FIRST IN SERIES

Rape: It is a crime not to be ignored by society, victims

By Georgia Groves

(Editor's Note: This is the first of a 12-part series written by Georgia Groves, MSW, Principal Medical Social Worker, Department of Medical Social Work, Baltimore City Hospitals. It is a public service to the AFRO-AMERICAN Newspapers).

Baltimore City Hospitals (Eastern Ave.) has taken a "giant step" in dealing with the ever-increasing problem of rape in Baltimore City.

The Baltimore City Hospitals is one of three hospitals within the city, designated by the mayor to treat victims of rape.

Rape victims living in the Eastern, Southeastern, Northern and Northeastern districts are served by Baltimore City Hospitals.

In August, 1975 the Department of Medical Social Work at City Hospitals, under the directorship of John Birkmeyer, added to its staff of 30 professional social workers, a principal medical social worker to work specifically with rape victims brought to Baltimore City Hospitals.

The Department of Medical Social Work focuses on the psycho-social impact of rape on the victim, with this worker functioning primarily as an advocate for the victim.

Virtually every raped woman who comes into the hospital is immediately referred to the social worker, following the physician's examination.

The worker interviews the victim and provides initial crisis-oriented counseling.

A follow-up appointment is then scheduled, approximately three to four days later, to interview the victim, preferably in her home, or wherever suitable, to determine whether or not the victim needs counseling due to the rape incident.

In some cases, when the rape is not the primary problem of the victim, but secondary to many others, she will be referred to the appropriate community agency for assistance.

In an effort to determine and deal with the long-range effects of rape on the victim, the social worker aggressively reaches out to the victim in providing an on-going service.

Where need dictates, victims will be supported throughout the process of investigation, prosecution and trial.

All victims are encouraged to keep medical follow-up appointments.

This writer is making a special effort to encourage any person who has been raped to report the incident to the police immediately. The sooner the rape is reported, the more likely it is that there will be an arrest. Even if you decide not to report the rape, it is a good idea to see medical attention somewhere as soon as possible.

Rape, and our society's attitude towards rape, affects every woman in this country. No woman, whether or not she has ever felt threatened by an actual rape, can ignore the problem.

Society must be forced to recognize the complicity in the crime of rape.

-Woodlawn Highlights

(Continued from Page 26)

weighed in at about 7 lbs. 14½ oz. The proud parents are Mr. and Mrs. Earl Johnson (Valerie). Mrs. Carolyn Johnson, Office of Public Inquiries is the grandmother.

VOSSA (Volunteers of the Social Security Administration) are preparing for their first costume ball to be held tomorrow, Saturday, at the Reisterstown Rd. Hilton Inn.

This activity will be the only major project to benefit the annual Christmas parties for senior citizens and handicapped children. The souvenir patron booklet has been a financial success and committee members are hoping that all of their friends at SSA and in the community will join them for a fun night. Several awards of recognition will be presented.

Send news items c/o Woodlawn Highlights, P.O. Box 783, Baltimore, Md., 21203.

-Miss UNCF

(Continued from Page 27)

post-Civil War period, serve a combined total of 48,000 students in graduate and undergraduate programs. Some 6,000 of the students in UNCF Schools come for Md.

The Annual Gala, a dinner-dance affair, is the high point of the Maryland's Women's Committee 1975 Campaign. Serving as overall chairperson is Mrs. Martha P. Allen.

Committee members are:

Mrs. Peter Angelos, Gwendolyn C. Brooks, Pauline Carter, Mrs. A. Clayburn, Mrs. Shirley Cohen, Jerlyn Cragway, Isoline S. Crowner;

Mrs. Ethel J. Day, Nettie Dean, Mrs. Charles Demby, Mrs. Glenford Dudley, Mrs. J. Bruce Edemy, Phyllis Eley;

Mrs. Aaron Ellis, Grace C. Gates, Mrs. Elbert Guillory, Mrs. Raymond Haysbert, Patricia L. Hayes, Mrs. I. Bradshaw Higgins, Bernice S. Hunley, Mrs. Kelly L. Jackson;

Mrs. Richard V. Johnson, Mrs. Charles Josey, Mrs. Robert M. Latané, Mrs. Quentin R. Lawson, Mrs. Dale G. Lee, Mrs. Elmer Murray, Mrs. Mary M. Murray;

Mrs. Roland N. Patterson, Mrs. James Pratt, Buena Vista Prettyman, Ruth T. Rosedom, Mrs. Daniel Skinner, Ida M. Swanson, Mrs. Robert C. Tarter;

Mrs. Raymond B. Taylor, Mrs. Paul L. Vance, Mrs. Joseph Wiles, Mrs. Edward Wilkins, Edna R. Williams and Mrs. Mack Williams.

This year's contestants are:

Geraldine Alston, Carole Bailey, Gloria Brown, Wanda Brown, Audrita Campbell, Jane Clark, Theresa Collins;

Tonya Cooper, Michelle Crawford, Bertina Creighton, Teresa Cunningham, Sheila Davis, Jeanette Duppins, Marlene Garris, Karen Hust;

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New fall fashions

A suit for any autumn day, this handsome, polished put-together is a versatile look—with pieces that pair or go well on their own with other wardrove separates. The blue and wine plaid shirt jacket and matching back wrap skirt are accessorized with a narrow belt at the waist, simple earrings, several sleek bangles, and a full-sized neck scarf that just skims the shoulders. For coverage on crisp mornings — a soft, muted gray fringed shawl.

TOP: Choose a bag to balance your fall looks. One of GLAMOUR's favorites for the more loosely defined silhouette: a roomy clutch of soft, crushy leather. Another generously-proportioned accessory is a well-designed buckle belt. This one has an eye-catching silver horseshoe shape attached to soft leather straps. At the wrist: a handsome watch to get you there on time.

BOTTOM: For a well-heeled wardrobe, invest in a comfortable pair of low-heeled T-strap shoes. These are suede, worn with sheer stockings. A dressy shape for fall's sleek and slender clothes.

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Annual affair salutes International Women's Year

In observance of International Women's Year, several community leaders with "flair" will be recognized by Flair Shirts and Flair Inc. during their annual fall fashion show and luncheon on Nov. 16 at Martin's West.

These women, representing a broad spectrum of the community, are all "doers," says Willia Bland, Flair owner and operator and "have demonstrated concern for the community in a variety of ways." Mrs. Bland adds, "They have impacted on and influenced many other persons by their example."

Representatives of business, industry and Brooks Amis, owner, Pauline Brooks Boutique; Jaki Britton, owner, Industrial Sewing School and president, Baltimore branch, National Association of Fashion and Accessory Designers; Ann Dyett, secretary, Morton and Dyett Funeral Homes; Jody Fabian, Public Relations director, the Mondawmin Corporation and Betty Brown, owner, Betty Brown's Beauty Salon.

The communications field is represented by Estelle Jones, Jr., Vice President-Publisher of the AFRO-AMERICAN Newspapers; Mary Clayburn, program director, radio station WWIN; June Thorne Garrett, hostess, "The Woman's Angle" WMAR-TV and Lutnetia Bridgeforth, publisher, Beauty Beat Magazine.

Educational representatives are Doris Reese, RN Dean of Nursing Education, Coppin State College; Doris Hall, Photo Academy, Antioch College; Rua Pratt, senior educational officer to the superintendent of public instruction and president of Delta Sigma Theta Inc.; Beatrice Avery, reading specialist, Title I Schools and ardent hospital and church volunteer.

State Senator Verda Welcome and City Councilwoman Victorine Q. Adams represent politics.

Other honorees are Marian Banfield, family social worker; Attorney Juanita Jackson Mitchell, civil rights and Kathleen M. Carter, vice chairperson, Maryland Commission on the status of women.

The fashion show will feature designer creations by the area's leading designers. Another highlight of the afternoon will be presentation of certificates to the students of Flair Studio. William Bland is director of Flair Studio. Gwendolyn Kellam is president of Flair, Inc., the alumnae group of Flair Studio.

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This pre-holiday Orange Chiffon Pie is made with the speedy quick gel method using frozen orange juice concentrate, unflavored gelatine and ice water.

CLIP AND SAVE

Orange Chiffon Pie for pre-holiday parties

A quick gel method of preparing gelatine desserts makes cooking a breeze. In the pre-holiday period when you still want to present your guests with an elegant party dessert, this is an unchallenged boon.

There are three important ingredients — three basic steps — to the quick gel method: unflavored gelatine, a frozen citrus fruit juice concentrate and ice water.

This technique speeds up the gel action. Many dishes using unflavored gelatine require several hours' refrigeration before reaching thick enough consistency for serving.

When using the icy ingredients, the desserts require less refrigeration time to make them firm.

The simple rule is: if the concentrate is kept frozen, the recipe makes up faster.

Frozen orange juice concentrate is a convenient and delicious flavoring ingredient, and the natural fruit sugars present in the juices make it nutritious, too.

The concentrate gives pure, tart-sweet natural orange flavor to this light, fluffy summertime pie — SO SIMPLE TO MAKE WITH THE QUICK GEL TECHNIQUE.

Unflavored gelatine, having no color or flavor of its own, combines perfectly with the concentrate, letting all the true, natural flavor come through.

This recipe for Orange Chiffon Pie combines ice water, gelatine, unthawed concentrate and whipped icy cold evaporated milk, with almond extract added for surprise flavor.

Chocolage cookies form the edging and make the bottom crumb crust of this pretty pie, providing crisp texture and contrasting color.

For pre-holiday elegance, mound whipped cream in pie center and top with an autumn flower design of chilled or canned orange sections and chocolate cookie crumbs.

Orange Chiffon Pie
Chocolate cookies (about 1½ inches in diameter)
2 envelopes unflavored gelatine
One cup cold water
Three fourths cups sugar
One eighth teaspoon salt
One can (6 ounces) frozen orange juice concentrate, kept frozen
One half cup ice water
One teaspoon almond extract
One cup icy cold evaporated milk whipped

Stand chocolate cookies around inside edge of 9-inch pie plate. Crumble enough cookies to cover bottom of pie plate. Sprinkle gelatin on water in a 2½-quart saucepan. Place over moderate heat; stir constantly until gelatine dissolves, about 3 minutes.

Remove from heat; stir in sugar and salt. Add frozen orange concentrate; stir until melted. Stir in ice water and almond extract. Whip chilled evaporated milk in small bowl of electric mixer at high speed until soft peaks form.

Fold into orange mixture. Turn into prepared pie shell. Chill until firm. To garnish, place mound of whipped cream in center of pie. Make flower design with chilled or canned orange sections and chocolate crumbs.

YIELD: 1 9-inch-pie.

Pour evaporated milk into ice cube tray; place in freezer until frozen around edges, 10 to 15 minutes.

Nutrition survey

In-Between-meal snacking is not all bad! It depends on what you eat.

More than two-thirds of the 2,545 individuals who were interviewed, ate or drank something between meals according to a survey designed to determine food habits by the Consumer Food Economic Institute of USDA's Agricultural Research Service.

Weekends did not appear to be the only time that people "snacked." They also consumed food between meals during the week.

According to the report, however, they ate a variety of foods from the "Four Basic Food Groups" (meat, vegetables-fruits, milk and bread-cereal groups).

Of particular importance was the increased amounts of milk consumed in these, between meal habits. Increases from other food groups were smaller.

Food clips

Do you know the variety meat line? It includes beef, liver, heart, kidneys, brains, tongue, sweetbreads, and tripe. Variety meats from veal usually are smaller, and more tender, finer in texture, milder in flavor—and lighter in color than beef.

Boneless brisket of beef is a thin flat piece of meat that has been boned; it often is cured and sold as cornbeef.

Ground veal, often available in stores, is good when mixed—with ground beef and pork—for a tasty meat loaf according to USDA home economist.

Tripe consists of the plain or smooth lining from the first beef stomach. Honeycombed tripe—the lining from the second stomach—is considered a great delicacy.

Why pay more for freestone peaches? They're more flavorful to use in pies and cobblers — but, they don't hold their shape as well.

Did you know that sugar is often added to fruit before cooking to help fruit keep its shape? It makes the fruit less able to absorb moisture.

Have you ever thought of adding a few cinnamon candies to syrup? Try it with apples and pears. Or even add a sprig of fresh mint.

Drivers: be wary

NEW YORK (UPI) — Halloween bulletin to all drivers:

— Use extreme caution and drive much more slowly Halloween. Excited, the trick-or-treaters may dart into the street. The time you need to see, to brake, to halt in time may not be long enough to avert tragedy.

— The American Optometric Association says motorists must watch out for bell-raising directed at them at stop signs. Some tricksters in the past, for example, tossed bags of flour at cars or sprayed them with shaving cream or paint.

— Be on the lookout — for your safety and that of others.

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SALE TODAY THRU SAT.
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SAVE CASH AND STAMPS!

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Two Guys COUPON SAVE 25¢ Toward the purchase of ANY ITEM IN OUR APPETIZING DEPT. WITH A $5 OR MORE FOOD PURCHASE One coupon per customer. Good thru Sat., Nov. 8, 1975.

Two Guys COUPON SAVE 25¢ Toward the purchase of ANY HALF GALLON ICE CREAM WITH A $5 OR MORE FOOD PURCHASE One coupon per customer. Good thru Sat., Nov. 8, 1975.

Two Guys COUPON SAVE 25¢ Toward the purchase of ANY CAN OR JAR OF COFFEE WITH A $5 OR MORE FOOD PURCHASE One coupon per customer. Good thru Sat., Nov. 8, 1975.

GOLD MEDAL FLOUR 5-lb. BAG 79¢
Two Guys FRUIT COCKTAIL 16-OZ. CAN 2 FOR 69¢
ESSKAY PORK LOIN SALE: LOIN PORTION lb. 1.29; RIB PORTION lb. 1.19
WE SELL U.S.D.A. CHOICE BEEF!
CHUCK STEAK FIRST CUT lb. 79¢
TIDE DETERGENT 84-oz. BOX 1.79
CHOCK FULL O' NUTS COFFEE 1-lb. CAN 1.29; 2-lb. CAN 2.57

VANITY FAIR 3-PLY Facial Tissue 125 CT. 39¢
VANITY FAIR 2-PLY Bathroom Tissue 4 PACK 69¢
MUELLER'S ELBOW MACARONI, SPAGHETTI AND Thin Spaghetti 2-lb. BOX 1.09
GREAT AMERICAN Soups-All Varieties 3 10½-OZ. CANS 99¢
TWO QUTS Bleach GAL. 49¢
CADILLAC 8-IN-1 AND Chicken Cat Food 4 14½-OZ. CANS 89¢
CONTADINA TOMATO SAUCE 8-oz. CANS 6 FOR 99¢
CONTADINA TOMATO PASTE 6-OZ. CANS 4 FOR 89¢
CONTADINA TOMATO PUREE 29-OZ. CAN 59¢

PORK CHOPS OR SHOULDER Roast Center Cut lb. 1.89; Pork Chops lb. 1.49
Hip Pork Chops lb. 1.89
CUT OUT COUNTRY STYLE-CUT FROM RIB END Spare Ribs PORK LOIN lb. 1.69
HIND QUARTER Pork Loin 5-11 CHOPS-ENDS & CENTERS lb. 1.89
BREAKAY Sliced Bacon 12-OZ. PKG. 1.89
COLONIAL FAMILY PACK Bologna lb. 1.09
COLONIAL FAMILY PACK Liverwurst lb. 95¢
GOV'T. INSPECTED Chicken Legs REG. THIGH ON lb. 89¢
TWO QUTS DELUXE TOP GRADE Sliced Bacon lb. 1.79
GOV'T. INSPECTED Chicken Breast QUARTERS WING-ON lb. 69¢
GOV'T. INSPECTED Chicken Leg QUARTERS BACK ON lb. 69¢

BONELESS RUMP ROAST lb. 1.69
TOP ROUND ROAST lb. 1.69
FIRST CUT BONE-IN CHUCK ROAST BLADE CUT lb. 89¢
THICK CUT SHOULDER London Broil; Top Round Steak; Top Sirloin Steak; Swiss Steak (Rump) lb. 1.89

DELMONTE Cut Green Beans 4 16-OZ. CANS 99¢
HUDSON FLAIR Sherbert Napkins 2 100-CT. CTS. 79¢
ALL VARIETIES M&M/Mars Candies 6 PACK 69¢
SUNSHINE HYDROX YOUR CHOICE-VANILLA OR CHOCOLATE 19-OZ. BOX 69¢
Two Guys WALNUTS 1-lb. BAG 59¢
Two Guys MIXED NUTS 1-lb. BAG 69¢

Two Guys BAKERY SPECIALS
TWO GUYS JEWISH HARD & BLUNT Rolls PKG. OF 8 39¢
TWO GUYS LARGE Apple Pie INCH 69¢
TWO GUYS Pretzel Thins 3 7-OZ. BAGS $1

DAIRY DEPT.
Two Guys TWIN-PACK OR FAMILY SIZE Soft Margarine 1-lb. PKG. 49¢ SAVE 10¢
PILLSBURY CINNAMON WITH ICING Rolls 8¾-OZ. PKG. 49¢ SAVE 10¢
CAYUGA 100% PURE Apple Cider ½-GAL. CARTON 49¢ SAVE 10¢
MINUTE MAID ORANGE JUICE SAVE 36¢ 3 QT. CARTONS $1

Two Guys BAKERY SPECIALS
TWO GUYS ROUND OR SQUARE White Bread 3 22-OZ. LOAVES $1
BUNNY BROS. Cheese Danish 12½-OZ. 89¢
BUNNY BROS. Raspberry Danish 12½-OZ. 1.19

WEEKLY BONUS SPECIAL
ENAMEL SAUCE PAN 1-QT. SIZE WITH A FOOD PURCHASE OF $2 OR MORE Reg. 1.49 88¢

APPETIZING DEPT.
ESSKAY BOLOGNA LONG-GARLIC-LARGE ½-lb. 69¢
LONGACRE CHICKEN ROLL ALL WHITE MEAT 15-lb. 98¢
A&B DUTCH MAID LOAVES PLAIN-OLIVE-PICKLE-PIMENTO-MACARONI-CHEESE lb. 1.09
SWIFT Pepperoni IMPORTED lb. 1.99
Pork Loin ¼-lb. 69¢
Corned Beef Loaf ¼-lb. 79¢
DOMESTIC PROVOLONE CHEESE SLICED TO ORDER ¼-lb. 89¢

PRODUCE DEPT.
U.S. NO. 1 SIZE-A- EASTERN POTATOES 20-lb. BAG 1.89
FRESH CALIFORNIA BROCCOLI BUNCH 49¢
LARGE CALIFORNIA ARTICHOKES 3 FOR 49¢
FRESH CRISP Green Cabbage lb. 13¢
INDIAN RIVER SEEDLESS Grapefruit 8 BAGGED FOR 98¢
SWEET JUICY FLORIDA ORANGES 10 BAGGED FOR 59¢

FROZEN FOOD DEPT.
SAVE 46¢ PEPPERIDGE FARM LAYER CAKES ALL VARIETIES 17-OZ. PKG. 99¢
SAVE 33¢ BANQUET COOKIN' BAGS ALL VARIETIES 4 5-to-7-OZ. PKG. 99¢
SAVE 20¢ NEW! HUNGRYMAN ENTREES FRIED CHICKEN-TURKEY-SALISBURY STEAK 12 to 13½-OZ. 79¢
DOWNYFLAKE French Toast 2 8½-OZ. PKG. 89¢
WELCH'S FROZEN Donuts GRAPE-GLAZED APPLE-RASPBERRY 12-OZ. 69¢
CELESTE Cheese Pizza 20-OZ. PKG. 1.49
CARNATION BREADED SHRIMP SAVE 30¢ 1¼-lb. 3.69

HOUSEWARES DEPT.
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LYSOL BOWL CLEANER 16-OZ. 54¢

TOILETRIES DEPT.
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FOR DIAPER RASH Desitin Ointment 2½-OZ. TUBE 89¢ REG. 1.19
BENGAY Greaseless Ointment RELIEVES SORE MUSCLES 1½-OZ. TUBE 79¢ REG. 1.09
Congespirin CHILDREN'S COLD TABLETS PKG. OF 36 49¢ REG. 79¢
GILLETTE Trac II Razor Blades LIMIT 2 PER CUSTOMER PKG. OF 5 76¢ REG. TO 1.32
OIL OF OLAY-PROTECTS YOUR SKIN FROM DRYNESS Beauty Lotion or Cream 4-OZ. LOTION OR 2-OZ. NIGHT CREAM 2.29 REG. TO 3.79

Two Guys FOOD DEPARTMENT VALUABLE COUPON
SAVE 10¢ WITH THIS COUPON Toward the purchase of WISK HEAVY DUTY LIQUID LAUNDRY DETERGENT 32 OZ. BTL. GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. LEVER BROS. 10¢
SAVE 10¢ WITH THIS COUPON Toward the purchase of CLOROX 2 ALL FABRIC BLEACH 40-OZ. BOX GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. THE CLOROX CO. 10¢
SAVE 13¢ WITH THIS COUPON Toward the purchase of DOVE LIQUID DISH DETERGENT 22-OZ. BTL. GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. LEVER BROS. 13¢
SAVE 10¢ WITH THIS COUPON Toward the purchase of BLUE BONNET SOFT MARGARINE 1-lb. BOWL GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. STANDARD BRANDS 10¢

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SAVE 20¢ WITH THIS COUPON Toward the purchase of MAXWELL HOUSE COFFEE 2-lb. CAN GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. GENERAL FOODS CORP. 20¢
SAVE 15¢ WITH THIS COUPON Toward the purchase of WESSON OIL 16-OZ. BTL. GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. HUNT-WESSON 15¢
SAVE 10¢ WITH THIS COUPON Toward the purchase of MAXWELL HOUSE COFFEE 1-lb. CAN GOOD ONLY AT TWO GUYS One coupon per customer. Good Nov. 5, 1975 thru Nov. 8, 1975. WFD. GENERAL FOODS CORP. 10¢
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