lifestyles, fashions, women, **Reflections** food, youth, society, clubs

So you want to become a nurse? Here's how you can do it

By Marie Phillips Cooke
Reflections Editor

"For a nurse, real value is found not in one's self, but in a commitment to humanity."

So you've reached a decision, You want to become a nurse. That's great!

Now you ask: In what area do I want to enter? How do I prepare my self academically: What, where, when and how? You need help!

To get the answers, the AFRO talked with the Dean of Nursing of the Helene Fuld School of Nursing, now located on the Campus of Coppin State College.

Dean Doris H. Reese, a registered nurse with a wealth of nursing experience, opened the interview by saying, "There is a vital need for professional nurses throughout the country, especially in urban and rural areas.

"The needs are so great — in the are as of medical, surgical, psychological (mentalhealth); community helath nursing and in the nursing homes."

The nursing profession, like most others, has undergone a significant change over the past years. It, too, has broadened — nursing just isn't what it used to be.

Today a registered nurse with a B.S. degree can expect to earn between $10,000 to $13,000 in the first year after graduation, and continue to climb steadily until a supervisory level is reached, And that pays between $17,000 to $22,000 per year.

And if a directorship or educational setting is your goal, then expect to earn about $25,000 to $27,000 per annum. (These figures are based on salaries paid in areas where nurses are most needed, namely in urban and rural areas of the country).

But if you want to make that kind of money you'll have to earn a college degree. The Helene Fuld School of Nursing, formerly a part of Provident Hospital's operation offers a program that will provide you with the necessary tools to get you into the nursing job market. And it is designed for black students.

The school recognizes the "need to maintain a predominately black program to educate black nurses who will comprise the minority of professionals in this area," says Dean Reese.

The Coppin program is "non-traditional" and "innovative," says the dean. "Students have an early introduction to nursing . . . during the first semester."

In addition, students are exposedearly to elderly ambulatory patients and gain an appreciation for geronotological nursing (nusing of the aged) by a "well qualified faculty."

How many years do you want to go to school: You do have a choice, you know. There's a four-plan, designed for beginning nursing students, and a three-year-plan, called the "Concentrated Curriculum," designed for beginning and transfer students who have completed the supportive courses prerequisite to the nursing major.

Here's how they work:

In the four-year plan, you would take between 16-18 credits per semester (if you hold a full-time job, you might want to take less or consider working part-time).

During the first year your courses will include a mixture of basic freshman college classes such as English 101 and mathematics to the Elements of Nursing and general chemistry. The same stands true for the years two through four, (although you'd be concentrating more in your field — nursing).

Now, the concentrated curriculum is just that. If you have college credits, you can apply them towards the program, especially if they are in the area of nursing, such as the sciences.

Courses would include only those in the nursing program. Expect to take between 12-16 credits per semester.

While studying the small classroom settings at Coppin and Provicent (facilities are made available to this program), the nursing student obtains learning experience in the community at various health organizations. These include: Provident, Baltimore City Hospitals, BonSecures, area nursing homes, senior citizens homes and high-rise apartments.

It's a myth that all nurses are women. Currently, some 20 per cent of the students enrolled in the Coppin, Coppin program are male; three per cent white, and there is one Chineese.

So you say, all of that sounds fine, but what about the costs. How will you pay for all of this education?

The Fuld School of Nursing offers a variety of financial assistance to the aspiring nurse.

There is the Helen Fuld Trust Scholarship, awarded to 60 incoming freshmen in the amount of $2,600 each, this covers major tuition costs for the four-year program.

Others are: Federal Nursing Loan and Scholarship; Maryland League for Nursing, State Senatorial Scholarship, Financial Aid Program of Colleges and veteran benefits.

The cost of tuition is the same as Coppin's with the exception of hospitalization, professional liability insurances, and the costs of student nursing uniforms.

Dean Doris H. Reese heads Helene Fuld School of Nursing program at Coppin State College.

Dr. Nancy Wilkey, nursing instructor, shows student Delores Winston how to fill out medical chart at Bon Secours Hospital.

Nursing student Yvonne Jones at Bon Secours Hospital.

About Dean

A native of Plainfield, N.J., dean Reese has made Baltimore her home for the past 12 years. She served as the director of nursing services and nursing education at Provident; developed a proposal for an Allied Health Plan at Morgan State University, and in 1973 was invited to set up the current nursing program at Coppin.

She received her nursing education at Freedman's Hospital School of Nursing (now closed) and Howard University; Loyola University in Chicago, and her M.S. at Boston University School of Nursing, she is currently working towards a doctorate at the Center for Minority Studies, Union for Experimental Colleges and Universities. She was appointed the Dean of the School of Nursing at Coppin in 1975.

Want more information? Write: Helen Fuld School of Nursing Coppin State College, 2500 W. North Ave., Baltimore, Md., 21216 or call: 383-5990.

AFRO photos by Norma L. Spencer and Benjamin M. Phillips.

Nursing students Marcia McLean and Darlene Cooper get practical experience at Provident Hospital.

What did Property Rights seminar mean to you?

By Benjamin M. Phillips
Reflections Staff Writer

The Maryland Commission for Women held a seminar on Monday entitled "Women's Property Rights in the State of Maryland" at the Pikesville Hilton Inn.

The purpose of the seminar was to discuss and inform women of what property rights they do have as well as the legislation pending in the General Assembly.

Property rights for women in this state are, in many instances, tied to common law where property belongs to both the husband and wife.

For instance, if a couple separates for three years, either party may obtain a divorce. However, a man may leave his wife and after three years obtain a divorce and be the sole owner of all assets accumulated during the marriage.

Also, that same man could walk out for three years, get the divorce, and force the sale of the home which he and his wife own.

One of the main points to come out of the seminar was that there is a great need for corrective legislation to make women's rights more equitable in relation to property.

The panel discussed such proposed legislation as well as the progress of the Governor's Commission on Domestic Relations.

Reflections asked four black women who were attending the conference what they felt was significant about such a meeting. Here is what they had to say: Linda Brown, Equal Opportunity specialist, Highway Administration, said she felt the conference was vital because it drew such a diverse background of women from housewives to professional career women.

Mrs. Brown's only criticism of the seminar was that she wished that more black women had attended and that there had been a black woman on the panel.

Deborah Marshall, executive director of Prince George's County Commission for Women was impressed by the seminar.

She said that she found out information of which she was not aware. For example: a woman is entitled to one-third of her husband's estate even if he excludes her from his will. Mrs. Marshall said she would like to have such a seminar conducted in her county. In addition, she felt the conference was great, but she was disappointed about the progress of legislation sponsored by the Governor's Commission on Domestic Relations.

Rosetta Kerr, program director, Baltimore Urban League, stated that as far as proposed legislation was concerned, the seminar was good. She added that the purpose of the legislation was to try and relieve women of the disabilities of common law.

"These disabilities keep women from being full citizens particularly when looking at the distribution of property when a marriage is dissolved," Mrs. Kerr said.

Tracy Simons, business counselor and loan packager, Council of Equal Business Opportunity, CEBO, stated, "I think its informative in that the seminar is making people aware of what the legislative body trying to do on the behalf of improving women's property rights."

Mrs. Simons pointed out that a housewife could get a divorce after 10 years of marriage and walk away with nothing. In conclusion, these four women seemed to feel that the seminar was worthwhile.

TRACY WIMON
Business counselor, CEBO

ROSETTA KERR
Program director, Baltimore Urban League

DEBORAH MARSHALL
Executive director Prince George's Commision for Women

LINDA BROWN
Equal Opportunity specialist

Community calendar

Feb. 11

Music Boosters of Walbrook presents Dinner-Musicale at Walbrook High School Cafeteria, 5:30-7:30 p.m.

Black Student Union of University of Md. School Social Work and Community Planning presents Beltye Thomas in conjunction with Black History Week, 525 W. Redwood St., Administration Bldg, 7:30-9 p.m.

February class of 1938 of Frederick Douglass High School hosts an informal dinner-dance reunion, Elks Home, 2008 Harford Ave., 7:30 p.m.

Feb. 11-13

Henry McNeil Turner Society of Bethel AME Church sponsors a Pan-African Liberation Conference. Weekend of events include: A film premiere presentation by representatives of liveration strugglesand a reception with Caribbean and African ambassadors. Call: 837-5559, 37-7570.

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State National Black Women's Headquarters presents Recent Graphics by Camille, 6921 Arlington Rd., Bethesda, Md.

Feb. 12

Girl Scouts of Central Maryland is sponsoring a human relations workshop entitled, "Company's Coming," at the College of Notre Dame. 9:3030 a.m.-2:30 p.m.

Epsilon Omega, Alpha Delta and Epsilon Kappa Chapters of Alpha Kappa Alpha Sorority observe Founders' Day, noon, Blue Crest North. Guest Speaker: Dr. Gwendolyn Goldsby Grant, educator-lecturer. Call: 523-7642.

Morgan State University co-sponsors a reception entitled "A Night with the Ambassadors," University Refectory at 8 p.m. (This is part of the Pan-African Liberation Weekend sponsored by the Henry McNeil Society) Call: 893-3266, 893-3287.

Quota Club of Baltimore sponsors a Texas Bar BQ, Dundalk National Guard Armory, 2107 North Point Blvd., 8 p.m.-1 a.m. Proceeds to Baltimore-Central Maryland League for Crippled Children and Adults. Call: 323-0500.

Professionals First Annual St. Valentine's Cabaret. Elks Home, 1528 Madison Ave. Call: 362-8994.

Merry Makers Annual Sweetheart Ball, La Fontaine Rouge, 3407 Belair Rd., 10 p.m.-2 a.m. Call: 265-3453.

Feb. 13

Alpha Chapter of Government Girls on the Go will have their Annual Worship Service at Mt. Pleasant Baptist Church, 11 a.m.

The Church of St. Katherine of Alexandria presents the "Young Artists Series" with Leroy O. Dorsey, bass, a vocal instructor at Howard University and soloist with the National Symphony Orchestra, Division and Prestman St., 4 p.m. Call:, Mrs. Dungee, 462-5117 or Mr. Wright, 433-2069.

Peace Makers Productions, Inc. presents a Pre-Valentine's Day Jam with fashion show and three bands. Fashions by La Byrds Fashion World; bands: Typeribbon, Grass and Mansfields, at the Ambassador, Liberty Heights and Gwynn Oak Avenue. Call: 332-0170.

Feb. 12-13

St. Peter Claver Women's Day Committee sponsors Mini Bazaar, church hall, Prestman and Carey Street, 1-6 p.m.

Feb. 13

Baltimore Committee for the Advancement of Afro-American History and Culture holds Champagne Reception, at the Afro-American Study Center, 12 W. Madison St., 3-6 p.m. Marie Henderson, chairperson.

Feb. 14

Morgan State University Student Government Association holds a Fashion Show, "Valentine Review." Proceeds to benefit the Big Brothers and Big Sisters of Central Maryland Inc., Call: 444-3454.

Rosa Parks Lower School will hold its Valentine Coronation of Junior and Senior Kings and Queens with their courts at Walbrook High auditorium, 7 p.m.

Feb. 14

Sweetheart Ball sponsored by Center "B" of the Urban Services Teen Centers Project, 1608 E. Lafayette Ave., 7 p.m.

Feb. 15

"America: Inventing a Nation," film at Central Pratt Library, 2 p.m.

Catonsville Community College will hold auditions for May performance of the Mozart Coronation Mass, at T-101 of the main campus 800 S. Rolling Rd., 2:15-3:30 p.m.

One of a series of Parent Exchange lectures sponsored by Bowie State College. Dr. Ruth Sherman, professor of psychology, will conduct the lecture in the Library conference room, 7:30-9:30 p.m.

Police Community relations Council meets Northeastern District station, 1900 Argonne Drive. Commissioner William Kohler, District Court of Maryland, addresses the meeting, 8 p.m.

Feb. 16

"Cry, the Beloved Country," film at Pratt Library's Forest Park Branch, 6 p.m.

"Tepoztlan" and "The Feast" films at Pratt Library's Fells Point Center, 7 p.m.

"Arthritis," an informational program, co-sponsored by the Arthritis Foundation and Pratt Library, Falls Road Community Center, Falls Rd. and 37th St., 7:30 p.m.

International Society for Contemporary Music Players will perform at Barn Theatre, Catonsville Community College, 800 S. Rolling Rd., 8 p.m.

Feb. 17

Charter Day Affair by the Howard University alumni, Baltimore Club, Sheraton Broadway Inn. Speaker, Dr. W. Montague Cobb, first president of the National chapter, NAACP. Call: 947-2424

Gospel Ensemble of St. Luke AME Church celebrates 3rd anniversary, 6 p.m. at 8411 Main Street, Ellicott City.

Maryland Agricultural Safety and Health Federation, Third Annual Meeting, Adult Education Center, University of Maryland at College Park. Speaker: Claude de St. Paer, program development director, American Farm Bureau Federation, "The Value of Volunteers," 6:30 p.m.

Baltimore Museum of Art and Center Stage co-sponsor skating and dancing on ice benefit at Baltimore Civic Center, 5 p.m.-midnight. Call: 685-3200.

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FEB

MARYLANDERS WHO MADE HISTORY

Benjamin Banneker, scientist ....sought freedom for his fellows

BENJAMIN BANNEKER

From "Men of Maryland" by Bragg

Benjamin Banneker, born near Ellicott City, Baltimore county, near Ellicott's Mills, on the 9th day of November, 1732.

Banneker's grandmother was an English lady, who was sent out from England, and, who, having served her master for seven years, received a farm and freedom.

One of these slaves she married, seem to have been a favorite of his grandmother who taught him how to read.

About the same time she endeared children among the neighborhood to which a few white children were admitted. A part of Banneker's school.

Very early in life Banneker showed fondness for mechanical knowledge. He became much interested in the construction of the Ellicott family clock, which was then being erected near his father's residence.

George Ellicott was very much drawn towards Banneker's father and each other by their literary and mechanical tools as were available.

In 1754, Banneker constructed a clock, which not only told the time of day, but struck the hour.

Through correspondence with scientific men in all parts of the world.

Upon invitation of the commissioners of the District of Columbia.

After his return from this trip, in 1791, he was appointed by the President, to survey the District of Columbia.

Before it went to press, he sent a manuscript copy to Thomas Jefferson, showed fondness for mechanical knowledge. He

MARYLANDERS WHO MADE HISTORY

Frederick Douglass: political leader who began as slave ..he swept away everything before him.'

Taken from "Men of Maryland" by Bragg

Frederick Douglass is possibly the best known and most distinguished of the "Men of Maryland."

Here he worked at first, as a common laborer. He became a factor in the local Black Church, and was soon licensed to preach. He became a teacher in the Black Church.

It was in New Bedford that he married his first wife.

In 1841, while in Nantucket, which he attended, so great and prevailing was the impression of his eloquence, that he was soon discontinued. But, discontinuance was too late. Orations after orations was then swept everything before him.

Douglass was now in demand throughout the country, as a public lecturer.

In 1871, he was appointed assistant secretary of the San Domingo Commission.

In 1872, President Grant appointed him a member of the territorial council of the District of Columbia.

During the campaign of General Grant, as President, Frederick Douglass was a Presidential Elector, at the State of New York.

He was designated to carry the vote of New York State to Washington.

In 1876 President Hayes appointed him United States Marshal for the District of Columbia.

From 1881 to 1886 he was Recorder of Deeds of the District.

Institute endorses Labor appointment

NEW YORK — The A. Philip Randolph Institute heartily endorsed Ray Marshall as Secretary of Labor in a recent new release.

Cling unemployment as the most urgent problem in the nation, the release stated. "One cabinet department, Labor, will play a central role in attacking unemployment. Marshall is among the nation's outstanding manpower economists, according to the Institute specialists. Marshall was Secretary of Carter's chief economic advisors.

This speculation evolved around the Humphrey-Hawkins full employment bill before the Congressional Joint Economic Committee I

It added: "We can expect this to be one of his

nation's most serious social and economic problems, the quantity and quality of jobs available to the poor and near-poor."

The Institute gave a high level cynical and sarcastic response to the Humphrey-Hawkins bill as a leading figure in "A scarcity of jobs developing programs and approaches to increase the participation of minorities seeking construction industry.

It enter the industry, thus slowing minority extend