oz. cont. **66¢**

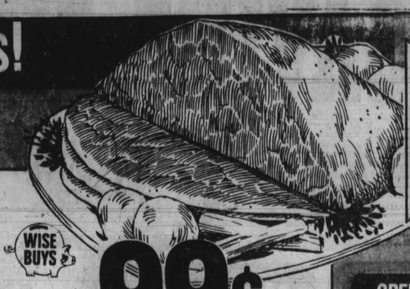
oxydol detergent 25¢ OFF 84-oz. box **$2.04**

open sunday 9 a.m. 'til 4 p.m. EXCEPT WHERE NOTED

- ABBUTUS SHOPPING CENTER MAIDEN CHOICE LANE
- FRANKFORD PLAZA SHOPPING CENTER 6023 MORAVIA RD
- 7048 WISE AVE. - AT LYNCH RD
- HARUNDALE MALL - GLEN BURNIE, MD.
- MONDAWMIN SHOPPING CENTER
- SEVERNA PARK - RITCHIE HWY OLD ANNAPOLIS RD
- 4210 FRANKFORD AVE. - AT BELAIR RD.
- PARDEE PLAZA - ANNAPOLIS, MD. 10 a.m. til 6 p.m.
- PERKINS PARKWAY - AT McCLEAN BLVD. 10 a.m. til 6 p.m.
- CEDONIA MALL 10 a.m. til 6 p.m.
- PADONIA VILLAGE SHOP. CNTR. TIMONIUM 10 a.m. til 6 p.m.
- OAKLAND MILLS SHOP. CNTR. COLUMBIA 10 a.m. til 6 p.m.
- MIDDLEBURY SHOPPING CENTER 10 a.m. til 5 p.m.
- HANFORD MALL, BELAIR RD. 10 a.m. til 5 p.m.
- SECURITY SHOPPING CENTER 10 a.m. til 5 p.m.
- WESTVIEW SHOPPING CENTER 10 a.m. til 5 p.m.
- LIBERTY COURT DISCOUNT CENTER. 10 a.m. til 5 p.m.
- REISTERSTOWN SHOPPING CENTER, REISTERSTOWN 10 a.m. til 5 p.m.
- SEMINARY SHOPPING CENTER, LUTHERVILLE, 10 a.m. til 5 p.m.

final touch FABRIC SOFTENER ½-gal. cont. **$1.59**

we don't play games!



Pantry Pride

BEEF

corned beef rounds KINGS TREAT WISE BUYS lb. **99¢**

Also available corned beef briskets by Mash's, Swift & Kings Treat!

- boneless rump roast BEEF ROUND lb $1.49
- eye round roast BEEF ROUND lb $1.79

BONELESS BOTTOM **round roast** BEEF ROUND WISE BUYS lb. **$1.29**

- great ground SOLD IN 3 LB PKGS OR OVER 75% GROUND BEEF & 25% HYDRATED VEGETABLE PROTEIN lb 65¢
- beef brisket WHOLE lb 99¢ FLAT CUT lb $1.39

TOP (NO TENDERLOIN) BEEF LOIN **sirloin steaks** WISE BUYS lb. **$1.29**

GREENDELL'S STEAKS

FROZEN
- CHUCKWAGON • CUBED BEEF
- BREADED VEAL
- BEEF PATTIES

YOUR CHOICE lb. **$1.09**

PORK

pork chops ASSORTED FORMERLY QUARTER LOIN WISE BUYS lb. **99¢**

- fresh pork shoulder ARM PICNIC WHOLE WISE BUYS lb 69¢
- smoked picnic shoulder WHOLE WISE BUYS lb 69¢

pork spare ribs OVER 3 LB. AVERAGE WISE BUYS lb. **89¢**

POULTRY

chicken quarters FRESH LEGS OR BREAST WISE BUYS lb. **49¢**

chicken quarters FARMER GRAY, "OUR PREMIUM BRAND" LEGS OR BREASTS lb 55¢

LAMB

WISE BUYS **lamb shoulder** SQUARE CUT WHOLE lb. **$1.09** SLICED lb. **$1.19**

- lamb chops SHOULDER BLADE CHOPS lb $1.39 SHOULDER ARM CHOPS lb $1.49
- lamb for stew WISE BUYS lb 59¢

PRODUCE

valencia oranges FLORIDA 100 SIZE WISE BUYS **20 for $1.00**

- cherry tomatoes SWEET SALAD pint pkt 69¢
- seedless grapefruit JUICY FLORIDA 5 lb bag 89¢

pascal celery WISE BUYS **3** large stalks for **$1.00**

- d'anjou pears FIRM 3 lb $1.00
- celery hearts CRISP TENDER pkg 39¢

yellow onions U.S. NO. 1 BULK ONLY PICK YOUR OWN WISE BUYS lb. **12¢**

SAVE 20¢ CASH — PANTRY PRIDE STRONG lestoil liquid 28-oz bot LIMIT ONE 69¢ WITHOUT COUPON 89¢ 466 BV20 EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 14¢ CASH — PANTRY PRIDE McCORMICK black pepper 4-oz can LIMIT ONE 69¢ WITHOUT COUPON 83¢ 8V10 MB EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 19¢ CASH — PANTRY PRIDE ENRICHED pillsbury flour 5-lb bag LIMIT ONE 79¢ WITHOUT COUPON 98¢ 472 BV10 MB EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 36¢ CASH — PANTRY PRIDE TETLEY tea bags pkg of 100 LIMIT ONE $1.09 WITHOUT COUPON $1.45 469 BV30 MB EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 20¢ CASH — PANTRY PRIDE COFFEE maxwell house 1-lb can LIMIT ONE $1.19 WITHOUT COUPON $1.39 467 BV20 EFFECTIVE FROM MON. MARCH 10 THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 20¢ CASH — PANTRY PRIDE BETTY CROCKER INSTANT mashed potatoes 28-oz pkg LIMIT ONE $1.29 WITHOUT COUPON $1.49 471 BV15 MB EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 30¢ CASH — PANTRY PRIDE INSTANT sanka 6-oz jar coffee LIMIT ONE $2.17 WITHOUT COUPON $2.47 473 BV30 EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 10¢ CASH — PANTRY PRIDE 10¢ OFF CLEANED, PEELED READY TO COOK maine shrimp FROZEN 9-oz cello ctn LIMIT ONE EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 10¢ CASH — PANTRY PRIDE 10¢ OFF HIGHLINER BRAND FROZEN • COD • PERCH • SOLE • FLOUNDER • HADDOCK fish fillet LIMIT ONE PKG. EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

SAVE 10¢ CASH — PANTRY PRIDE 10¢ OFF PEPPERIDGE FARM old fashioned cookies any pkg LIMIT ONE 486 M10 EFFECTIVE FROM MON. MARCH 10th THRU SAT. MARCH 15th 1975 LIMIT ONE COUPON

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