New school holds first graduation

By Gerri Bohannon

It was August 16, graduation day at last! Dr. Charles Simmons, president of Sojourner-Douglass College, stood at the podium ready to call the names of the graduates.

Dr. Eugene Williams Sr., dean of the college, stood calmly nearby.

"Nuri-Deen Abari!" he called. Mr. Abari briskly mounted the stage at Dunbar Community Theater at 1400 Orleans St.

His jovial face glowed as he shook their hands and received his degree

It was a joyous day for the Nigerian student, who was president of the Student Government Association.

This was an historic day for the graduates and the college, as it was the first graduation ever for the fledgling school.

Dr. Simmons did not have much to say in his address to the students. He briefly stated that enough had been said, and perhaps he was right.

Dr. Simmons was one of the orginal founders and co-directors back when the school was called the Homestead-Montebello Center, (HMC), of Antioch and now he is the first president.

Guest speaker Judge William H. Murphy told the students that they must understand the dynamics of will and the personal development of personal and group power.

"Without the will of this man," he said, pointing to Dr. Simmons "you would not be here today."

Judge Murphy also reminded the students that finding and keeping good jobs was not the key to success. Instead he urged the graduates to "develop your fullest potential for the good of the people."

Dr. Thelma Cox, Secretary of the Maryland State Board of Higher Education, recited a list of "ABC's" which she said were basic to success. They were "attitude, books and common sense."

The Bethel AME Gospel Choir of Hampton, Va. provided inspiration trhough music and song.

Rev. Leon B. Hall Sr., pastor of the church, presented the college with a donation to the Florence L. Brooks Scholarship Fund, which was established in memory of the 67-year-old graduate of then-Homestead Montebello's Eastern Shore campus.

Graduates who received their degrees included Alubia Gray, Iris Basheer, Beverly Brown, Homer Ray Dorsey, Longworth Johnson, Josephine Reed and Joyce Simmons.

Childhood Education, Administration, Human Growth and Development, and Human and Social Resources. There are plans to begin a graduate program within a year.

Coping

By Dr. Charles Faulkner

By Dr. Charles W. Faulkner

Black parents were at one time the same black children who were indoctrinated into the philosophy of black inferiority. The black parent loves the child so dearly that he or she is excessively protective. Just as the white parent will not allow the white child to swim in deep water, so does the black parent protect the black child from the dangers of society.

"Be nice to white people, Don't argue. White people will never let a black person get very far in life."

These statements made to the child by the black parent carry powerful messages that are transmitted to the child. The parent has accepted black inferiority as a fact and the duty of the loving black parent is to protect the child from insult and embarrassment.

This is done by directing the child to job interviews for traditionally black jobs which are lower paying and without status, sending the child to an inferior school where the child will not be confronted with embarrassing racism. The loving parent's only intention is to protect the child from the trauma of rejection.

Subconsciously, the parent actually believes that blacks are inferior. The American system has done its job well. It has indoctrinated the parent who responds to racism with almost reflex behavior: Protectiveness when white are present, reaffirmation of white superiority with statements that point out white achievement, allowing the child to watch hours of television that serves the purpose of confirming black inferiority.

The parent is loving and protective. The parent is unaware of the devastating psychological effect of that love, when it is improperly applied.

But, it doesn't end there. When the black son or daughter goes out into society to attempt to achieve success, family and friends respond with these questioning and insecure statements? statements: Did they turn you down for the job? I'll bet they found something wrong, didn't they? Did you do alright or was something about your criticized?

These and similar remarks represent the insecurity and feelings of inferiority that are rampant in the black community. They represent the indirect and usually unconscious manner in which blacks and white society have succeeded in indoctrinating black people with white superiority and black inferiority.

This constant questioning of the social involvement of the child lets the child know that failure was presupposed and, in a sense, predetermined if the child did succeed, it was purely coincidental and occured in spite of the wealth of adversity and behavioral conditioning.

Each of us in our own innocent way reaffirm the inferiority of black people with our remarks, behavior and isolation from the larger society.

Columbia Capers

By Pinale L. Ross

Columbia resident Lorraine Dorsey, a soft spoken and attractive young woman was honored recently by Afram Steering Committee.

Afram Steering Committee is the group that plans the annual Afram Expo held in the Inner Harbor. Ms. Dorsey was among 35 women who have contributed to the community with a special festival exhibit.

She has been working with the Police Department since 1959 as a police officer and was the first black female assigned to police headquarters detective bureau.

The 22 year veteran has worked for 11 years in the sexual offense unit of the criminal investigation division. Detective Dorsey is a dedicated police officer. As a female detective, her duties include investigating illegal abortions, rapes and other sex offense.

Detective Dorsey stated, "If I have a victim I am working with and she calls upset when I am off duty, I make sure people can reach me at home. Most rape victims just need to talk and I love to work with people."

Major Edward Woods of the Community Relations department nominated Detective Dorsey as one of the women to be honored. She was appointed by retired police commissioner Donald D. Pomerleau as a consultant to the Rape Crisis Center. She is also a member of the Special Task Force for Special Studies of Rape and is a former board member of the Howard County Rape Crisis Center.

Detective Dorsey has received numerous citations for her duties on special assignments involving Coretta S. King, Sen. Verda Welcome and her excellency Viola Burham, first lady of the Republic of Guyana.

She attended Douglass High School and Morgan State University and is a member of the Sequoia Civic Service Club of Baltimore. Detective Dorsey is former president of Columbia Chapter of Kappa Alpha Psi Silhouettes and vice president of the New City Pacers.

Local man wins Elks' singing honor

Roland Colbert

An Annapolis man was awarded the title National Grand Songbird of the Improved Benevolent and Protective Order of Elks of the World.

Roland Colbert was awarded the title in appreciation of his participation over a 10-year period in the national conventions of that order of Elks.

Colbert sang at five different sessions of at the 1981 82nd annual grand lodge convention. He performed his arrangements of "God Bless America," and "You'll Never Walk Alone."

He will journey to the Bahamas to sing for the IBPEO of W chapter later this year.

Colbert is the past president of the local Ancient City Lodge, No. 175.

Cook's corner

Learn while you 'burn'

The article below explains the art of measuring and why careful measuring is important in cooking. The act of measuring, however, can lead to more than tasty meals — it can be instrumental in helping a child understand fractions. It is so much easier to learn by seeing and doing than just by reading. We all know that ½ plus ¼ equals ¾, but such things are often difficult for a youngster to grasp.

Let your youngster experiment to find out how many ways there are to make 1 whole cup — using halves, thirds and quarters. And how many cups it takes to fill his milk glass, his cocoa cup, a sauce pan. With this sort of learning through experimentation, your child will learn to understand fractions . . . in a fraction of the time it might normally take.

The people who create recipes experiment a lot to get them to taste just right. They try all sorts of ingredients, in many different quantities, before they are satisfied. When a recipe finally is printed in a newspaper, magazine or book, it contains just exactly what is needed . . . just enought salt, just enough sugar, just enough milk, just enough everything.

So when you follow a recipe to make a meal, you have to be careful to add the right amounts, too. Not too much, not too little, but just enough. Measuring correctly is one of the most important parts of cooking.

To help you, there are many standard measuring tools. There are cups made especially for measuring liquids, and others that are best for dry ingredients, and there are spoons to measure small amounts of things. If you use the right tool, measuring is easy.

Measuring Liquids. Measuring cups for liquids are usually glass or plastic so you can see through them, and they have a spout for easy pouring. The measurements are marked on the side. If a recipe calls for one third cup of milk, slowly pour milk into the measuring cup until it comes up to the one - third mark. (Bend down so your eye is at the same level as the mark you need to reach.)

Measuring Dry Ingredients. Measuring cups for dry ingredients are usually metal or plastic and they usually come in sets of four. These are used to measure ingredients like flour and sugar. The largest holds exactly 1 cup, the next will hold ½ cup, the next will hold ½ cup, the next one - third cup, and the smallest ¼ cup. The cups are usually marked, so it will be easy to tell which is which.

To measure dry ingredients exactly, select the proper size measuring cup (if you need ¼ cup of sugar, use the cup marked ¼) and fill it heaping full. Now take a tool with a very straight edge (spatula or the straight blade of a table knife) and level off the ingredients, so they come to the top of the cup. If a recipe calls for two - thirds cup of something, you'll need to use the cup marked one - third, but use it twice. If the recipe calls for ¾ cup of something, you can use the cups marked ⅓ and ¼, because ⅓ plus ¼ equals ¾.

Using Measuring Spoons. When small amounts of ingredients are needed, measuring spoons are used. These, like measuring cups usually come in sets of four: 1 tablespoon, ½ teaspoon, and ¼ teaspoon. Measuring spoons can be used both for liquid ingredients and dry ingredients. If you use them for liquids, pour very carefully to avoid spills. If you use them for dry ingredients, heap them full and then level them off, just as you do when you use a measuring cup for dry ingredients. And if a recipe calls for ¾ teaspoon, use the ½ teaspoon and the ¼ teaspoon. It works just like adding fractions.

Food quiz for kids

Eating a wide variety of wholesome foods each day will help you grow, stay healthy, and have "fuel" for sports and other activities. You probably have heard that before, but how does the advice relate to the way you like to eat?

To practice, take this quiz designed by food experts at Kraft about typical meals you might eat. Each meal has something missing. Add a food to make the meal balanced.

1. You have ordered the following at a fast food restaurant: Hamburger on a bun, plus milk or a milkshake. To balance the meal you would add

2. You are fixing a delicious dinner at home for your family. So far you have planned spaghetti with tomato - meat sauce and a green salad. You should add

3. Dashing off to school, you just don't have much time to eat. Often it is only a piece of toast. A quick but better breakfast would also include what foods?

4. You are packing a lunch for school. So far, you have included a peanut butter sandwich on whole wheat bread and a cookie. Add two different foods to make the lunch balanced.

ANSWERS

1. A fruit or vegetable — preferably one that is deep yellow - orange or dark green (for vitamin A).

2. A serving of milk, cheese, or any dairy product (for calcium, protein and riboflavin) and a fruit or vegetable.

3. Several combinations are correct: cereal - milk - fruit; egg - fruit - milk; meat - milk - bread (for protein) and a dairy product or milk or a serving of a fruit or vegetable.

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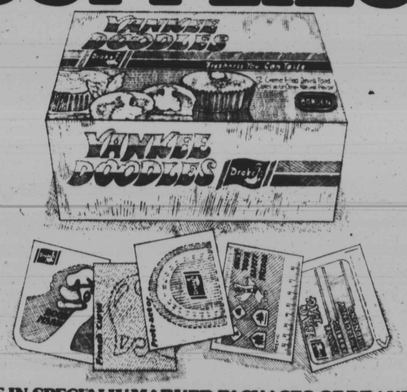

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Morgan wins $15,000 grant from Chessie system

Morgan State University has been awarded $15,000 as a result of a three year, $500,000 grant approved by the Chessie System Railroads to support selected educational and cultural organizations in the Baltimore area.

As one of seven institutions selected, Morgan will receive the award over a three year period. In reflecting on the award, John T. Collinson, president and chief officer for Chessie System Railroads, stated, "Morgan State provides outstanding, valuable educational programs. The University has Chessie's best wishes for continued success in its endeavors."

The Greater Baltimore Development Corporation will receive $225,000 under this grant, while the College of Notre Dame, Goucher College, Johns Hopkins University, Loyola College, Maryland Institute of Art, University of Baltimore School of Business and Morgan State University will realize a total of $150,000. The remainder of the funds will be shared by eight cultural organizations.

Each of the educational institutions was identified as being accredited and of good academic standing, non-discriminatory basis and and contributing to community prosperity and stability. The schools are also of special value to Chessie System in recruiting and developing employees

Shaws exhibit work at Coppin

Dr. Luke Shaw and his son, Luke Jr. will exhibit their paintings and sculptures in the Henry O. Tanner Art Gallery at the University of Maryland Eastern Shore beginning Tuesday, Sept. 1 and continuing through Sept. 30.

Dr. Shaw is associate professor and chairman of the Art Department at Coppin State College. Luke Jr. is devoting a full-time career to wood sculpting.

The father and son art show in the UMES Tanner Art Gallery is open to the public daily from 10 a.m. to 12 noon and 1 p.m. to 4 p.m. Admission is free and all are welcome.

Harford presents 'Soul Fusion'

The Fall Special Events Series of Harford Community College will sponsor "Soul Fusion," presented by the National Black Theatre of Harlem, Sunday, Sept. 13 at 4 p.m. in the Chesapeake Center Theatre on campus.

"Soul Fusion" is a dynamic musical production combining gospel songs, African dancing and music, rhythm and blues sounds, lyrical dance and poetry in an explosive performance in which the audience is invited to participate with the performers.

The performance will be followed by a candlelight dinner at which the audience will have the opportunity to meet the cast.

Admission to the performance is $3 and the performance and the dinner is $7.50. This program is made possible by a grant from the Mid-Atlantic States Arts Consortium in partnership with the Maryland State Arts Council.

Northwestern begins adult center class

Northwestern Adult Community Education Center begins its fall term at Northwestern High School, Fallstaff and Park Heights Avenues on Thursday, Oct. 1.

Aerobics, flower arranging, piano, sewing, typing, photography, calligraphy, art, needlecrafts, home improvements, poetry, sign language and CPR are the non-credit courses offered every Tuesday and Thursday evening from 7 to 9 p.m. Registration will be held at the school on Sept. 24 from 7 to 9 p.m.

For information on the adult night school, which is sponsored by the Division of Adult and Community Education of the Baltimore City Public Schools, call C.A.S.T. at 764-2278.

Hood awarded challenge grant

Hood College President Martha E. Church has announced that the Kresge Foundation has made a $150,000 challenge grant to the college for the construction of a Resource Management Facility.

After considering 1,551 qualified proposals in 1981, the Kresge Foundation of Troy, Mich. has awarded new grant commitments totaling $33,354,000 to 176 charitable organizations in 30 states, the District of Columbia, and Canada.

The majority of these grants were toward projects involving construction or renovation of facilities. Most grant recipients had raised initial funds toward their respective projects before requesting Foundation assistance.

Grants were then authorized on a challenge basis, requiring the raising of the remaining funds, thereby insuring the completion of the projects.

The Kresge Foundation was created solely by the personal gifts of the last Sebastian S. Kresge. Since 1924, appropriations of over $416 million have been made to institutions in the areas of higher education, health care and related services, the arts and humanities, social welfare, science, conservation, and religion.

The Resource Management Facility at Hood is being constructed as part of the New Horizons for Hood $8.8 million capital development program which to date has total pledges and contributions of more than $7 million.

The elements of the Resource Management Facility will focus on three major areas: energy and environment; nutrition and preventive health maintenance; and generation and dissemination of information from various areas of home economics.

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