Pantry Pride

Time For A Money Saving..... Spring

REDEEM ONE OR ALL SIX SUPER BASIC BARGAIN COUPONS WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE.

Basic Bargain Coupon $1.00 PRICE REDUCTION
On Any 3-lb. Or Over Cooked Canned **Ham**
LIMIT ONE COUPON PER SHOPPING FAMILY. REDEEM WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES & MILK PRODUCTS
THIS COUPON GOOD ONLY THRU SAT., APRIL 3, 1976. 381 Pantry Pride

Basic Bargain Coupon 30¢ PRICE REDUCTION
Crest Toothpaste Bonus 8¾-oz. tube **69¢**
Reg. or Mint — WITHOUT COUPON ..... 99¢
LIMIT ONE COUPON PER SHOPPING FAMILY. REDEEM WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES & MILK PRODUCTS
THIS COUPON GOOD ONLY THRU SAT., APRIL 3, 1976. 372 M30 Pantry Pride

Basic Bargain Coupon 40¢ PRICE REDUCTION
Pantry Pride **Ice Cream** Asst. Flavors ½-gal. ctn. **49¢**
WITHOUT COUPON .... 89¢
LIMIT ONE COUPON PER SHOPPING FAMILY. REDEEM WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES & MILK PRODUCTS
THIS COUPON GOOD ONLY THRU SAT., APRIL 3, 1976. 373 M30 Pantry Pride

Prices Effective Thru Sat., April 3rd, 1976. We Reserve The Right To Limit Quantities.

BE SURE TO PICK UP OUR IN-STORE CIRCULAR EVERY WEEK FOR UNADVERTISED BARGAINS! Available Only In The Store

BARGAINS IN PRODUCE

Winesap Apples Crisp Tangy 3-lb. bag **59¢**

Tender Asparagus lb. **59¢**

Grapefruit Indian River Large 36 Size White Florida Seedless 6 for **99¢**

California Fresh **Broccoli** ..... Large Bunch **69¢**
Sweet Salad Cherry **Tomatoes** .... pint box **59¢**
California Tender **Celery Hearts** Bunch **39¢**

BARGAINS IN BAKERY

White Bread Pantry Pride Sliced 3 22-oz. loaves **$1.00**
All Varieties **Tasty Kake** Tandy Takes .. Family Pack **79¢**
SAVE 16¢ Fresh Baked **Apple Pie** Pantry Pride ..... 22-oz. pkg **79¢**

"CATCH OF THE SEA"

Fresh **Croakers** Lake Variety lb. **39¢**

Fish Cakes Boston Bonnie Heat n' Serve Frozen 8-oz. pkg. **45¢**

Fish Fillets Highliner Frozen 14-oz. pkg. **89¢**

Fish Sticks Boston Bonnie Frozen 8-oz. pkg. **59¢**

FRESH FISH PRICES DO NOT APPLY IN OUR LIBERTY COURT SEAFOOD DEPT. WHERE FRESH FISH ARE CLEANED, PKG'ED & OPEN DATED DAILY

BARGAINS IN APPETIZER

Virginia Baked **Ham** SAVE 10¢ ¼-lb. **69¢**
Eskay Cooked SAVE 10¢ **Salami** ..... ½-lb. **79¢**
Louis Rich's SAVE 10¢ **Turkey Breast** ¼-lb. **69¢**
Sliced To Order At Stores With Appetizer Dept.

BARGAINS IN DELI

Liverwurst Long SAVE 10¢ Piece lb. **59¢**
Oscar Mayer Beef Franks Or SAVE 20¢ **Wieners** .. 1-lb pkg **$1.19**
Meat or Beef Ball Park SAVE 26¢ **Franks** .... 1-lb pkg **$1.19**
Pantry Pride Sliced SAVE 30¢ **Bacon** ..... 1-lb pkg **$1.39**

BARGAINS IN DAIRY

Introductory Price! Pantry Pride **Yogurt** All Natural All Flavors SAVE 32¢ 4 8-oz. cups **$1.00**
Ballard Sweetmilk SAVE 6¢ **Biscuits** ..... 4 8-oz. cans **53¢**
Seallest SAVE 6¢ **CottageCheese** 12-oz. cup **59¢**
Blue Bonnet Soft SAVE 6¢ **Margarine** ... 2 8-oz. cups **69¢**
Pantry Pride Whipped SAVE 10¢ **Cream Cheese** 8-oz. cup **59¢**

BARGAINS IN GROCERY

SAVE 8¢ Pure Vegetable **Crisco Oil** 48-oz. jug **$1.79**
Brownie Mix Duncan Hines Family 2 23-oz. pkgs. SAVE 19¢ **$1.99**

CONSUMER CORNER

Shopping List Shorthand

A plus sign (+) is a very useful mark when you make an informal shopping list. It's a shorthand approach to easy shopping that makes it harder (but not impossible) to forget the relish & the rolls.

A detailed shopping list works well if & when you base the list on meal plans & a thorough check of your supplies on hand. It works best if you write legibly & organize items by departments so the list walks thru the store with you.

But if you are among the millions who jot things down on matchbook covers or Aunt Mary's letter the (+) is a great trigger. Hamburger + triggers you to get relish, ketchup & rolls, perhaps onions & potatoes too. If you review the plus signs before checking out, chances are you won't have to come back until you want to.

Mona Doyle Director of Consumer Affairs

PERK UP, PRETTY UP, WITH BARGAINS FOR HEALTH & BEAUTY

Ultra Ban Super Dry Regular or Unscented Spray Deodorant SAVE 30¢ 8-oz. can **$1.29**
New SAVE 20¢ **Cricket Lighter** **$1.39**
Rose Milk SAVE 40¢ **Skin Cream** .. 99¢
Clairol Herbal **Shampoo** Normal or Oily SAVE 50¢ 16-oz. bot. **$1.69**

BARGAINS IN FROZEN FOOD

Broccoli Spears Pantry Pride Frozen SAVE 6¢ 3 10-oz. pkg. **89¢**
Taste O' Sea Frozen SAVE 10¢ **Haddock Dinner** 9-oz. pkg **59¢**
Pantry Pride Frozen **Cauliflower** .. 3 10-oz. pkgs **89¢**
Heinz Potatoes **Deep Fries** SAVE 10¢ Frozen 24-oz. pkg. **79¢**

PANTRY PRIDE — 15¢ CASH REBATE — **Max Pax Coffee** Reg. or Electra Perk 12-oz. can **$1.80** — WITHOUT COUPON ..... $1.95 — 453 BV16 — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — 30¢ CASH REBATE ON TEN — **Heinz Baby Food** Strained 10 reg. jars **$1.48** — WITHOUT COUPON ..... 10 for $1.78 — 454 BV16 — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — 45¢ CASH REBATE — **Pal Vitamins** Reg. or With Iron Dot of 60 **$1.29** — WITHOUT COUPON ..... $1.74 — 456 BV16 — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — 15¢ CASH REBATE — **Bath Beads** Softique 17-oz. pkg **74¢** — WITHOUT COUPON ..... 89¢ — 455 BV16 — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — Pantry Pride

Fling

At Your Basic Bargain Store

Save $4.34 WITH THESE COUPONS

OUR SUPER BASIC BARGAIN COUPONS ON THESE 2 PAGES EFFECTIVE THRU SAT., APRIL 3, 1976.

Pantry Pride

Basic Bargain Coupon 20¢ PRICE REDUCTION
Pantry Pride Chunk Light **Tuna** 6½-oz. can **29¢**
WITHOUT COUPON .... 49¢
LIMIT ONE COUPON PER SHOPPING FAMILY. REDEEM WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE
THIS COUPON GOOD ONLY THRU SAT., APRIL 3rd, 1976. 371 M20 Pantry Pride

Basic Bargain Coupon 30¢ PRICE REDUCTION
Carrots 2 1-lb. bags **29¢**
WITHOUT COUPON. 2 for 59¢
LIMIT ONE COUPON PER SHOPPING FAMILY. REDEEM WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE
THIS COUPON GOOD ONLY THRU SAT., APRIL 3, 1976. 374 Pantry Pride

Basic Bargain Coupon 19¢ PRICE REDUCTION
Comet Cleanser 2¢ off label 14-oz. can **9¢**
WITHOUT COUPON. 2 for 55¢
LIMIT ONE COUPON PER SHOPPING FAMILY. REDEEM WITH AN ADDITIONAL PURCHASE OF $7.50 OR MORE
THIS COUPON GOOD ONLY THRU SAT., APRIL 3, 1976. 370 M19 Pantry Pride

Cross Rib Roast AS SEEN ON T.V. U.S. Gov't. Inspt. Corn Fed Beef Boneless lb. **$1.18**

AS SEEN ON T.V. **Pork Shoulder** Fresh Arm Picnic Whole lb. **69¢**

Round Roast AS SEEN ON T.V. U.S. Gov't. Inspt. Corn Fed Beef Boneless Bottom lb. **$1.18**

New York **Sirloin Strip** U.S. Gov't. Insp. Boneless Whole or Half lb. **$1.89**

Lamb Roast Sliced lb 89¢ — Genuine Spring Frozen New Zealand Shoulder Whole lb **79¢**

Boneless Light & Dark Meat **Swift Turkey Roast** ..... 2-lb pkg **$2.79**
Boneless, All White Meat **Swift Turkey Roast** ..... 2-lb pkg **$3.19**
Pork, Meat **Esskay Sausage** All Flavors ..... lb **89¢**
Boneless U.S. Gov't Insp. Corn Fed **N.Y. Strip Steaks** ..... lb **$2.39**
Pantry Pride **Great Ground** 73% Ground Beef & 25% Hydrated Veg. Protein 3-lb. Pkg. & Over ..... lb **69¢**

Greendell Frozen **Cubed Beef Steaks** ..... lb **99¢**
U.S. Gov't Inspt. Corn Fed Beef **Eye Round Roast** **$1.89**
U.S. Gov't Inspt. Corn Fed Beef **Rib Eye Steak** **$2.39**
Pork **Spare Ribs** Over 2-lb Average ..... lb **$1.19**
Center Cut **Ham Slices** ..... lb **$1.69**

Sliced Beef Liver Skin Removed lb. **49¢**

Turkey Breast U.S.D.A. Grade "A" lb. **98¢**

Lots O' Chicken • 3 Leg Qtrs. • 3 Wings • 3 Breast Qtrs. • 3 Giblet Pkgs. lb. **49¢**

FRESH UP, SPRUCE UP WITH BARGAINS FOR SPRING CLEANING!!

Rescue **Soap Pads** ..... pkg of 4 **49¢**
Liquid **Purex Bleach** ..... gal. can **79¢**
More Whitening Power **Polytex Whitener** qt. can **59¢**
Floor Care **Step Saver** ..... 16-oz. can **95¢**
Floor Finish SAVE 8¢ **Future** .... 27-oz. can **$1.69**
Cleaner SAVE 10¢ **Lysol** Bath & Tile Aerosol ... 17-oz. can **89¢**

Mr. Clean 10¢ Off Label SAVE AN ADDITIONAL 14¢ 28-oz. bot. **89¢**

Spic & Span 10¢ Off Label SAVE AN ADDITIONAL 22¢ 54-oz. box **$1.23**

Strong **Top Job Cleaner** 10¢ Off Label SAVE AN ADDITIONAL 11¢ 28-oz. bot. **89¢**

Pantry Pride **Jumbo Towels** Asst. Colors SAVE 10¢ roll **39¢**

BARGAINS IN GROCERY

SAVE 10¢ Pantry Pride Fabric **Softner** ..... carton pkg **79¢**
SAVE 10¢ Pantry Pride Regular **Potato Chips** .. 8-oz pkg **59¢**
SAVE 10¢ Pantry Pride Dip N' Chips **Potato Chips** .. 8-oz pkg **59¢**
SAVE 14¢ Mueller **Egg Noodles** . 1-lb pkg **55¢**
SAVE 20¢ Sunshine **Cheez-Its** .... 10-oz pkg **49¢**
SAVE 16¢ Kraft **Miracle Whip** 32-oz jar **99¢**

Sweet Peas or Tomatoes Pantry Pride SAVE 11¢ 3 16-oz. cans **89¢**

Yellow Cling **Peaches** Sliced Or Halves or Fruit Cocktail Pantry Pride 3 17-oz. cans **$1.00**

Abbotts Novelties Creamos or Pop N' Fudge SAVE 50¢ pkg. of 24 **89¢**

50¢ PRICE REDUCTION
Soft White Bulbs Westinghouse 60-75-100 Watt pkg. of 2 **39¢**
WITHOUT COUPON ..... 89¢
WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — 407 M11 Pantry Pride

PANTRY PRIDE — 20¢ CASH REBATE — **Aerowax** Floor Care 46-oz. can **$1.69** — WITHOUT COUPON ..... $1.89 — 451 BV16 — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — 10¢ CASH REBATE — **Trash Bags** Pantry Pride 3 Mil pkg of 8 **99¢** — WITHOUT COUPON ..... $1.09 — 452 BV16 — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — Pantry Pride

10¢ PRICE REDUCTION
Delicious **Riceland Rice** 2-lb. pkg. **59¢**
WITHOUT COUPON ..... 69¢
WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., APRIL 3, 1976. LIMIT ONE COUPON — 406 M10 Pantry Pride

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