C.A.B.W. host luncheon-seminar

Members of the Creative Awareness for Black Women (C.A.B.W.) recently had a luncheon-seminar at the Turf Valley Country Club Inn in Chatham, Md.

C.A.B.W. members say they encourage self-awareness and unity through personal development and networking.

Harre Kinnaird, owner of Financial Planning Consultants, opened the seminar with the film, "The Money Game."

Ms. Kinnaird spoke about money management with an emphasis on tax liability reduction, real estate appreciation and money market mutual funds.

C.A.B.W. was founded in February of this year by Gwendolyn Trammel, Dona Sherard and Deloris Cross. The group meets on the first Wednesday of each month.

Its members hail from various backgrounds—professional women in insurance, real estate and advertising. Some members are homemakers who operate cottage industries from their homes.

C.A.B.W. officers are Diane Simpkins, historian; Gwendolyn Trammel, president; Dona Sherard, vice-president and Deloris Cross, treasurer.

C.A.B.W. OFFICERS — Officers of the Creative Awareness for Black Women organization which hosted its first luncheon seminar recently at the Turf Valley Country Club, Chatham, MD, are (L to R) Diane Simpkins, historian; Gwen Trammell, president; Dona Sherard, vice president and Deloris Cross, treasurer.

Adams family meet in Baltimore

The Adams family of Baltimore celebrated "Love-Live-Friendship and Family Fellowship" at their family reunion last week at the Tremont Plaza hotel.

The five day event - Aug. 16 through 20 was coordinated by Curtis N. Adams, D.D.S., P.A.

Many events kept family members and friends busy. They included pool parties, receptions, a tour which included trips to Fort McHenry, the Shot Tower, the AFRO - AMERICAN Newspapers headquarters, the Lillie Carrol Jackson Museum, the Garwyn Medical Center and Provident Hospital.

A moonlight cruise also occurred aboard the M.V. Port Baltimore.

On Friday, Aug. 17, the Adams family challenged Heritage United Church of Christ to a friendly game of softball at Patapsco State Park.

The next day, a walking tour included the Inner Harbor, the National Aquarium at Baltimore, the Maryland Science, World Trade and Convention Centers.

A wedding between Calton Z. Adams and Phyllis Powell also took place Saturday. That event happened in Washington, D.C.

On Sunday, the family and friends worshipped at Heritage United Church of Christ. Later, they were treated to a brunch at the church which was highlighted by an awards ceremony honoring family members.

Monday, Aug. 20, was the reunion's final day. The host family was Curtis, Jean, Cheryl and Curtis Adams Jr.

Another one bites the dust

Surely by now you have heard about the single parent who filed for child support payments only to have her income tax refund check seized by the authorities in error.

Unfortunately, the government could not understand, or shall I say, the computer did not compute, that it should have been her ex-spouse's income tax check that should have been attached.

In our last series, it was suggested that maybe there should be a "DIVORCE COURT" exclusively for such issues. Perhaps this would not have happened if careful attention and adequate review of the records were allowed.

The single parent who had to bite the dust suffered not just once but twice. On each occasion, she informed the proper authorities of their mistake. But to her surprise, it happened again.

In the end, the child must suffer also.

This incident prompted a hugh response from a number of other single parents who have filed for child support and received little or no support from the proper authorities.

It was stated, "they just sit there and look at you as if you are wasting your time."

Whatever the case may be, next week's series will examine the court system from Master's Dancy's point of view.

We will also discuss what the proper procedures are for filing for child support payments.

If you have not been listening to the news lately, you may want to contact your attorney or legal assistant to find our more about what you as the single parent can do to collect child support payments, such as the withholding of income tax refund checks, child support payments coming directly from payroll deductions.

Black Single Parents Without Partners would like to thank all of the parents who came out to the orientation meeting Thursday.

If you are a single parent and wish to be with other black single parents here in Baltimore, please call the single parent hotline at 466-5554.

If you have an up coming event and would like BSPWP to know about it please write to: P.O. Box 26542, Baltimore, Md. 21207.

Social notes

The Fashion Fair returns

The Baltimore Alumnae chapter of Delta Sigma Theta Sorority Inc. and Ebony Fashion Fair will present its 27th show at the Joseph Meyerhoff Symphony Hall on Sunday, Oct. 14 at 5 p.m.

An added plus to the beautiful fashion and models will be the community service awards to persons dedicated to public service by the Baltimore Alumnae.

For more information about the Ebony Fashion Fair, please call Robin Green at 383-1700 or Rosemary Atkinson at 358-4265 or write to Baltimore Alumnae-Ebony Fashion Fair, P.O. Box 6971, Baltimore, Maryland 21216.

Roxie's Rack - Plus & Tall, 2206 N. Charles St., will be having its fall fashion show Saturday, Aug. 25, from 12 noon to 4 p.m.

The affair will feature fashionable clothing for full-figured and tall women.

For more information and for reservations, please call 889-3068

The Levere Family, formerly of Ivandale, Va. recently had its first family reunion in Philadelphia.

The family consists of about five generations with ages ranging from 105 years to 10 months. More than 400 family members and friends from Virginia, New Jersey, New York, Pennsylvania, Maryland, Washington State, Washington, D.C., Illinois, Alabama and points are being sought to participate in future family gatherings.

If you are a Levere family member please call Jackie at 213-477-6387 or Oneida at 215-747-4284 for more information.

Mayor William Donald Schaefer and Maryland Agriculture Secretary Wayne A. Cawley Jr. will be among the invited officials of the state's 23 counties attending "Maryland Food Heritage Day" on Saturday, Sept. 8, at the Inner Harbor from 11 a.m. until 6 p.m.

Anyone interested in taking part in the event is invited to contact the "Maryland Food Heritage Day" committee by writing to 50 Harry S. Truman Parkway, Annapolis, Md. 21401 or by calling the committee's clerk, Tony Evans, at 841-5570.

The National Organization of Black Law Enforcement Executives, Maryland Chapter, will present an evening with NOBLE on Saturday, Oct. 6, 1984 at the National Aquarium in Baltimore, Pier 3, 501 East Pratt Street.

Donations are $50 per person and will benefit the McNeal Brockington C.J. Scholarship Fund, Inc. and Inner City Youth (Blue Chip-In).

Entertainment, dancing, buffet and an open bar will be provided from 7 until 11 p.m.

For ticket information, please contact Joe Nixon, president, Maryland chapter, NOBLE, 601 E. Fayette St., Baltimore, Md. 21202 396-2567 or Marc Boles, vice president, Maryland chapter, NOBLE, 1034 N. Mount St., Baltimore, Md. 21217 396-2474.

Feeling better makes some less likely to take medicine

It s hard to get a patient to take medication when that individual feels well and has no pain. That's the problem many doctors encounter in treating high blood pressure, and are currently finding with another "silent" disease, hypercholesterolemia — the medical term for an elevated blood cholesterol level. When the drug is not pleasant or convenient to take, the challenge is even greater, according to Jean Davignon, M.D.

Dr. Davignon is an international specialist in cardiovascular medicine. He addressed physicians attending a symposium sponsored by the Colorado Heart Association in Denver and said that the first step in the treatment of a high cholesterol level should be dietary management, restricting calories, cholesterol, fats, and simple carbohydrates such as sugar and alcohol, while increasing the intake of polyunsaturated fatty acids. Fatty meats would be a good example of saturated fats and safflower oil of a polyunsaturated oil.

If diet does not bring blood lipids down to satisfactory levels, or the patient cannot stick to the diet, Dr. Davignon then advises trying cholesterol-lowering medications. Many patients prefer to take a drug in pill or tablet form and one of the medications Dr. Davignon described as "first-line drug treatment" was probucol, available in tablets as Lorelco. "This drug can produce a striking reduction in serum cholesterol with a minimum of side effects in some patients but not all," he added.

Dr. Davignon is director, Department of Lipid Metabolism and Atherosclerosis, Clinical Research of Montreal, and Professor of Medicine, University of Montreal.

Dr. Davignon emphasized that "cholesterol-lowering drugs are an addition to and not a substitute for dietary measures." He also stressed the importance of simultaneous management of other existing risk factors for heart disease, such as high blood pressure, smoking and obesity.

The results of a U.S. government-funded study involving 12 lipid research clinics in the U.S. and Canada were released earlier this year. Participants in the study who were given both a diet moderately low in fat and cholesterol and also a cholesterol-lowering drug achieved a better lowering of cholesterol than participants on diet alone or on diet plus an inactive placebo.

The study provided conclusive evidence that cholesterol lowering can help to prevent heart disease and heart attacks and the researchers involved believe that this should have a considerable impact on encouraging adherence to treatment.

THE CROWNING OF MISS AFRICA — You've heard of Miss Universe. And of course there's Miss America so now meet Miss Africa! Eleanor Moody is crowned "Miss Africa 1985" during ceremonies celebrating the life of Marcus Garvey. Moody is crowned by Dr. Mohammed T. Mehdi, left, president of the Federation of Arab-American Organizations, and James R. Lawson, right, chairman of the Marcus Garvey Day Committee. In background is LaRocque Bey.

Young and old gather at Bigger family reunion

More than 110 people attended the Bigger family reunion recently at the Belmont Holiday Inn Aug. 18.

The mistress of ceremony was Mrs. Flossie P. Johnson. The special greetings were delivered by the Honorable Kurt Schmoke, State's Attorney. Grace was given by Dr. Eddie Wilson.

Mrs. Lillie Myers performed a musical selection and special greetings during dinner were given by the Honorable Judge Robert Bell.

Paul Hathaway explained the occasion while Mrs. Geraldine Dingle provided historical data. Another musical selection was performed by Mrs. Dorothy Bigger.

Ms. Denis D. Chamblee recited a poem, followed by the musical number, "Carry Me Back to Old Virginny," which all present took part.

Dr. Wilson gave the benediction.

This reunion like others provided much in the way of activities and entertainment for family members, guests and friends. Activities included a continental breakfast, a luncheon, a shopping spree.

Mrs. Deloris DeLaine was the director of a fashion show for the family and following dinner that Saturday, Aug. 18, a disco was at the Terrace & Ambassador of the Holiday Inn on Belmont Avenue.

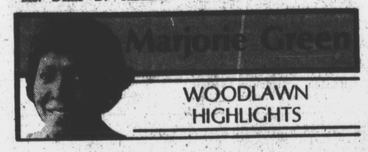
This was the family's 5th annual reunion. The Bigger family originated from Mecklenburg County, Virginia. As the family grew, members moved to Woburn, Mass. and then spread out to all parts of the United States.

Estimates now have the Bigger family, which bares others names such as Tisdale, Barnes, Logan, Elam, Burwell and Ridley, numbering 600 or more.

Before departing, family members were hosted at the home of Flossie and James Johnson, of Catonsville. The 1985 reunion will be in Richmond, Va.

Those who helped shaping the reunion were Mary Pulliam, Flossie Johnson, Denise Chambles, Cheryl Johnson, David Washington, Deloris P. Chambles, Alice Comegy, John Holmes, Lorraine Allen.

SMILE—Taking a moment out for the camera before returning to the family festivities are left, Ms. Mary Pulliam, young Wendy Douglass, who doubles as a child actress and Ms. Sarah Bigger.



Kids enjoy computer camp

By Marjorie R. Green

Forty inner city youngsters, ages 8 through 13, attending Camp Computech recently received certificates of completion at the end of a two week summer course in computer technology.

The classes, at the Business Technology Center, Control Data Corporation, introduced the students to the use of the computer and its basic language.

Ms. Frankie Taylor, Director of Camp Computech said, "computers are a way of the future. Our youth must be introduced to them at an early age."

Ms. Taylor is a Computer Systems Analyst Supervisor and has been working with computers for more than 20 years.

She was motivated to establish the camp computer program because of her strong belief that if young people could play the electronic games, they should be able to effectively use the computer in a more meaningful way.

She also feels an obligation to share her knowledge and experience in a way that benefits youngsters who have not been exposed to the advantages of modern technology in the real world.

At least 76 percent of the registered students said they were experiencing their first exposure to computers, and several were interested in pursuing additional training in the area.

As part of the training, the students visited the Social Security Administrations' new computer building in Woodlawn and the Automated Science Group, Inc. in Silver Springs where they enjoyed the experience of a "hands on" demonstration in a business environment.

The summer program was made possible through donations received from honorary contributors like City Council President Clarence "Du"Burns, Ms. Joan Bereska, chief of staff, Mayors Office; Department of Education representative for Ms. Alice Pinderhughes and several other organizations and business groups in Baltimore and its surrounding area.

Among the adult volunteers who gave time and effort to the project were Ms. Marguerite V. Johnson, Irene Havenner, Marilyn Brockington, Camille Pegues, Gracye Johnson, Victor Clark, Arlene Fair, Linda Hutchins, Norman Brailey, also Kester Kemp, Dallas Pegues, Dorothy Kemp, Jerry Taylor, James Slung, Dana Taylor, Baretta Pegues, Erica Underwood and Darrin Anderson.

According to Ms. Taylor, "the program could not have operated so smoothly without the help of the volunteers, parents and students who seemed very interested in all of the presentations given by professional Electronic Data Programmers who also volunteered their time."

Participants in the closing exercises were Mr. Norman Brailey who presided; the Reverend Frank E. Drumwright Jr., Associate Pastor, Union Baptist Church; Dana Taylor, Kester Kemp, Dallas Pegues, Ben Mason of the Business Technology Center of Control Data Corp.; Ms. Deidre Bishop, representing Congressman Parren Mitchell; Ted Ferguson, Automated Science Group, Inc. and City Council President Clarence "Du"Burns who was the keynote speaker.

WELCOME—From left to right, Ms. Deloris Chamblee, Doris Holmes, who is the reunion's coordinator and Bessie Boyd, of Connecticut who served as a hostess, welcomes family, friends and guests to the Bigger reunion.

Retires after 33 years

Sarah Parker Hunter, a lifelong District resident, was presented the Department of Navy Meritorious Civilian Service Award during July 27 retirement ceremonies at the Naval Military Personnel Command (NMPC) in Washington.

She was honored by naval officials and co-workers for 33 years of outstanding civilian service to the U.S. Navy.

Captain W.J. Green, Jr. of NMPC presented the award to Mrs. Hunter for "sustained meritorious service in the superior performance of duty" from January 1951 to August 1984.

She was cited for "dedicated professionalism at (NMPC, where she) serves without equal as the authority on every aspect of officer appointments and promotions."

A graduate of Dunbar High School in Washington, she worked for several years as a beautician. She entered federal civilian service in January 1951 at NMPC, then known as the Bureau of Naval Personnel.

During the following 33 years, she worked in the career progressions department in various positions. At the time of her retirement, she was head of that department's officer appointments branch.

Under her supervision, the branch prepares over 75,000 permanent commission certificates each year. In addition, the branch staffs officer selections boards for flag officer appointments to chiefs of bureaus and commanders-in-chief of the Atlantic and Pacific Fleets.

During her years of service, Mrs. Hunter has received numerous other awards for outstanding and superior performance, and was named NMPC Civilian of the Year for fiscal year 1978.

Married to Aaron J. Hunter of Washington, Mrs. Hunter has two daughters, Aaronetta Hunter, a teacher; and Sarita H. Jones, a beautician; and three grandchildren. She serves as an elder of the Twelfth Street Christian Church.

Mrs. Hunter and her husband will continue to reside in Washington.

P. HUNTER

(Photos by AFRO Photographer P. A. Greene)

LOOK AT THE BABY—Great, great, granddaughter of Sarah Bigger is pretty Darris Moore, who inherited her mother's good looks. Belinda Moore seems more than happy to show off one of the latest editions of the Bigger clan.

Craighead-Wyche exchange wedding vows

Christine Clarice Craighead, of Whirlwind Court, and Edward Arthur Wyche, of Barena Rd., were married at St. James Episcopal Church on Saturday, Jul 14.

The bride is the daughter of Annette and Jon Craighead and the groom's parents are Mr. and Mrs. Edward Wyche, all of Baltimore.

Father Donald O. Wilson performed the double ring ceremony. The bride was given in marriage by her mother and father.

Todd McDaniels was the best man and Cathleen Craighead of Blackwood, NJ was the maid of honor.

The bridesmaids were Eva Soo Moo, of Severna Park; Sandra Wyche, of Baltimore and Amy Brinkley of White Plains, NY.

The ushers were Dr. Skipp Sanders, Robert Levin and Gary Houston, all of Baltimore.

Clay Florists provided the church decorations. Spencer Hammond was the organist and Dr. Sanders was the soloist.

A reception followed the ceremony. It was at La Fountaine Rouge on Belair Road.

Guests attended the wedding and reception from New Jersey, Delaware, Virginia, Ohio, Iowa, Chicago and Las Vegas.

The couple will reside on Whirlwind Court after a wedding trip to Jamaica.

The former Ms. Craighead is a graduate of Woodbury High School. She is a Woodbury, NJ native and graduate of the University of Delaware where she majored in chemical engineering. She now works for Conoco Chemical Company as a process engineer.

The bridegroom is a graduate of Baltimore's Gilman School and the University of Delaware, where he majored in economics. A brother of Phi Beta Sigma, Mr. Wyche works for USF&G as a computer programmer.

Mobley-Lemon to wed

On Saturday, Sept. 1, at 2 p.m., Jacqueline Lemon will wed Jonathan Mobley. The wedding will occur at the Friendship Baptist Church. A reception will follow at the Vulcan Blazers Hall.

The couple will live in Germany

PHONE MESSAGES
FOR MARYLANDERS
from Carl E. Smith, Community Relations Manager

Just Who's Responsible For What These Days?

Probably nothing has been more frustrating than trying to figure out just who takes care of which parts of your telephone service.

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And you can count on C&P for your community's White and Yellow Pages Directories.

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