Pantry Pride

you win because we don't play games

SAVE 40¢

fresh milk 99¢

PASTEURIZED HOMOGENIZED VITAMIN D GRADE "A"

PANTRY PRIDE TWIN PACK OF 2 ½ GALLON CARTONS (FULL GALLON)

WITH A $7.50 PURCHASE AND COUPON TO RIGHT

PANTRY PRIDE

SAVE 40¢ CASH

PASTEURIZED HOMOGENIZED VITAMIN "D" GRADE "A"

PANTRY PRIDE fresh milk TWIN PACK of two ½-GALLON CARTONS 99¢

WITHOUT COUPON ...$1.39

448 M40

LIMIT ONE

WITH THIS COUPON AND A PURCHASE OF $7.50 OR MORE EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26 1975

Pantry Pride

LIMIT ONE COUPON

CONSUMER CORNER

This weeks Pantry Planner features the 10th in our series of winning low cost Dinner winner recipes. Besides ideas for very tasty cheap meals, the recipes offer a shoppers guide to COST-PER-SERVING which is one of the best ways to compare actual costs. In our Dinner winner program, only recipes that price out at less than $1.00 per serving are tested at all. Even with this restriction you can see that the range is pretty wide.

Dinner winner No.:	Cost-per-Serving:	Dinner Winner No:	Cost-per-Serving
1. Cheesy Beef/Noodle Casserole	.40c	6. Barbecue Liver Skillet	.35c
2. Penny-wise Shrimp Creole	.50c	7. Braised Short Rib Dinner	.75c
3. Hot Dog Pie	.31c	8. Fish Skillet Creole	.42c
4. Pork, Lima Bean Bake	.40c	9. Creamy Chicken Casserole	.57c
5. Beef & Broccoli Casserole	.40c	10. Quick N' Easy Fish Chowder	.34c

(Dinner winner recipes appear in our stores on the back cover of each week's Pantry Planner.)

Mona Doyle, Director of Consumer Affairs

SEAFOOD

fresh white bass LAKE WISE BUYS 69¢ lb.

ELDORADO CLEANED-PEELED-FROZEN READY TO EAT **cooked shrimp** 8-oz. pkg. $1.09

GENUINE NEW BEDFORD-SKINLESS BONELESS **fresh flounder fillet** lb. $1.89

TWO OCEANS FROZEN **stuffed flounder** STUFFED W/CRAB MEAT 8-oz. pkg. 69¢

THESE ABOVE PRICES DO NOT APPLY IN OUR SELF-SERVICE SEAFOOD DEPT. AT OUR WHITNEY COURT STORE WHERE FRESH FISH ARE CLEANED PACKAGED AND OPEN PRICED DAILY

PRODUCE

california asparagus FRESH TENDER WISE BUYS lb. 39¢

FOR YOUR GARDENING NEEDS **pine bark mulch** 2 cubic feet $1.49

FIRM **california avacadoes** .....3 for $1.00

valencia oranges 100 SIZE JUICY FLORIDA 20 for $1.00

CRISP **red rome apples** 3-lb. bag 89¢

SWEET EATING, SALAD **cherry tomatoes** dry pint 59¢

green peppers LARGE FIRM 5 for $1.00

large cucumbers ...4 for $1.00

DAIRY

cheddar cheese DAIRE MILD $1.29 lb.

CRACKER BARREL SHARP OR EXTRA SHARP **cheddar cheese** 10-oz. pkg. $1.09

PANTRY PRIDE **coffee cream** ...pt. 29¢ pt. 49¢

SOFT **imperial margarine** ...2 2-oz. cups 79¢

ULTRA PASTEURIZED **pantry pride half & half** ...qt. ctn. 79¢

PANTRY PRIDE VS. MAXWELL HOUSE INSTANT COFFEE

	PANTRY PRIDE	NATIONAL BRAND
Average Score	4.66	4.26
% Preferred	70%	30%

Here's a sample of our official TASTE TEST BOOK showing just how one Pantry Pride brand product (instant coffee) scored in impartial customer taste test against the best selling national brands. For complete test results on 108 Pantry Pride products, ask to see the TASTE TEST BOOK now in your Store Manager's office

DELI

BALL PARK franks MEAT OR BEEF WISE BUYS $1.09 lb. pkg.

OSCAR MAYER, ROUND OR SQUARE **sliced variety pack** 12-oz. pkg. $1.49

PANTRY PRIDE, GENOA, OR **sliced hard salami** 4-oz. pkg. 79¢

PANTRY PRIDE-ALL VARIETIES **thin sliced meats** 2 3-oz. pkg. 89¢

GREAT FOR LUNCH **fyne taste franks** 2-lb. pkg. $1.55

APPETIZER

EVERYTHING SLICED TO ORDER. AVAILABLE AT MOST STORES. WISE BUYS

boiled ham DOMESTIC ½-lb. 79¢

ROAST **turkey breast** ...½-lb. 69¢

SPICED **luncheon meat** ...½-lb. 69¢

OLIVE OR PICKLE & PIMENTO **baked loaves** ...½-lb. 59¢

SLICED TO ORDER **domestic swiss cheese** ...½-lb. 89¢

BAKERY

white bread WISE BUYS VALU LOAF SLICED 3 22-oz. loaves $1.00

no hidden bone game

All our meat is packaged best side down so you see what you're getting. No sad surprises when you open the package.

FROZEN

PANTRY PRIDE vegetables YOUR CHOICE each pkg. 69¢

- CUT GREEN BEANS ... 20-oz.
- FRENCH GREEN BEANS 20-oz.
- MIXED VEGETABLES .. 24-oz.
- PEAS & CARROTS ..... 24-oz.
- BABY LIMAS ..... 24-oz.
- SWEET PEAS ..... 24-oz.
- CUT CORN ..... 24-oz.

FROZEN **coffee rich** ...3 16-oz. cons 89¢

HEINZ CRINKLE CUT FROZEN **deep fries potatoes** ...2 12-oz. pkgs 79¢

SARA LEE FROZEN **cinnamon rolls** ...8½-oz. pkg. 79¢

FOR YOUR SHOPPING CONVENIENCE ALL

Pantry Pride Stores are OPEN SUNDAY 10 am til 6 pm

EXCEPT SALISBURY, FREDERICK AND HAGERSTOWN

lux liquid FOR DISHES 13¢ OFF LABEL 22-oz. bot. 66¢

cheer detergent 50¢ OFF LABEL 171-oz. box $3.99

dynamo liquid DETERGENT 30¢ OFF LABEL 48-oz. btl. $1.57

HEALTH & BEAUTY AIDS

right guard GILLETTE DEODORANT 10¢ OFF LABEL WISE BUYS 4-oz. can 69¢

25¢ OFF LABEL **listerine antiseptic** ...32-oz. bottle $1.33

ANTIPERSPIRANT — 20¢ OFF LABEL **soft-n-dri deodorant** ...5-oz. can 69¢

A WINDFALL OF MEAT VALUES

PRICES EFFECTIVE THRU SAT. APRIL 26th, 1975. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

Pantry Pride

Our April Shower of Bargains

...bringing you more money-saving specials every week—those you see advertised here, plus dozens more in our stores. More low prices on everything else, too. Come see, come save for yourself!

PORK

ESSKAY FULLY COOKED SILVER LABEL ham SHANK PORTION WISE BUYS 79¢ lb. RUMP PORTION 89¢ lb.

CENTER CHOPS **pork loin** RIB OR LOIN ...lb. $1.29

WHOLE OR HALF **pork loin** ...lb. $1.09

fresh pork loin sale

BLADE ROAST UP TO 3½-LBS. 79¢ lb.

SLICED 89¢ lb. WISE BUYS

SIRLOIN ROAST UP TO 3½-LBS. 89¢ lb.

SLICED 99¢ lb.

POULTRY

young turkeys WISE BUYS U.S.D.A. GRADE "A" SMALL SIZE 5-9-LB. AVG. 49¢ lb.

whole turkey breast U.S.D.A. GRADE "A" ...lb. 99¢

cacklebird roasting chickens FROZEN ...lb. 69¢

turkey drumsticks OR WINGS ...lb. 39¢

chicken quarters OUR PREMIUM BRAND FARMER GRAY LEGS OR BREASTS ...lb. 59¢

chicken quarters FRESH LEGS OR BREASTS WISE BUYS 49¢ lb.

WHOLESALE CUTS

BEEF CUT TO YOUR SPECIFICATIONS AT NO EXTRA CHARGE

bottom round WHOLE WISE BUYS $1.29 lb.

WHOLE **top round** ...lb. $1.49

WHOLE **rib o' beef** ...lb. $1.39

WHOLE **top loin steak** BONELESS N.Y. STRIP ...lb. $2.29

BREAKFAST TREATS

park's sausage PORK HOT OR REGULAR 12-oz. pkg. 89¢

sliced bacon FYNE TASTE BRAND 1-lb. pkg. $1.19

ham slices CENTER CUT ...lb. $1.39

pork sausage ESSKAY TINY LINK ...lb. $1.09

GROCERY

PANTRY PRIDE **spaghetti** OR SPAGHETTINI OR ELBOW MACARONI 2 1-lb. pkg. 79¢

CATFOOD **kozy kitten** ...6 15½-oz. cans 89¢

NABISCO **fig newtons** ...1-lb. pkg 79¢

LUCKY LEAF **apple sauce** ...25-oz. jar 55¢

STRAWBERRY **preserves** FYNE TASTE 2-lb. jar 99¢

HUNTS **tomato sauce** ...3 15-oz. cans $1.00

HUNTS **tomato paste** ...4 6-oz. cans $1.00

WHITE **deep blue tuna** IN WATER ...7-oz. can 69¢

PANTRY PRIDE **tea bags** BONUS PACK pkg. of 126 99¢

NON DAIRY CREAMER **coffee mate** ...22-oz. jar $1.49

TOMATO **delmonte catsup** ...14-oz. bot 39¢

GRAPE OR ORANGE **wagner drinks** ...32-oz. bottle 49¢

ABBOTT'S **ice cream** SAVE 30¢ WISE BUYS SQUARE ½-GAL. CTN. $1.29

GREAT FOR LUNCH **armour treet** 12-oz. can 89¢

PANTRY PRIDE **SANDWICH CREME cookies** • CHOC. • VANILLA • DUPLEX 20-oz. pkg. 89¢

SAVE 20¢ CASH — PANTRY PRIDE — renuzit solid air freshner 7-oz. cont. 49¢ — WITHOUT COUPON ...69¢ — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 20¢ CASH — PANTRY PRIDE — KOSHER OR POLISH heinz dill pickles 32-oz. jar 59¢ — WITHOUT COUPON ...79¢ — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 10¢ CASH — PANTRY PRIDE — DELICIOUS riceland rice 2-lb. pkgs 65¢ — WITHOUT COUPON ...75¢ — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 12¢ CASH — PANTRY PRIDE — 12¢ OFF betty crocker hamburger helper pkg. — WITHOUT COUPON ...49¢ — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 14¢ CASH — PANTRY PRIDE — nature valley cereal HONEY & OATS • RAISIN DATE 16-oz. box 79¢ — WITHOUT COUPON ...93¢ — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 19¢ CASH — PANTRY PRIDE — pillsbury flour 5-lb. bag 79¢ — WITHOUT COUPON ...98¢ — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 22¢ CASH — PANTRY PRIDE — STRAINED heinz baby food 4-oz. jars 8 89¢ — WITHOUT COUPON ...8/$2x — LIMIT 8 JARS — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 30¢ CASH — PANTRY PRIDE — lipton tea bags pkg. of 100 $1.15 — WITHOUT COUPON ...$1.45 — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 24¢ CASH — PANTRY PRIDE — playtex deodorant tampons REG. OR SUPER pkg. of 30 $1.49 — WITHOUT COUPON ...$1.73 — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 10¢ CASH — PANTRY PRIDE — RAVIOLI W/ MEATBALLS OR oncor lasagne 2-lb. pkg. $1.49 — WITHOUT COUPON ...$1.59 — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

SAVE 40¢ CASH — PANTRY PRIDE — new freedom maxi pads pkg. of 30 $1.59 — WITHOUT COUPON ...$1.99 — LIMIT ONE — WITH THIS COUPON ONLY EFFECTIVE FROM MON. APRIL 21 THRU SAT. APRIL 26, 1975 — LIMIT ONE COUPON

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