AFRO honored by city

Even though it was a cold, windy Wednesday afternoon in Baltimore, Mayor William Donald Schaefer and representatives from 10 Baltimore businesses and cultral institutions were warm, at least on the inside.

At a 3:30 p.m. ceremony at City Hall, Mayor Schaefer honored several outstanding representatives for their work with the "Baltimore is Best" program's nomination incentive project.

Now in its third year, the incentive project rewards representatives of sites that are responsible for enrolling 10 or more nominees into the "Baltimore is Best" program.

At the special ceremony, the Mayor presented the top cite representatives with an original "Pride of Baltimore" print which he had autographed.

"The nomination site representatives contribute vital services to the Baltimore is Best program," Mayor Schaefer said. "The 'Pride of Baltimore' prints are a way of thanking these dedicated citizens, who contribute so generously to make 'Baltimore Best.'"

The representatives who were honored were: Karen Barczak - Bureau of accounting operations - City of Baltimore; Andy Bertamini - Union Trust Co. - Boulevard office; Tony Calabrese - B.W.I. Communications Center. Margo Curlett - Baltimore Briefing Center; William Giacofci - United States Fidelity and Guaranty Co.; Arnold Lehman - Baltimore Museum of Art; John Murphy - Baltimore AFRO - American - - John J. Oliver, president of the AFRO, accepted the award

Sandra Taseff - Trans World Airlines; Patricia Thorvilson - Hecht Co. - Northwood - Ellen Slaughter, accepted the award; Elizabeth Ward - Dunbar Neighborhood Facilities.

The "Baltimore is Best" program, directed by Mrs. Floraine Applefield, is a non-profit, volunteer organization, whose primary objective is to stimulate civic pride and community cooperation.

Citizens are encouraged to nominate others who are making extra efforts to contribute commendable services to their neighborhoods and city.

Nomination cards can be found at local public sites such as banks, libraries, museums or the "Baltimore is Best" office, which is located at 250 City Hall, 396-5785.

If you would like to make a valuable contribution toward the success of this project - nominate a deserving fellow citizen. For more information, call the program at 396-5785.



BALTIMORE IS BEST — Judging from the smiles of Mayor Schaefer surrounded by recipients, who received "The 'Pride of Baltimore'" prints in recognition of their contributions to making 'Baltimore Best.'

Sickle cell anemia campaign launched

Champale Inc., has initiated a major fund raising campaign to help fight sickle cell anemia, a blood disease which primarily affects the black population.

James F. Pomroy, president of the National Marketers of Sparkling Extra Dry, Pink and golden champale malt alcoholic beverages said during the month of April, Champale will make a cash contribution to the National Association for Sickle Cell Disease, Inc. in those states where allowed by law.

Sickle cell aremia, an inherited blood disease strikes one out of every 500 black Americans. An individual afflicted with the disease has abnormal red blood cells which become sickle shaped, instead of round, and car block the blood flow through small blood vessels. In addition, sickle cells live less than half as long as normal red blood cells, a condition that results in anemia.

"Champale recognizes and is deeply concernec about the escalating cost of research to find a cure for sickle cell anemia as well as for out-patient care for persons afflicted with the disease," said Pomroy.

He said that Champale, therefore created its fund raising campaign to support the National Association for Sickle Cell Disease in its fight against the disease.

In addition to the direct cash contributions from Champale, an instore poster campaign has begun to focus further attention on the problem and to solicit additional public donations directly to the National Association for Sickle Cell Disease by utilizing a coupon pad provided by Champale.

Aspirin do's and don'ts

Since the last century, the drug most prescribed for arthritis has been common aspirin because it relieves the symptoms of the disease — pain and inflammation.

Aspirin is relatively mild and safe when used as directed and most physicians consider it the best initial treatment for chronic arthritis.

In fact, aspirin originally was developed specifically for rheumatoid arthritis, one of the most serious and crippling forms of the disease.

But, aspirin has its drawbacks. It can cause gastric distress, particularly in the large doses usually prescribed for an arthritis patient. So, not everyone can take it.

Those with peptic ulcers, intestinal bleeding or people who are allergic to the drug have to deny themselves aspirin.

Aspirin affects the symptoms of arthritis by inhibiting the body's production of a natural substance called prostaglandins, which trigger pain and inflammation.

However, this substance also plays an important role in protecting the stomach lining, so aspirin therefore can weaken that protection and be the cause for gastric distress.

Thus, while aspirin is relatively safe, it should not be taken indiscriminately. The Arthritis Foundation recently warns persons with the disease not to take aspirin lightly, and the Foundation's "DO'S and DON'TS" provide a good guideline for the drug's use:

(1) DO see a qualified physician for diagnosis and treatment of arthritis. Proper treatment CAN control the disease and prevent crippling.

(2) DO take aspirin, if the doctor prescribes it, strictly according to the "aspirin program" he gives you.

(3) DON'T change your aspirin dosage schedule without first asking your physician.

(4) DON'T try to diagnose your own arthritis problem or pick your own remedies from non - prescripion medicines available at the local drugstore.

(5) DON'T be lured by aspirin advertising into self-treatment and dosing yourself on a homemade schedule. Even though arthritis may begin with "minor aches and pains," it is no disease to fool around with. DO get qualified medical advice and get it early.

There are many other drugs, besides aspirin, that are used to treat arthritis. Non-steroidal anti - intlammatory agents are similar to aspirin in their effectiveness in treating the symptoms of the disease.

Steroids, gold and penicillamine are more potent, but they also pack much more dangerous side effects, restricting their use to advanced cases of arthritis.

It is the hope of researchers a new family of safe, non-steroidals will be made available. This next generation of drugs, in addition to providing symptomatic relief, ideally would interrupt the disease process itself.

New research has created a consensus in the scientific community about how arthritis works. It seems a white blood cell called a "monocyte" plays a major role in the process that deteriorates and destroys joints in arthritis victims.

Under normal conditions, this cell rids the body of debris, including dead tissue and bacteria, that might collect at a site of injury or infection.

In a person with arthritis, unregulated monocytes invade in abnormally large numbers and then go beserk, eating good joint tissue and bone, along with the debris, and creating more pain and inflammation.

Smittick appointed director

Lafayette Smittick was appointed as Director of Social Services recently announced James Suzuki, administrator of Hadley Memorial Hospital.

Prior to joining Hadley Memorial, Smittick was employed for 20 years at the D.C. Children's Center in Laurel, Maryland as a social worker. He also worked in that capacity for three years at Saint Elizabeth's Hospital in Washington.

Smittick received a B.A. in Theology from Oakwood College in Huntsville, Alabama. He has received two graduate degrees, a M.A. in Theology, and a Master's in Social Work from the University of Maryland in 1971.

Originally from Sapulpa, Oklahoma, he has lived in the Washington area since 1953.

His interests include preaching and helping others. He is the first elder and co-founder of the Friendship Seventh-day Adventist Church, which was organized in 1979.

New shoe store brightens Monument Street

Amid the all too frequent stories of business closings, it is encouraging to report the entry of a new chain of shoe stores to Baltimore City.

On March 27, 1982, Pic 'n Pay Shoes, based in Charlotte, N.C., opened its doors at 2400 East Monument St., the first of three outlets planned for the city, with an additional two stores Planned or in operation in Baltimore county.

New merchants often bring a fresh perspective to an area, seeing economic opportunities others have missed. Such is the case with Pic 'n Pay's store on East Monument Street.

After a period of decline, Monument Street carried an image that discouraged investment, though in fact, that image did not reflect the street's strategic location and the economic and social reality of the surrounding neighborhoods.

In other words, merchants were not taking advantage of the chance to make a profit and consumers did not have a shopping area that met their needs.

Two forces now are acting on Monument Street promising to correct the image problem producing the breakdown between shoppers' needs and the area's ability to supply those needs.

First, the initiative of new businesses that recognize the profit potential of Monument Street, Pic 'n Pay Shoes being a clear example. Theirs is no rash move but a considered investment decision, involving more than $200,000.00. It is evidenced by the arrival on the street just four months ago of a Fayva Family Shoe outlet. These investments send a message to other merchants and to consumers the area has more to offer than previously was thought.

The second force comes from the Monument Street Project, a public-private venture co-sponsored by the Department of Housing and Community Development, Southeast Development, Inc. and the Monument Street Merchants' Association.

Through the Monument Street Project, merchants and community residents actively are promoting their street, implementing crime control programs, upgrading the physical appearance of the area and developing ways for local youth to find employment.

Their efforts are changing the opinions many people have about Monument Street.

Between private initiatives and organized programs, the reality of East Monument Street is beginning to supercede its misleading image. The opening of the new Pic 'n Pay Shoe Store marks another step towards a more rational relationship between the street and the community.

TIME FOR RED



JOHNNIE WALKER RED

100% BLENDED SCOTCH WHISKIES 86.8 PROOF IMPORTED BY SOMERSET IMPORTERS LTD. N.Y. N.Y.

SMOKERS

U.S. GOV'T LATEST REPORT:

King, Menthol or Box 100's:

A whole carton of Carlton has less tar than a single pack of...



...KINGS	TAR	NICOTINE
Kent	12	1.0
Winston Lights	11	0.9
Marlboro	16	1.0
Salem	14	1.1
Kool Mids	11	0.9
Newport	16	1.2

...100's	TAR	NICOTINE
Kent 100's	14	1.2
Winston Lights 100's	12	0.9
Benson & Hedges 100's	16	1.1
Parliament Lights 100's	12	0.9
Salem 100's	15	1.1
Marlboro 100's	16	1.1

TAR & NICOTINE NUMBERS AS REPORTED IN LATEST FTC REPORT

Carlton Kings Less than 0.5 0.1
Carlton Menthol Less than 0.5 0.1
Carlton Box 100's Less than 0.5 0.1

Box—lowest of all brands—less than 0.01 mg. tar, 0.002 mg. nicotine.

Carlton is lowest.

U.S. Government laboratory tests confirm no cigarette lower in tar than Carlton.

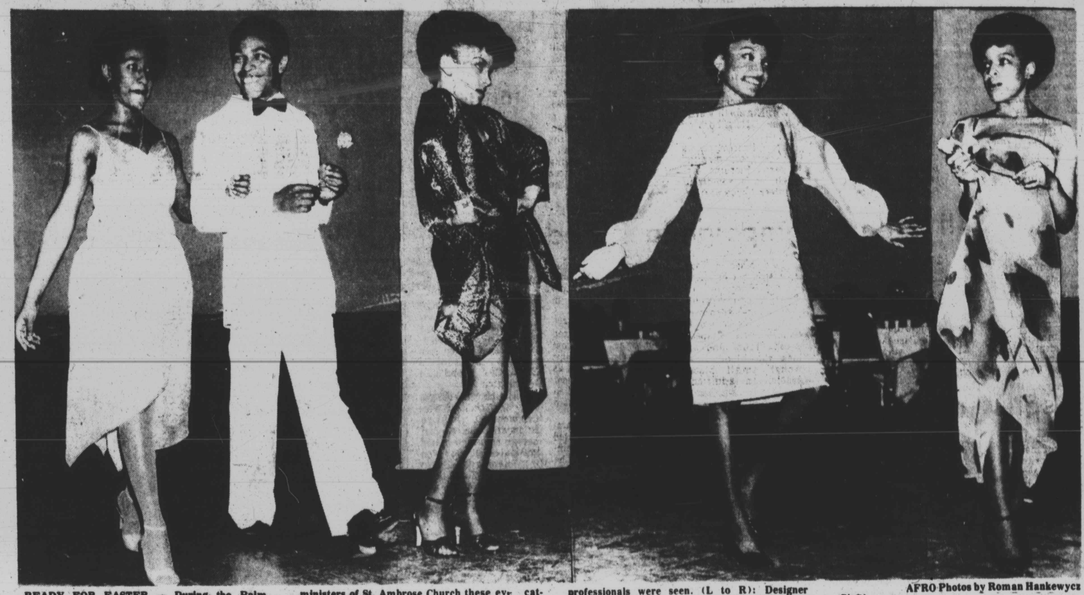
Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

Box: Less than 0.5 mg. "tar", 0.05 mg. nicotine.
Soft Pack, Menthol and 100's Box-Less than 0.5 mg. "tar", 0.1 mg. nicotine av. per cigarette, FTC Report Dec. '81.

OUR WORLD

★PARTYLINE ★PACESETTERS ★PEOPLE

Palm Sunday Disco features lovely low-cost fashions



READY FOR EASTER — During the Palm Sunday Disco hosted at Pascals, 2900 Druid Park Dr., Sunday, April 4 as a Co - Benefit for special ministers of St. Ambrose Church these eye catching and inexpensive fashions sewn by non - professionals were seen. (L to R): Designer Belinda and models Grafton, Patrice, Jenine and Gi Gi.

AFRO Photos by Roman Hankewycz



THESE TWO DISCOING COUPLES who enjoyed the festivities are (from left): Bernard Elliott and Ms. Stacey Van Diver and Leroy McCoy and Ms. Yvette Hyman.



On Sunday, April 4 a disco was hosted at Pascals, 2900 Druid Park Drive as a co-benefit for special ministers of St. Ambrose Church.

Featured was a unique fashion show, the theme of which was "A Touch of Elegance".

This special highlight was unique in that all of the clothes modeled has been designed andor made by youthful non-professionals, and there was no outfit that cost more than $15.

Guests who came to enjoy the festivities participated in disco dancing and won door prizes. some of which were lovely but simplistic patterns for outfits which they could make or have made at a very low cost.

A throughly delightful afternoon was had by all who came at 5 and stayed until 9 p.m.

Music was provided by the Ebony Angles, Inc.

Happy Easter



AT THE FUNDRAISER DINNER - DANCE hosted by the Maryland Dental Society Saturday, March 27 at the Tawes Building (Coppin State College) Juanita Denley chats with Dr. Lawton Pierre. It was the Dental Society's first fundraiser for its scholarship Fund which aids students in their pursuit of the study of dentistry.

Partyline

Maryland Dental Society hosts first Dinner-Dance scholarship fundraiser

By Pattie Hodges
AFRO Women's Editor

It was fun, fun and more fun for the 400 guests who attended the first Scholarship Fundraiser Dinner - Dance hosted by the Maryland Dental Society at the Tawes Building (Coppin State College) Saturday, March 27.

The "Roots of Charm City" was the theme for the affair, which began at 10 p.m. and lasted until 2 a.m..

There was music and festivity on all three levels.

In the rathskeller (lower level) a new jazz group "Charm City Roots' (a la the theme for the affair) kept jazz enthusiasts enthralled with music of the old black jazz masters.

On the ground level music was provided by the dance band 'Chain Reaction' which had many out on the floor.

On the third level the Reggie K. disco spun the latest in the "Top 40" for those who wanted to do their "disco thing."

Irving Charles got all three musical groups together for the occasion.

There was scrumptous food on the lower and third levels — served buffet style — with a special (and decorative) fruit and cheese bar on the ground floor, and open bar on all three levels.

To add to the festivity there was gambling in the rathskeller, with two roulette wheels spinning constantly and games of Black Jack.

For those who wanted to check out the newest in spring fashions there was a fashion show done by the Travis Winkey Modeling Troupe, during which his models aired lovely attire for all occasions and which featured couture by local black fashion designers.

It was a fantastic evening heartily enjoyed by all, many of whom got a chance to meet and greet old friends whom they hadn't seen in ages.

The affair did much to swell the coffers of the Dental Society's scholarship fund, which is a bulwark to local students needing financial aid in their pursuit of the study of dentistry.

Chairing the affair was Dr. Curtis Adams. Co - chair was Dr. Gladstone Davis.

Other Maryland Dental Society officers include Dr. Horace Leslie, president; Dr. Charles Bowie, secretary and Dr. Joyce Park, treasurer.

Haysberts honor Ohio educator

Raymond and Evelyn Haysbert hosted a wine and cheese party at their Hillen Rd. home on Friday evening to honor Dr. Arthur E. Thomas.

Dr. Thomas is the national author, speaker and educator, currently vice president for academic affairs at Central State University, where both Mr. and Mrs. Haysbert are graduates.

He is also host of a nationwide educational network interview program, "Like It Is," which focuses on the concerns of black people. He has put a sampling of these interviews in a book, also entitled, "Like It Is."

He was in the Baltimore area to promote the new publication, "because it is time to listen to our own leaders," and "we need to understand the variety of option open to us, and to act on them." Among those interviewed in the book is MD Congressman Parren J. Mitchell.

Guests present to meet Dr. Thomas included:

Messrs. and Mesdames William L Adams, Lloyd Alston, Paul Beckham, Leon Bridges, Raymond Carpenter, Michael Dantley, Marvin C. Davis,

Also Messrs. and Mesdames Henry Goodman, Argin Hutchins, Ernest Johnson, James E. Lewis, Marcellus Moore, A. Paul Moss, William Mumby;

Also Messrs. and Mesdames Charles Robinson, William Toadvine, Glen S. Tarter, William Terry, James Mebane, Lester B. Wallace, David Wright, and Jonathan Weaver;

Drs. and Mesdames Ernest Brown, H. Garland Chissell, Lionel Desbordes, G. James Fleming, Otis Froe, Thomas C. Jones, Benjamin Kimbers, Edward McDaniels, Saul M. Perdue Benjamin Whitten, Elroy Young;

And Mesdames, James C. Askew, Walter Brown, Florence Bailey, Bernita E. Fuller, Antoine Elias, Lonnie Green, Mary Green.

(Continued on Page 10)



FRONTIERS MEMBERS AND HONOREES pictured during their recent monthly meeting at Maceo's Lounge are (l to r): the Rev. B. A. Dawkins, pastor Progressive First Baptist Church, Ms. Monica Simpson, who won the cash prize for her essay on the Black National Athem; Johnnie Jowers, immediate past president of the Baltimore Frontiers Club and Mr. and Mrs. Simpson, Monica's father and mother.