CHRISTMAS SHOPPING GUIDE

Reception held for Senator Blount

Governor Harry Hughes arrived late for the jammed-packed reception at the Forum honoring Clarence Blount, Dec. 2. The Governor said nothing could prevent him from taking the opportunity to speak in praise of the dedicated work of Senator Blount.

He also said the senator was a man of great humility with the highest integrity.

"Senator Blount cares deeply about other human beings," Hughes said.

Earlier in the evening, Mayor William Donald Schaefer issued a proclamation to Senator Blount.

"Not even the Sunpapers could find anything negative to say about Clarence Blount," he said.

The affair was hosted by the Johns Hopkins Metro Center and a committee of leading citizens.

The words and phrases, "humane," "humility," "a really human person" were heard over and over again and again in speeches praising Senator Blount.

Blount gave much credit to his family and to his teachers in the Baltimore public schools. He described himself as a man of humble beginnings, who rose to his position of responsibility through the efforts of many people in Baltimore.

Every major black and white political figure in the city and the state was in attendance to honor, as aptly stated by Louis Goldstein, State Comptroller, "Clarence Blount, a man of God, doing God's work."

HONOREE AND FRIENDS — Sen. Clarence Blount was honored Dec. 2 at the Forum. Shown with the honoree from left are Governor Harry Hughes, Walter Orlinsky, Sen. Blount and Hyman Pressman.

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Constant Care Xmas gift

As a Christmas present to the citizens of Baltimore, Constant Care Health Center, a West Baltimore Medical Facility, will offer free health screening to all children and adults beginning Monday, December 14th, from 10:00 a.m. to 3:00 p.m. and every day thereafter until December 31st.

The types of free health screening to be given include breast examinations, dental screening, blood pressure reading, visual acuity testing, and height and weight measurements.

Laboratory tests will be available for a minimum charge. In keeping with the festive mood of the holiday, the Constant Care doctors and nurses will wear Christmas costumes. Several health providers will work in Santa Claus suits.

A high point of the season will be Constant Care's Children's Christmas Party which will be held on Wednesday, December 23rd, from 2:00 to 4:00 p.m. All children between the ages of three and eight are invited to attend this pleasant activity which will feature singing, a magic show, and cartoons. Each child will be given a bag of Christmas goodies and a small gift.

Eliza J. Taylor, MD, Constant Care's medical director, explains that Constant Care is providing the health screening in an effort to promote the idea of preventive health care, or visiting the doctor before illness strikes. "It's going to be a long cold winter," says Dr. Taylor. "And the economic problems of our community will make it seem even colder and longer. Early detection of health problems is cost effective; it saves a great many medical bills, and prevents a substantial amount of pain.

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CHRISTMAS SHOPPING GUIDE

Mushrooms and Wild Rice Stuffing Great for a Christmas Bird

Here's a superb stuffing recipe to go with your holiday turkey. Easy, too, because it all begins with a package of Wild Rice - A - Roni.

In the package is an envelope containing special herb seasoning which you stir into the simmering rice together with the other ingredients.

Directions are simple, the stuffing delicious. It's truly gourmet fare.

2 6-oz. packages Rice - A - Roni wild rice mix
4 slices bacon, diced
2 Tsp. butter or margarine
1 cup chopped celery
14 oz. can sliced button mushrooms
Hot water.
1 cup toasted bread cubes (croutons)

In a large (10 - inch) frying pan or pot, brown rice - macaroni mixture envelop and celery.

Drain mushrooms (reserving liquid) and add to rice. Add hot water to mushroom liquid to make 4½ cups.

Stir into rice. Cover, bring to a boil, reduce heat for turkey or other poultry.

GREAT HOLIDAY IDEA is mushrooms and wild rice stuffing featured with this turkey. Check accompanying recipe and enjoy hearty eating.

Schaefer pleased with Xmas efforts

Mayor William Donald Schaefer is enormously pleased with the efforts being made by the Baltimore City School students, teachers, and administrators on behalf of the City's celebrations for the Holiday Season.

The Mayor's Office has this year coordinated their Holiday Festivities with the Department of Education. In addition to the 300 plus wooden ornaments, for the City Hall Christmas Tree, made by students from Northern High School, Eastern High School, Hampstead Hill Middle School, Chinquapin Middle School, Francis Scott Key MMiddle School, Franklin Square Elementary School, and Guilford Elementary School, eight additional schools are participating in the City Hall Crafts Sale, December 9 - 23, Monday - Friday, 9 - 4.

The students are from: Merganthaler Vocational Technical Senior High Schoo, Gwynns Falls Junior High, Southwestern Senior High, Carver Vocational Technical High School, Walbrook Senior High School, Douglas Senior High, Benjamin Franklin High, and Cherry Hill Junior High School.

In addition to the Crafts Sale, Mayor Schaefer invited everyone to come and enjoy the Holiday decorations, the Courtyard Galleries exhibits "The Neighborhoods' Gift to the City . . Their People" (an exhibit of 40 portraits of "unsung heroes and heroines" drawn for the new Annual Report). Monday - Friday, 9 - 4 through December 30. Admission is free.

Much poultry, fruit and nuts for holiday cooking

WASHINGTON (UPI) — Turkey, fruit and nuts, the staples of holiday cooking, are on the government's list of plentiful food for December.

Marketing specialists for the USDA say turkey supplies should be 11 to 15 percent greater than a year ago.

Plentiful supplies of Fresh grapefruit are expected to extend throughout the 1981 - 82 shipping season. Florida's crop alone is a record - breaking 55 million boxes, or 9 percent greater than last year's freeze - damaged harvest.

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