This nations needs eyeglasses and contacts

ATLANTA, GA — Seeing is believing, but do you really see as well as you think you do?

Half the people in this country — 113 million Americans — wear eyeglasses or contact lenses to correct their vision problems. But for a variety of reasons, many other people don't get the vision care they need. Some are unaware that a vision correction is needed, according to Dr. Michael Simson, optometrist and director of professional affairs with Pearle Vision Center.

The Pearle Vision Center in your community has dedicated August as Family Eyecare Month to make people more aware that the sight they take for granted requires regular care. "August is the time of year when people most frequently visit their doctors for a regular checkup. Including an eye exam at this time is important in maintaining clear vision and good eye health," he said.

Adults May Need Reading Glasses

"Most adults begin to lose their ability to read clearly and comfortably and to do close work during their 40's," said Dr. Simons. "Often a first sign is for a person to hold the newspaper away from them in order to see the print more clearly. Eventually, almost everyone experiences this loss of vision because of normal aging processes," he said.

Check Young Eyes

Children have special vision needs, too, according to Dr. Simons. "Infants and young children are often not able to let you know that they are having a vision problem because they don't have a frame of reference for clear vision. Parents must make sure their children have healthy vision through early and regular exams," he said.

Infants and preschoolers are not too young for an eye exam, according to Dr. Simons. Some vision problems require the earliest diagnosis and treatment possible to minimize visual loss.

"Classroom and homework performance can suffer as older children struggle to keep up with school work because of an undetected visual problem. Help your children by making sure they receive early and regular eye exams," Dr. Simons said.

The Elderly Have Vision Needs Too

Senior citizens should be aware that half of all elderly vision loss can be prevented with proper care and regular examinations, Dr. Simons said.

Free Health Record Book Available

Prevention is an important part of your family's health care program. During August, your Pearle Vision Center will provide free Family Health Record Books to help families maintain eye, dental and medical records.

Also available free at your neighborhood Pearle Vision Center are consumer information booklets including "Seeing Your Way Clearly: Common Vision Problems and Their Corrections," and "Your Child: The Apple of Your Eye, A Guide to Eyecare for Your Child."

"Don't forget to make an eye exam part of your regular health care program," Dr. Simons said. "Vision is one of your family's greatest assets. Give your family's vision the attention it needs," he said.

Sigmas convene in San Antonio

Sigma Gamma Rho Sorority Inc. had their 40th Biennial International Boule in San Antonio, Texas from July 28 - August 2, 1984, at the Hyatt Regency Hotel on the Riverwalk at Paseo del Almo.

The International theme was "Excellence in the Eighties: Service and Progress for all Mankind." Hosting the Boule was Alpha Phi Sigma of San Antonio.

Grand Basileus Dr. Alice Swain presided.

Noted speakers included David Crippens, Los Angeles television executive who heads the Y.E.S. Inc. Project: Fish University president Dr. Henry Ponder, Alpha Phi Alpha Fraternity official, Ozell Sutton — Omega Psi Phi Fraternity representative Ben Livingston.

The Baltimore Chapter of Sigma Gamma Rho Inc. headed by Basileus Vivian Gardner were lauded for the following National Achievements:

1. The Mary Lou Allison Little Loving Cup Award to the chapter for reporting the most successful program.

2. The Hattie Redford Award to the chapter with the best exhibit of chapter achievements since the last Boule.

3. Soror Lisa Renei Hammack won third prize in the National Under - Graduate Talent Competition.

4. Mrs. Verna L. Day (Baltimore, MD) was inducted as one of the Honrary Sorors of Sigma Gamma Rho Sorority.

5. National acceptance of "Sigma Line," a song composed by Alice Cooper Lee and Barbara Sawyer.

Not only did the sorors attend the regular sessions but the Host Chapter provided many enjoyable activities such as: A trip to Mexico, dining by candelight sampling tasty Mexican cuisine and listening to the enchanting music of the Mariachia floating on a barge down the San Antonio River, Tour of the Alamo, City Tour, Mexican Fiesta Dance, Tour of Various Parks and Missions, Bobby "Blue" Bland Concert and many others.

Those who jetted from Baltimore (Alpha, Alpha Sigma Chapter) to San Antonio were: Basileus, Vivian Gardner, Julia Medley, Hortense Franklin, Alice Cooper Lee, Delores Routh, Veronica Dingle, Catherine Moyer, Marjorie Cain, Dorothy Riley, Pauline Bulter, Myra Curtis, Betty White, Veta Booth, Lota Howard, Ruth Nichols, Madelya Leeks, (Morgan Beta Tau) and Lisa Hammack (Metro. Gamma Mu.)

Newly Elected Grand Officers for 1984 - 86: Grand Basileus - Dr. Rejesta V. Perry, 1st Grand Anti - Basileus, Dr. Kate K. White, 2nd Grand Anti - Basileus Rashi Hayes Grand Grammateus - Soror Vivian Tillman, Grand Tamiochus - Florcence C. Anthony, Editor - in - Chief - of Aurora - Nannie B. Cook, Grand Epistoleus - Tara Brown.

Sorors participating in the Post Boule Tour to Hawaii were Marjorie Cain, Catherine Moyer, and Ruth Nichols.

Paige-Duncan wed

On Saturday, Aug. 18, Yvonne Paige, of Upshire Road, will wed Terry Dorian Lucas, of Argonne Drive at Grace Baptist Church.

Ms. Paige is the daughter of Ethel Commodore and Lawrence Paige. The bridegroom is the son of Corine and Frank Lucas.

The Rev. O.T. Rich will officiate the double ring ceremony.

Gregory Lucas, the bridegroom's brother, will be the best man. The maid of honor will be Romana Commodore, the bride's sister.

The bridesmaids, all of Baltimore, will be Debra Lucas, Elaine Commodore and Carla Gibson.

Ushers will be, David Hilton, Maurice Wilkens and Glen Robinson, all of Baltimore, and Robert Lucas, of Germany and Frank Lucas, of Texas.

Ms. Christina Commodore will be the soloist.

The bride will wear white lace with pearls at the top of her dress and down the sides. The veil has pearls across the crown and on the edges. Her flowers will be pink and white roses.

The maid of honor will wear pink with white polka dots. Her flowers will be baby's breath and white carnations with pink roses.

The reception will be at the Ildelwyde Community Hall on Sherwood Road.

Out-of-town guests expected are Lorraine Commodore, of California; Carolyn Jones, of Philadelphia and Ann Scott, of Virginia.

The newlyweds will take a wedding trip to "see the west."

Once they return, the Lucas' will reside on Upshire Road.

Ms. Paige is a graduate of Lombard Junior High and Dunbar Senior High Schools. She is employed at Good Samaritan Hospital.

Mr. Lucas attended Glen Burnie and Carver High Schools. He also attended a technical-business school, where he studied air conditioning and refrigeration.

Junior volunteers honored

Junior Volunteers at Church Hospital will be honored at a picnic at the Hospital on August 24th.

The volunteers who worked in patient and non-patient areas of the Hospital have given more than 2,500 hours to the Hospital during the summer.

Among those being honored are: Maria Aldana, Andrew Bobb, Rochelle Briscoe, Jonathan Butler, Richelle Chaplin, Mike Cumberland, Rosario de Jesus, Michelle Garrity, Marijke Gray, Timothy Jerscheid, Shelia Jobes, Matt Juknelis.

And Peter Juknelis, Stacy Kropkowski, Stacey Magsamen, Tina Morris, Lynette O'Berry, Eric Okrasinski, Katherine Pearson, Melissa Pearson, Lisa Pleasant, Verlena Price, Maria Reynolds, Stephen Sapp, Kristin Scholtz, Shanna Spearman, Vanessa Webb, Ronda Wells and Paulette Winfield.

Julie Dillard has been a Junior Volunteer at the Medical Center of Dundalk.

Ms. Lane is a pacesetter

The WHO'S WHO AMONG STUDENTS IN AMERICAN UNIVERSITIES AND COLLEGES editoral staff and Bryn Mawr College are pleased to announce that the 1984 edition of WHO'S WHO AMONG STUDENTS IN AMERICAN UNIVERSITIES AND COLLEGES will carry the name of Alison Velez Lane.

She is the daughter of Mr. & Mrs. James E. Lane and has been selected as one of the country's most outstanding campus leaders

Campus nominating committees and editors of the annual directory have included the name of Ms. Lane based on her academic achievement, service to the community, leadership in extracurricular activities, and potential for continued success.

Ms. Lane joins an elite group of students selected from more than 1600 institutions of higher learning in all 50 states, the District of Columbia and several foreign nations. Outstanding students have been honored in the annual directory since it first was published in 1934.

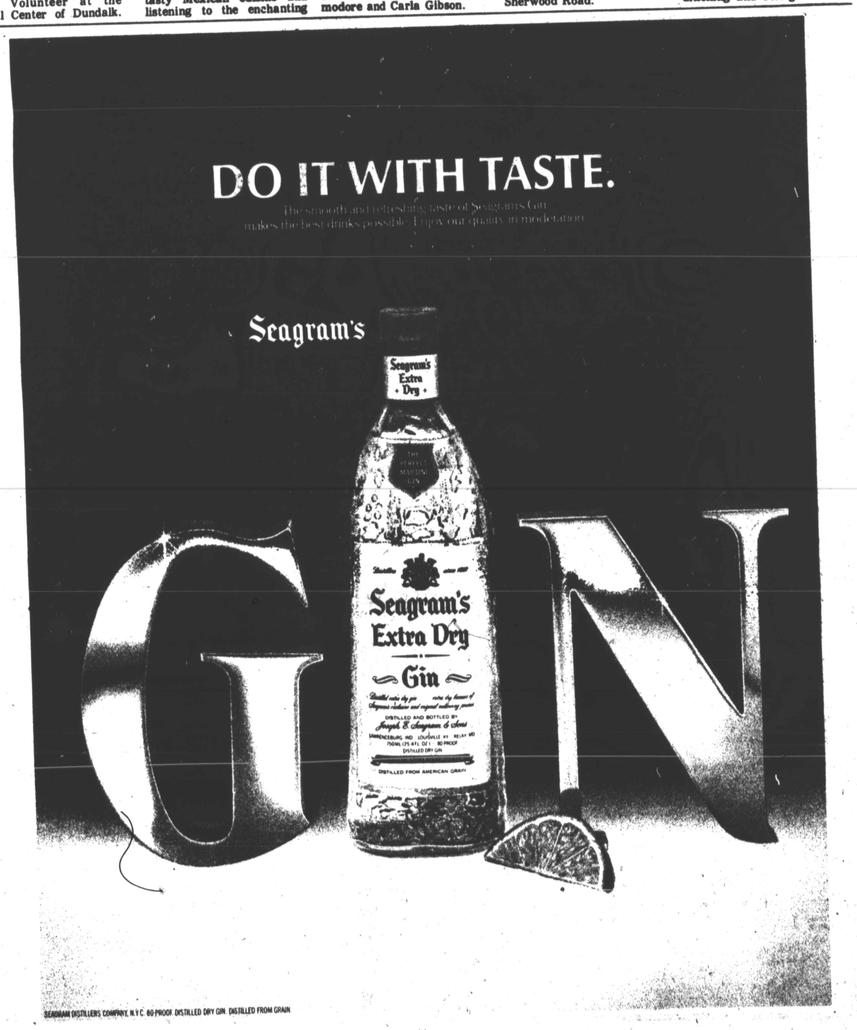
Queens enjoy German holiday

Home from a two-week visit with Lt. Col. & Mrs. Aurin Timmons of Stuttgart, Germany are Mr. & Mrs. Basil Queen and daughter, Valerie of Randallstown.

This was the Queens' second trip abroad to visit their friend of many years and former Baltimorean, Lt. Col. Timmons, who will be retiring and returning to the U.S. with his family in the near future.

The Queens will long remember their cruise along the busy but beautiful and castle-dotted Rhine River; the storybook villages of Dinkelsbuhl and Rudesheim; bustling Frankfurt and Munich; quietly rich Zurich.

They enjoyed the breathtaking gardens of Mainau; Meersburg along the shores of Lake Constance; tiny Liechtenstein; Luxembourg and Feldkirch, Austria where, by chair lift, they were carried to the top of the mountains.



OUR WORLD

ELIGIBLE BACHELORS 1984

Developed by Pattie Hodges

Who are Baltimore's most eligible men? What do they like to do? What are their vocations? Most importantly, what qualities are they looking for in today's woman? What are their pet peeves when dealing with a woman in a relationship and just what do they feel blocks a really good relationship between black men and women?

Read on for the answers to these questions in the AFRO-AMERICAN Newspaper's Eligible Bachelors for 1984.

BRUCE SMALLWOOD., 5' 10". This Taurus man, age 25, is a photographer. His hobbies are writing song lyrics and bicycling. Bruce likes women who are intelligent, beautiful, sophisticated and ambitious.

His pet peeves are lack of understanding, laziness and insecurity. Bruce feels that there is no problem with black male-female relationships.

NORRIS C. RAMSEY, 6' 1", Capricorn, 41, is an attorney. His hobbies are singing, listening to music, swimming, reading and quiet walks.

Atty. Ramsey likes women who are liberated, independent, attractive. His pet peeves are argumentativeness, consistent tardiness and women who show lack of consideration for another's point of view.

He thinks the problem with black male-female relationships is the inability of couples to communicate their feelings to each other and a lack of common goals.

GARY PRESS, 6' 2", Pisces, 27, an engineer, likes tennis, football, travel and meeting new people.

He also likes women who are physically attractive, intelligent, who have personalities that mesh with his, and who keep themselves up physically, mentally and intellectually.

His pet peeves are inflexibility and unresponsiveness to new ideas.

Gary feels that the problem with black male-female relationships is poor communication, insensitivity to each other's needs and aspirations.

JOE FORD, Aries, 6', 39, is a graphic designer. His hobbies are dancing, roller skating, and going to concerts and art exhibits.

Joe's ideal woman needs to be chic, knowledgeable and compatible with his personality.

His pet peeves are whining, deceptiveness and women who pressure men for marriage and who expect them to be knights in shining armor.

Joe thinks that the problem with relationships is that black couples pursue the 'American Dream' (what society expects).

KEVIN BOONE, 5' 9", Aries, 28, is a chemical processor. His hobbies: playing chess, swimming, bowling and socializing.

The woman of Kevin's dreams must be intelligent, well-groomed, enthusiastic about life, passionate, independent and career-oriented.

His pet peeve is overpossessiveness.

Kevin thinks that the problem with black male-female relationships stems from unstated expectations and poor communication.

MICHAEL CHEATHAM, 5' 7", Libra, 36, is a teacher. His hobbies are tennis, listening to jazz, the performing and visual arts.

The qualities that Michael looks for in a woman are a good sense of humor, a well-rounded personality, varied interests and attractiveness.

His pet peeves are the use of chewing gum and the use of slang.

Michael feels that the problem with black male-female relationships arises because of bad past relationships and old hurts which impinge on new ones.

JIMMY BURTON, Scorpio, 42, juvenile transportation officer, enjoys Astrology, Metaphysics and spectator sports.

The qualities that Jimmy likes in a woman are good character, compassion and understanding. His pet peeves are insecurities that women carry over from a past negative relationship into another new one. Jimmy thinks that the white man has created the problem with black male-female relationships by opening the job market up to black women and closing it to black men, thereby creating friction between couples.

ELLIOTT WALLACE, 6' 1", Cancer, 41, is a computer operator and model. His hobbies: skiing, roller skating, swimming.

Elliott likes women who are affectionate, passionate and who share common interests with him.

His pet peeves are dishonesty and unreliability.

He feels that the problem with black male-female relationships is created by couples taking each other for granted and exhibiting a lack of affection.

