Sormundi festival at Madison

Eight women's organizations are planning to attend the third annual Sormundi Festival at the YWCA, 1912 Madison Avenue on Sunday, Nov. 16 from 2 to 6 p.m.

Held to raise money to be sent to the World Mutual Service Fund of the YWCA which supports YWCAs in 60 countries world wide, the treme of the festival is international.

Any money made over the quota to be sent to the World Mutual Service Fund benefits the Madison Avenue YWCA.

Each participating organization will display art objects and food of a given country in the booth, and arrange for live performances of dances and singers on the stage. The planning committee welcomes the attendance of any persons in nationality dress.

Sororities which will participate are Iota Phi Lambda, Delta Sigma Theta, Zeta Phi Beta and Phi Delta Kappa.

Also, The National Association of Business and Professional Women's Club, The YWCA Business and Professional Women's Club, The Chimeredes Pinochle Club and the National Council of Negro Women have accepted.

Other women's organizations are invited. Requirement for participation is the purchase of 50 tickets at $1 each. All proceeds from the sale of tickets and food are designated for the YWCA.

For information, tickets or to register a participating organization, the number to call is 669-1881.

Week's food economies

We are in the peak of the pumpkin season. Now is the time to use pumpkin as a Jack-O-Latern to make table decorations or as the base for a tempting vegetable or dessert, says Virginia McLuckie, Food Economist, Cooperative Extension Service, University of Maryland.

Pumpkins were grown by the Indians long before Columbus arrived in the New World, perhaps as far back as they started to raise corn. Today roadside stands and other markets offer large Field or small Sugar pumpkins. Very often you find large yellow or dark green Hubbard squash along with the round typical pumpkin shaped offerings. The two may be used interchangeably for cooking.

Choose a pumpkin heavy for its size. The rind should be smooth, free of blemishes and discolorations. Very large pumpkins often have stringy coarse flesh and are less sweet. Pumpkins will keep well for months in a cool dry place at temperatures around 50 to 55 degrees F. For storing, select those which are unbruised and have the stem attached.

To cook pumpkin or winter squash, wash, cut into halves, quarters or smaller pieces. Boil in a small amount amount of water or bake until tender. Remove rind or scoop out the cooked pulp and put through a sieve. Pumpkin is ideal in custards and cookies as well as pies. Squash or pumpkin, mashed, often is used with butter, salt and pepper as a side dish vegetable. Cooked pumpkin can be frozen successfully or canned in a steam pressure canner.

Pumpkins belong in the green and yellow vegetable group famous for vitamin A. It also provides small amounts of iron and B vitamins.

Pumpkin Nut Cookies

One fourth cup shortening
One half cup sugar
One egg, beaten
One half cup pumpkin
One cup sifted all-purpose flour
Two teaspoons baking powder
One half teaspoon salt
One and one fourth teaspoons cinnamon
One fourth teaspoon nutmeg
one eighth teaspoon ginger
One half cup raisins
One half cup chopped nuts

Cream shortening; add sugar gradually. Cream until light and fluffy. Add egg and pumpkin; mix well. Sift flour, baking powder, salt and spices together. Stir in dry ingredients and mix until blended. Add raisins and nuts. Drop by teasponfuls on greased cookie sheets. Bake in moderate oven (350 degree F.) for approximately 15 minutes.

Makes 2 dozen cookies.

Pantry Pride

PRICES EFFECTIVE THRU SAT. OCT. 25, 1975
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

For The Pantry Pride Woman . . . More Bargains

CONSUMER CORNER

WHEN YOU PICK A PACK OF PASTA

How many shapes are there? At least 150. A brief review of the basics will help you explore the often confusing world of macaroni.

SPAGHETTI is solid rod pasta and includes vermicelli as well as linguini which is oval rather than round. NOODLES are flat products found in many forms — long like fettuccini (it means ribbons in Italian) and wide ones like lasagna, which are curly on one side. MACARONI covers all but is often used to describe the round products with a hole in the middle like the good old elbow. Then there are alphabets, shells, wheels, and on and on. It's really one of the nicest confusions in the supermarket because you can't go wrong.

Quick tips. If a tossed strand sticks to the wall, it's done but the best test is with your teeth — just chew a strand and see — Don't rinse macaroni unless it's for use in a cold salad — Store in a dry place for up to a year — Keep unused portions in a covered container.

Mona Doyle
Director of Consumer Affairs

BARGAINS IN MEAT

Sirloin Steak Top $1.49 lb. U.S. Gov't. Inspt. Corn Fed Beef Loin no tenderloin

U.S. Gov't. Inspt. corn fed whole beef — Fresh Boneless Brisket ..... lb. $1.19
U.S. Gov't. Inspt. corn fed beef loin — Porterhouse Steak Tailless ..... lb. $1.99
U.S. Gov't. Inspt. corn fed beef — Boneless Rump Roast ..... lb. $1.79
U.S. Gov't. Inspt. corn fed boneless — Underblade Chuck Fillet Roast $1.39
U.S. Gov't. Inspt. corn fed beef chuck — Boneless Cross Rib Roast .... lb. $1.49
Pantry Pride — Beef Patties ..... 2½-lb. bag $2.69

Top Quality Milk Fed Veal Sale!
Leg or Rump Veal Roast lb. $1.29
Shoulder Blade Cut Veal CHOPS lb. $1.39
Veal Chops ..... Rib lb. $1.59 Loin lb. $1.79
Veal Cutlets Delicious ..... lb. $2.99
Breast O' Veal For Roasting .. lb. 89¢

BARGAINS IN DAIRY

Margarine
Mrs. Filbert's Golden — SAVE 16¢ — 1-lb. in sticks 49¢
SAVE 4¢ — Pillsbury buttermilk Biscuits ..... 4 8-oz. cans 59¢
SAVE 10¢ — Imperial Margarine in quarters ... lb. 69¢

BARGAINS IN DELI

Bologna
Sliced Meat Or Beef — SAVE 20¢ — Pantry Pride 8-oz. pkg. 59¢
SAVE 30¢ — Ball-Park Franks meat or beef ... 1-lb. pkg. $1.19
SAVE 8¢ — Pantry Pride Sauerkraut ... 2-lb. pkg. 39¢

BARGAINS IN APPETIZER
SLICED TO ORDER AT STORES WITH APPETIZER DEPT.

Turkey Roll
White Meat — SAVE 27¢ — ½-lb. 99¢
SAVE 10¢ — Hygrade Liverwurst ... ½-lb. 49¢
SAVE 8¢ — Fresh Salads potato or cole slaw ..... lb. 49¢

BARGAINS IN BAKERY

Coconut Custard Pie
SAVE 30¢ — 22-oz. pkg. 79¢ — Pantry Pride

BARGAINS IN OUR NEW LABEL SALE

Pantry Pride Bread Crumbs reg. or Italian ..... 8-oz. pkg.
Pantry Pride Fabric Softener ..... 32-oz. jug
Pantry Pride Apple Sauce ..... 15-oz. jar
Pantry Pride Big Sweet Peas ..... 16-oz. can
Mix'Em Or Match'Em 3 for $1.00

Pantry Pride Sliced Carrots ..... 16-oz. can
Pantry Pride Cut Green Beans ..... 15½-oz. can
Pantry Pride Cut Beets ..... 16-oz. can
Pantry Pride Sauerkraut ..... 16-oz. can
Mix 'Em Or Match'Em 4 for $1.00

Preserves — Pantry Pride · Peach · Apricot · Pineapple — SAVE 20¢ — 18-oz. jar 69¢
Fruit Cocktail — Pantry Pride — SAVE 9¢ — 2 17-oz. cans 85¢
Saltines — Pantry Pride — SAVE 10¢ — 1-lb. box 45¢

SAVE 10¢ — Flavorful Tea Bags Pantry Pride ..... pkg. of 48 59¢
SAVE 16¢ — Pantry Pride Pretzels or pretzel sticks ..... 16-oz. bag 59¢
SAVE 10¢ — Pantry Pride Potato Chips lady pack ..... 6-oz. bag 59¢
SAVE 18¢ — Pantry Pride Lawn & Leaf Bags .... pks. of 5 69¢

BARGAINS IN HEALTH & BEAUTY AIDS

SAVE 10¢ — Pantry Pride Isopropyl Alcohol .... 16-oz. bottle 23¢
SAVE — Pantry Pride Cotton swabs ..... box of 180 49¢
SAVE 10¢ — Pantry Pride Aspirin tablets .... 5-grain bottle of 100 29¢
SAVE 10¢ — Pantry Pride Baby shampoo ..... 16-oz. bottle 59¢
SAVE 20¢ — Pantry Pride Mouthwash Amber Red or Green .... 32-oz. bottle 69¢
SAVE 6¢ — Pantry Pride Herbal shampoo ..... 16-oz. bottle 69¢

Bewitching treats for Halloween

After an evening of masked prowling on Halloween, the evening preceding Allhallows or All Saints' Day, young trick or treaters (and some of the older ones, too) would love to come over to your house if they knew you were going to serve a whopping big bowl of Pumpkin Punch and a platter of frosted brownies.

Handy, frozen orange juice concentrate gives luscious flavor and Halloween color to both party goodies.

The orange juice concentrate is high in quality, tops in flavor, and chock full of nourshing, needed vitamin C.

The punch is a luscious, refreshing combination of cider, gingerale and undiluted orange juice concentrate, spiced with cinnamon, nutmeg and allspice.

Float fresh Florida orange slices in the punch bowl, but first let the children have fun decorating them with candies to make faces.

Bake a batch of brownies from your favorite receipe or one of the fine prepared mixes and top with orange frosting, a simple mixture of undiluted orange juice concentrate, melted butter and sugar.

Bewitching party fare, indeed!

Pumpkin Punch

½ cup sugar
½ teaspoon cinnamon
½ teaspoon allspice
½ teaspoon nutmeg
1 quart cider, divided
1 can (6 ounces) frozen orange juice concentrate,
2 cups gingerale, chilled
orange slices
Candies

Mix sugar, cinnamon, allspice and nutmeg; add 1 cup of cider and heat until sugar dissolves. Add remaining cider and orange juice concentrate; chill. Just before serving, stir in gingerale. Garnish with orange slices decorated with candies to make pumpkin

Bargains In Basic Foods

The Pantry Pride Woman is Serious About Savings! She plans her shopping carefully and takes advantage of our UNADVERTISED BARGAINS. Unbelievable low prices posted only in the store.

Pantry Pride
Monogrammed Crystal Glassware
Beverage Tumbler
Anchor Hocking 11½-oz tumbler 49¢

3 stores open 24 hours
From Mon. 8 a.m. thru Sat. 11 p.m. Sun. 9 a.m. til 5 p.m.
· 7848 Wise & Lynch Ave. Baltimore, Md.
· Liberty Court Shop. Ctr. Randallstown, Md.
· Hollingswood Shop. Ctr 2159 W. Patapsco Ave
open Sunday 9 a.m. til 5 p.m
THE FOLLOWING STORES ARE CLOSED SUNDAY WESTVIEW, GOV. RITCHIE PLAZA, EUDOWOOD, HILLENDALE, TOWSON PLAZA, SEVERNA PARK, WESTMINSTER, FREDERICK, HAGERSTOWN & SALISBURY.
most stores open MON.-SAT. 9 a.m. til 10 p.m.
check your local store for store hours.

BARGAINS IN MEAT

Boneless chuck Pot Roast $1.19 lb. U.S. Gov't. inspt. corn fed

Pantry Pride (3-Lb. Pkg. or Over) Great Ground 75% Ground Beef & 25% Veg. Protein ..... lb. 59¢
Sliced Beef Liver Skin Removed & Partially Deveined ..... lb. 59¢
U.S. Gov't. Inspt. Fresh Chicken Parts Whole Legs 3-lb. & Over lb. 79¢ Breast 3-lb. Pkg. & over lb. 89¢
Fancy Frozen Pork Spare Ribs ..... Over 3-Lb Avg. lb. $1.19
Tender Center Rib Cut Pork Chops .. lb. $1.79
Tender Center Loin Pork Chops . Quick Fry lb. $1.89

Turkey Drumsticks U.S.D.A. Grade "A" Frozen lb. 39¢

BARGAINS IN SEAFOOD

Fresh Bluefish or Seatrout lb. 39¢
Fresh Butterfish Fillet Pacific ..... lb. $1.39
Cooked Shrimp Eldorado-frozen cleaned & peeled 8-oz. bag $1.19
Shrimp Sticks Booth's pre-cooked frozen ... 13-oz pkg $1.49
PRICES DON'T APPLY IN OUR SELF-SERVICE SEAFOOD DEPT. AT OUR LIBERTY COURT STORE, WHERE FRESH FISH ARE CLEANED, PACKAGED & OPEN DATED DAILY

PICK PANTRY PRIDE BRAND & SAVE

Your Choice
Pantry Pride Frozen Peas ..... 10-oz pkg
Frozen Peas & Carrots Pantry Pride ..... 10-oz pkg
Mix 'Em or Match 'Em Frozen 3 for $1.00

Pantry Pride Waffles Frozen ..... pkg. of 6
Pantry Pride French Fries Frozen ..... 9-oz pkg.
Frozen Coffee Lightner Pantry Pride ..... 16-oz cont
Mix 'Em or Match 'Em Frozen 5 for $1.00

Chopped Spinach — Or Leaf Pantry Pride Frozen — 6 10-oz pkgs. $1.00
Lemonade — Frozen Pantry Pride — 6 6-oz. cans $1.00
Macaroni & Cheese — Frozen Pantry Pride — 4 8-oz. pkgs. $1.00

BARGAINS IN GROCERY

Dish Detergent Joy Liquid — SAVE 18¢ — 22-oz. bot. 79¢
Cleanser Ajax — 2¢ off label — SAVE 14¢ — 4 14-oz. cans $1.00
Detergent Oxydol — 10¢ off label — SAVE 30¢ — 49-oz. box $1.19
Cashmere Bouquet Soap . 4 3½-oz bars 59¢
25¢ off Label Cold Water All ..... ½-gal pkg $1.99
5¢ off Label Irish Spring Soap ..... 2 5-oz bars 69¢
Fantastic Bathroom Cleaner.... 17-oz. can 79¢

PANTRY PRIDE — SAVE 10¢ CASH — Funny Face Drinks — 2 2-qt. envs 80¢ — WITHOUT COUPON 2 for 90¢ LIMIT TWO — WITH THIS COUPON ONLY VOID AFTER SAT OCT 25 1975 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 10¢ CASH — Holland House Cocktail Mix 16-oz. bot. $1.15 — WITHOUT COUPON $1.25 LIMIT ONE — WITH THIS COUPON ONLY VOID AFTER SAT OCT 25 1975 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 15¢ CASH — Oven Cleaner Easy Off 16-oz. can $1.24 — WITHOUT COUPON $1.39 LIMIT ONE — WITH THIS COUPON ONLY VOID AFTER SAT OCT 25 1975 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 20¢ CASH — Litter Green Cat Litter 10-lb. bag $1.79 — WITHOUT COUPON $1.99 LIMIT ONE — WITH THIS COUPON ONLY VOID AFTER SAT OCT 25 1975 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 10¢ CASH — Alba Hot Cocoa mix 6¾-oz pkg 85¢ — WITHOUT COUPON 95¢ LIMIT ONE — WITH THIS COUPON ONLY VOID AFTER SAT OCT 25 1975 — LIMIT ONE COUPON

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