Six arrested at Murphy Homes in drug raid

A month-long investigation of narcotics activity at the Murphy Homes projects in West Baltimore ended early Thursday morning with the arrests of six persons and the confiscation of more than $3,000 in cash, weapons, varying amounts of heroin, marijuana and other drugs.

Police spokesman Dennis Hill told the AFRO that members of the Special Tatical Operations Patrol arrived at the projects at about 6 a.m. Thursday. The two dozen officers who participated in action were armed with five search and seizure warrants, Hill said.

Arriving at the 100 block of Argyle Ave., Hill said, the officers went to apartment 5-L. There Andrea L. Brown, 26, was arrested and charged with the intent to distribute herion and possession with the intent to distribute cocaine.

Hill said officers recovered 44 dime-sized bags of herion, three capsules of cocaine and $1,429 in cash.

At the same time the arrest and search of Brown's apartment was occurring, officers were carrying out similar activities at four other apartments.

Hill said no arrests were made at apartment 6-B, but officers did recover 27 dime-sized bags of heroin, two and one-fourth ounces of uncut high grade heroin, a handgun, a rifle and $1,855 in cash.

At apartment 6-F, Hill said Beverly A. Hill, 35, and Jemetta Hill, 18, were arrested. The two women were charged with possession of heroin and possession of narcotics paraphernalia.

Police recovered three bags of heroin and narcotics paraphernalia.

Geralyn Boone, 27, and Latrice Wiggens, 21, were taken into custody by police at apartment 13-D, Hill said. Both women were charged with intent to distribute heroin, possession with intent to distribute cocaine, possession with intent to distrubute valium, possession of narcotics paraphernalia, possession of marijuana and handgun violations.

From that apartment two automatic handguns were found along with 18 bags of heroin, 15 capsules of cocaine, a small amount of valium and a small amount of marijuana, Hill said.

Robert L. Mayo Jr., 30, was arrested by police at apartment 13-L. Mayo is charged with possession with intent to distribute marijuana, possession of cocaine, possession of LSD, and possession of narcotics paraphernalia.

Recovered from apartment 13-L were approximately four pounds of marijuana, along with a scale, two capsules of cocaine and a handgun, Hill said.

He said the women were taken to the Women's Detention Center and the men to the Central District Police Station. A Hearings before a court commissioner were scheduled to occur later Thursday.

Most of the charges are felony offenses, he said. During the simultaneous arrests, the suspects offered little resistence to the police.

Introduction to physical fitness

The first time you notice a visible lack of muscle tone in your body can be quote a shock—it might make you frantic enough to begin an exercise program right away.

Exercising is a key to avoiding premature aging, and many illnesses too. Regular exercise gives you strength and endurance in performing daily physical tasks. It helps you control your weight and is a great tension stress reliever.

To give you some tips on the best way to begin an exercise program, the President's Council on Physical Fitness and Sports has as illustrated booklet called An Introduction to Physical Fitness.

The first step to your exercise program is a thorough medical checkup. If you haven't had an exam in the past year, or if you are past 30, a checkup may help you avoid serious consequences.

To help you find out how much muscle tone is left, and therefore, at what level to start a fitness program, the Council recommends taking the walk test, which means finding out how many minutes you can walk at a brisk pace without undue difficulty or discomfort.

If you can't walk briskly for five minutes without discomfort, then you'd better start off with a program that combines brisk walking and resting.

If at any point in this test you experience nausea, trembling, extreme breathlessness, headache or pain in the chest, stop immediately.

Before you start to exercise, always do some stretching exercises to get the body warmed up. 'Warm-ups' will increase respiration and body temperature, and stretch ligaments and connective tissue, which will help you avoid muscle injuries.

Johns Hopkins trained

Pediatrician opens new office

Dr. Samuel R. Williams has announced the opening of his private practice in pediatrics located at 5411 Old Frederick Rd in the Frederick Villa Professional Building.

A native Baltimorean, Dr. Williams received his premedical and medical training at the Johns Hopkins University and the University of Maryland School of Medicine.

He also received three years of specialized training at St. Agnes Hospital, a large community-based hospital, and the Johns Hopkins Hospital.

Specializing in general pediatrics, adolescent and young adult medicine, Dr. Williams also has studied learning and behavior disorders such as hyperactivity, school - related problems, discipline difficulties and emotional difficulties.

Other areas include pediatric obesity, allergy and dermatology.

Dr. Williams is on the staff of several teaching hospitals and oftentimes may have teaching commitments at the medical school or hospital. He serves as a consultant for the local health departments.

The doctor is a member of the Baltimore County Medical Society, the American Medical Association, the Medical and Chirurgical Faculty of Maryland and the American Academy of Pediatrics.

Dr. Samuel Williams

as the wheels turn

By Penny Brady

The Governor's Committee on Employment of the Handicapped has been very busy this year.

Besides the Awards Day at Martin's West, which was a huge success, the committee's media task force also sponsored a really cooking media workshop at Towson State University in May.

This workshop educated many members of the disabled community and members of many agencies across the state.

The AFRO-AMERICAN and the Sunpapers, WJZ and WBAL television stations, as well as radio station WXYV were among the media represented to answer questions and give useful information.

The committee's function since 1947 has been a public relations-public education tool to promote employment of the handicapped. The committee now has taken another step forward.

A speaker's bureau now is offered and the response has been great.

The bureau was formed to assist in the education process to reduce an eliminate barriers to employment. The speakers are well versed in the areas of employment, community resources, education and many other areas relating to the disabled.

These men and women can speak to schools, employers or organizations anywhere in the state of Maryland. Many of the presentations are accompanied by color slides and films.

The versatility of the speakers has encouraged many to utilize them more than once.

Some of the speakers are Faith Kirk, executive director of the Governor's Committee on Employment of the Handicapped, Marian Schooling, Miss Wheelchair America 1981-82, John Lancaster, director of the Office for the Coordination of Services to the Handicapped and Ray Piccone, founder of the Showcase Players.

If your group or organization is interested in having one of these speakers address any future meeting or workshop, call the Governor's Committee on Employment of the Handicapped, 200 W. Baltimore St. You also can call Faith Kirk at 659-2264.

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OUR WORLD

★ PARTYLINE ★ PACESETTERS ★ PEOPLE

VUU alumni chapter holds dinner-meet, installs new officers

Photos by Snowden

OSBORNE PAYNE (L) presents the Governor's Citation to Martha E. Valentine during the recent dinner - meet held by the Miles W. Connor Chapter of the Virginia Union University at Maceo's Lounge, as the honoree's hubby Marty (C) and Harlow Fullwood, chapter president look on. Mrs. Valentine received the citation for her involvement in community services.

NEWLY - ELECTED OFFICERS of the Miles W. Connor Alumni Chapter of VUU include (front row, L to R): Mrs. Martha E. Valentine, corresponding secretary; Eugene Ward, vice president and Mrs. Barbara Jones, recording secretary; (back row, L to R): David Jones, treasurer and Harlow Fullwood Jr., president.

HONOR STUDENT AWARDED — Valerie Jenkins (C) a recent Biology graduate of VUU who is to enter a pre - med program was awarded a check for being an honor student. She is flanked by her mother and father, Mr. and Mrs. Samuel Jenkins.

The Miles W. Connor Chapter of Virginia Union University is alive and doing fantastically well.

The chapter, of which Harlow Fullwood Jr. has been president for the past five years held a recent dinner meeting at Maceo's Lounge — a very elegant affair indeed.

After wining and dining sumptuously the group got down to the business at hand — installing new alumni officers.

Officers installed for the 1982-83 year by David Swift, director, of Institutional Development at the university included Harlow Fullwood Jr., president; Eugene Ward, vice president; Mrs. Barbara A. Jones, recording secretary; Mrs. Martha E. Valentine, corresponding secretary and David Jones, treasurer.

In addition to installing their officers the chapter voted to set a 1982 - 83 budget of $40,000 and to continue to sponsor activities that provide a learning, cultural and social influence in the Baltimore community.

During Fullwood's five - year tenure as president, the chapter is considered to be one of the most active and most productive alumni chapters in the nation.

They currently have more students from Baltimore attending Virginia Union University than any one of the other 40 United Negro College Fund schools.

This past year they have given Baltimore students more than $200,000 in scholarships.

The chapter has raised more than $100,000 for the University during the last four years.

They have also led all of the Virginia Union alumni chapters in fundraising, recruitment and public relations.

Among the UNCF schools the chapter contributed the largest amount ever given to the university — $25,000 for the 1981 - 82 season.

Quite a coup for one chapter. Think what could happen if all alumni chapters of all black universities were as hard - working. The survival of black colleges just might not be a problem.

STUDENTS, ALUMNI AND GUESTS at the dinner meet seen browsing VUU literature are (L to R): Dr. George A. Crawley Jr., Paquita T. Fullwood; Attorney DeHaven Smith, Stephanie M. Jones and Samuel Billups, principal, Walbrook Senior High School.

How to get your social news in the AFRO!

Hosting a party, a banquet, anniversary, family reunion or christening celebration? Having a fraternity, sorority or club function? Call the AFRO Women's Editor at 728-8200 (Tuesdays, Wednesdays or Thursdays) 10 days before your social event or send in your news (printed or typewritten). Mail to Baltimore AFRO-AMERICAN, c/o Pattie Hodges, 628 N. Eutaw St., Baltimore Md. (21201) (Please give name and phone number of a contact person when mailing information).

PARTYLINE

Omegas fete octogenarian on 89th birthday

By Pattie Hodges,
AFRO Women's Editor

On Wednesay, July 7, Pi Omega Chapter, Omega Psi Phi Fraternity Inc. gave a party for its Brother Theodore O. Randolph who celebrated his 89th birthday.

Known throughout Omega as "Beta 16" (the chapter and year he was initiated into the fraternity), Randolph had the distinct pleasure of knowing the founders of the fraternity.

After a full career in the educational systems of the state which included teaching and administrative assignments in the Baltimore City Public Schools and Dorchester County Public Schools, Dr. Randolph retired.

Since that time, he has been very active in the community. Even today, he spends a great deal of his time as a volunteer for the Maryland League for the Handicapped as well as his participation in numerous community activities sponsored by the fraternity.

At the celebration, he was awarded various citations from Mayor Schaefer and Governor Hughes as well as from the District and National officers of the fraternity. The chapter's gift included an arrangement of 89 silver dollars in a frame.

In thanking everyone, Dr. Randolph remarked how happy he was to be honored for living so long; however, he was saddened that his wife, Beatrice, was unable to attend, at the last minute, because of an illness.

Dr. Randolph offered no secrets to living as long as he has and being as active as he is, but he did offer a hint in that he alluded to being able to enjoy living each day

As one of the oldest living members of the fraternity, Brother Randolph is often sought after by the younger members. On many occasions, he has shared with them as well as countless others, his experiences in Omega.

On his 89th, Pi Omega honored one of its active members — Theodore O. Randolph "Beta 16".

Father's Day tribute

Although all of us are aware of the media - hyped heroes who fill our newspapers and television screens, who among us commemorates the quiet, work - a day heroes in our midst?

On Father's Day of 1982, one local family took time out to pay homage to their hero, James Griffin, the patriarch of a clan which includes 13 children and 43 grandchildren.

Tears of joy streamed down the leathery cheeks of the 73 - year - old honoree as his sons led him into the Bolton Hill Dinner Theater dining room, where his brood was gathered.

"I'm so surprised," he repeated, as his sons and daughters joined Mr. Griffin and his wife at their table.

Mr. Griffin has been married to his wife, Cecelia, for 52 years. Did they expect the marriage to last so long?

"No, but the Lord was willing . . ." she said, with a smile.

Before the guests, which included the spouses and children of Griffin's 13 children, partook of the sumptuous buffet prepared by the theater's staff, they joined Frances Gross, the eldest of the daughter, in a brief prayer of Thanksgiving for the health of their parents.

At one table, Patricia Miller, a 30 - year - old daughter of the honoree, was moved to tears as she spoke of him.

"He was always hard - working," she recalled. "He never complained. I remember that he always showed my mother a lot of love." She laughed as she recalled how her father would take her mother out every week.

(Continued on Page 14)

OCTOGENARIAN FETED — Dr. Theodore Randolph (second from R) is pictured during the birthday party hosted in his honor by the Pi Omega Chapter, Omega Psi Phi Fraternity recently. Pictured with him are Ms. R. Gwen Chambers (seated); his daughter; (standing, L to R): Judson Wood, Pi Omega basileus; George McKinney, anti - basileus and Dr. Walter Wrenn, 2nd Dist. Representative, Omega Psi Phi Fraternity.