Kelly Hill

SINGLE PARENTING

PART -TIME SINGLE PARENTS

Part - time single parenting doesn't have to be a trying experience. Larry, a part - time single parent, just couldn't wait to have the entire summer with his kids. Even though he knew it would be kind of hectic in the beginning that this would be the first time for him, he had confidence in himself.

The first task or obstacle that had to be conquered was trying to make his schedule suitable so that he could accommodate the kids.

The best way to solve this problem is to discuss it with your supervisor, let them know that you may need some extra time off or may need to adjust your working hours.

Next in line is finding a babysitter who is licensed and willing to mind the kids while you are at work. If you are having problems finding a licensed sitter, contact the Department of Social Services. They will have a complete listing of those licensed sitters in your area. If you are working downtown, there is the Downtown Daycare Center.

Once you have accomplished this, you want to begin to plan your evening hours so that you don't make the mistake of rushing to fix dinner every night.

Keep your meals simple. Remember, on hot nights, prepare those meals that take the least amount of time to fix . . . unless of course, you want to be fancy and fix exotic meals. Check with your ex - spouse and children to see what they like. You may want to ask if they are allergic to any foods or have any allergies of other types.

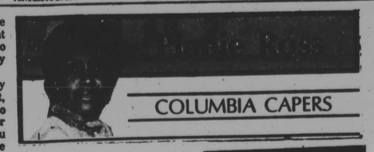
Next in line, keep a supply of band - aids, a first aid kit, antiseptics for mosquito bites and bee stings. For emergencies, make sure you have adequate insurance coverage and extra cash on hand . . . you know the old saying 'Murphy's Law . . . If anything can go wrong . . . it will.'

Get your extended family involved in assisting you. Not only will it give some comfort to your children being around close relatives, but it will ease the strain on you.

If you are involved in an intimate relationship, be sure you have either included your mate in some of your activities with your children and maybe he or she will give you that added support and touch to make your summer with your children a joyous one.

Next week, join in to see if ARE LOVE AND RELATIONSHIPS THE SAME THE SECOND TIME AROUND.'

AT THE UNITY LUNCHEON sponsored by the Black Affairs Advisory Council (BAAC and the Greater Baltimore Chapter of Blacks in Government GBC/BIG held recently at the Altmeyer Building, SSA are (from left): Mark Anderson, chairman, BAAC, Tony Brown, celebrated T.V. Civil Rights crusader and Frank Hunt, president, GBC/BIG.



COLUMBIA CAPERS

JOSEPH E. HALL RECEIVES 'BLACK ACHIEVER IN INDUSTRY AWARD

Joseph E. Hall

Joseph E. Hall, Manager of Employment and Staffing for Bendix Field Engineering Corporation in Columbia is a recipient of the Harlem Branch of YMCA "Black Achiever in Industry Award" just recently. The ceremony took place at the New York Hilton Hotel.

The purpose of this award is to honor blacks who have achieved success in industry and to inspire black youth to prepare for and enter industry.

The criteria for the black achiever award is in three categories: Achievements, a black employee who demonstrates performance and accomplishments within an organization having resulted in either promotion or increased levels of responsibility, levels within the organization and community involvement.

Hall was fully qualified for this special award. His BFEC Career has marked increasing levels of responsibilities and accomplishments since joining the company in 1966.

From Janitor to Manager, Employment and Staffing

Hall has climbed the ladder at the BFEC in Columbia. He was employed by Bendix in September, 1966 as a maintenance handyman (Maintenance, a word Mr. Hall describes 'as fancy for Janitor) to work at the National Aeronautics and Space Administration's Ascension Island Tracking Station, South Atlantic Ocean.

His responsibilities were chipping paint off of tracking antennas and collimation towers and all other maintenance activities.

During his tour he was promoted to the Logistics Department and held other various clerical positions. Upon his return to the U.S. in July he held several administration positions.

Actually Hall received promotions every two years from 1966 to present 1985. His classifications were as follows: May 69, Senior Clerk; Sept. 1969, Station Business Clerk; April 1972, Station Business Coordinator; May 1972, Technical Placement Representative, Equal Employment Opportunity Coordinator March 1973; Compensation Analyst, July 1974; Supervised salary Administration, April 1975; Labor Employee Relations Representative, July 1978; Supervisor Employment and Manpower, June 1979, and April 1981, he became Manager, Employment and Staffing, a unit of the allied Corporation's Bendix Aerospace Section.

In this position Hall is responsible for developing and implementing the corporation's plans with respect to annual recruiting of an average of over 1100 managerial, professional, technical, administrative and college - personnel throughout the U.S. and overseas.

Over the past five years, he was responsible for establishing and administering employment placement and transfer procedures, job posting, employment referral bonus program are targeted job tax credit program for numerous BFEC facilities throughout the United States.

This dedicated man spent four months in Saudi Arabia.

He had this to say, "You wonder why people don't get jobs after they are interviewed. It's because they don't know how to conduct themselves during an interview in many cases." He said in a serious way that there is one certain way one must respond after they have been interviewed. One way is to send a thank you note to the interviewer.

Hall has a long time involvement in community action programs. He serves as a member of the Morgan University and Bowie State Cluster Program. He is on the committee of the Maryland State Department of Education — apprenticeship Linkage Training Task Force which provides career guidance for High School students; he is a member of Project Renew through Mayor Schaefer's office. He has also spent one half day per week training people in how to go about getting a job. He said, "It's very rewarding to be able to help someone else."

Hall's performance exceeds expectations and his contributions are very

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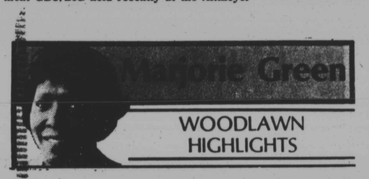


Eddie Green

WOODLAWN HIGHLIGHTS

BAAC AND GBC? BIG SPONSOR UNITY LUNCHEON

More than 400 employees of the Social Security Administration sat spellbound in the Altmeyer Building Auditorium last Monday afternoon as Tony Brown, the celebrated Journalist and Television host and producer of "Tony Brown's Journal" spoke about the "continuing problem of racism and the residuals of racism.

The program, sponsored by the Black Affairs Advisory Council (BAAC) and the Greater Baltimore Chapter of Blacks In Government (GBC/BIG) marked the Fourth Annual Luncheon presented in an effort to promote unity and an awareness of the plight of Black employees in the Federal Agency.

Brown addressed the audience as the "first generation of middle class Blacks" and reminded them that they had enjoyed a level of integration that had placed them in position to understand what integration is all about. He suggested that in their memoirs and in their discourses that they take note of how integration is treating them.

"I hope and I'm sure you have found out that the enemy never was white," he said. "The enemy was always ignorance and you see it now in all colors, all sizes, heights and religions. We are in essence fighting an abundance of ignorance. You can find the same words and thoughts coming out of Black people's mouths about Black people that you find coming out of white people's mouths about Black people who don't like Black people."

He told the audience that they would have to be astute enough to understand that the struggle has moved from the streets to the suites and warned that they would have to be proficient in the suites in order to understand and survive. "It's a new ball game, he said. "We have fought largely because of the major civil rights organizations like the NAACP, Urban League and the Southern Christian Leadership Conference (SCLC). We now have access, but we still do not have parody.

Brown talked briefly about the proposed 17,000 Social Security job cuts. He told the audience of largely Black employees that they would loose their jobs only if they bought into the fact that they were going to loose them. He cautioned that "You are going to lose your job if you don't have a group that somebody is afraid of. Somebody has to go and it will be the weakest group."

Throughout his presentation, Brown's remarks were greeted with thunderous applause. He constantly repeated his belief that "We will never move forward in America until those of us who are Africans admit it."

In a style that has won him many prestigious awards, he expounded on the American experience and how differently the races share this experience.

Sharing in the afternoon spotlight were Mark Anderson, chairman of BAAC and Frank Hunt, president of GBC/BIG. Both presidents have expressed regrets that more employees in all components of SSA were not made aware of the appearance of the Nationally celebrated speakers at The Social Security headquarter building.

Persons wishing more information on either organization should write BAAC, P.O. Box 3601, Arlington, VA 22203 or GBC/BIG, P. O. BOX 7505 Baltimore, Md. 21207.

Advertisement Advertisement

Beauty Talk

by Jean Ford

COLOR MAGIC: INSTINCT AND HARMONY

You have favorite colors which you choose over and over again, as your closet will attest. Why? Because they make you feel and look terrific. Instinct drew you to those colors. You instinctively felt the harmony between your skin tone and those colors. And harmony is the secret to success in selecting wardrobe and makeup colors.

Your most flattering colors are those that harmonize with your skin tone naturally. So if your skin tone is warm—with golden undertones, select warm colors. If it is cool-toned—with pink/red undertones, select cool colors.

Does that mean you must give up your favorite colors or clothes if they're not "right"—warm or cool as your skin tone? The fashion and color experts at Avon say no.

Avon's flexible Personal Color Harmony theory is that since *every* color has warm and cool shades, we can wear any color in a shade keyed to our warm/cool skin tone. Then, it simply recommends selecting makeup which coordinates with the clothing colors: cool tone dress, cool-toned makeup; warm tone dress, warm-toned makeup. It's that easy!

The many shade selections available in Avon's Colorcreme makeup give you the flexibility to experiment and create a harmonious color style that is natural, fashionable and all of your own. If you don't have an Avon Representative, call 1-800-858-8000.

Miss Ford is Beauty and Public Relations Manager, Special Markets for Avon Products, Inc.

Hints For Homemakers/Inez Kaiser

Men acting on impulse really know what's up

DEAR INEZ: With all the different kinds of personal deodorants on the market, I'm still looking for one that will provide a nice, fresh fragrance all over the body—not just under the arms. All I want is a perfumed body spray. But don't get me wrong—I really need it for my wife. It would sure help our marriage!

—CONCERNED HUSBAND

DEAR CONCERNED HUSBAND: It's good to see that some husbands like to act on impulse. You're smart enough to realize that the best thing for your wife—a nicely perfumed body spray—would also be the best thing for you.

Believe me, there is just such a product. It's called IMPULSE and it's an all-over body spray that comes in six irresistible fragrances. IMPULSE was the first body spray in the United States and, what's more, it's been No. 1 ever since.

The important thing is that IMPULSE provides the reassurance of a gentle, effective deodorant all over the body with a choice of six delightful fragrances. You just can't beat it.

This marvelous spray can be used on the arms, legs, back and stomach as well as under the arms. Its lovely fragrance will linger on the body for a great feeling of tingling freshness and desirable femininity.

IMPULSE is available in six captivating fragrances: Instantly Innocent, Delightfully Daring, Always Alluring, Suddenly Sassy, Possibly Playful and Mysterious Musk. You can tell by the enticing names that there is a fragrance to satisfy every woman—whether she prefers citrus, floral, oriental, musk or any other fragrance.

Teenagers between the ages of 12 and 17 as well as young women in their 20's and 30's are climbing on the IMPULSE bandwagon all over the country. It really turns them on.

IMPULSE users know that men can't help acting on impulse.

HOW TO GET OUT RUBBED-IN DIRT

I'VE BEEN GETTING A LOT of mail on how to get rid of the toughest greasy, oily stains and soils. For those you need a product with enough concentrated power to do the job—and that's CONCENTRATED "all."

This outstanding product out-cleans other leading powders on extra-tough oily stains and gets your whole wash A-L-L clean. It is just the right detergent for homemakers who are interested in having laundry that comes out looking its best and free of stains.

"all" is perfect for removing oil stains from work clothes and all sorts of nuisance stains that are usually the hardest to get out.

Just as so many homemakers love "all" for cleaning, we're all going to love "all" for learning, too. The back of the new 157-oz. "all" package tells how you can send away for a solar calculator or "touch and tell" and "speak and spell" electronic learning aids.

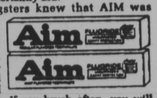
So now you can get your clothes "all" clean while you help your child learn.

GOOD HABITS THAT LAST A LIFETIME

FEBRUARY WAS BLACK HISTORY MONTH. That's when I enjoy the opportunity to participate in career programs and talk with young people. This year I served as a role model at an elementary school career day.

I took along some AIM toothpaste to see how the fifth and sixth graders would identify with it. They certainly did!

The youngsters knew that AIM was a fluoride toothpaste with a really special taste. One bright-eyed boy said to me, "AIM fights cavities. If you brush often, you will have fewer cavities."



His friend, not to be outdone, added, "and AIM toothpaste with fluoride does more than fight cavities. AIM's taste helps start a good habit that lasts a lifetime."

They were both smiling broadly and I realized that they had memorized the AIM television commercial. It was all good fun, but they were really sold on AIM.

These kids really made my day.

BUY ONE & GET ONE FREE

Giant is your neighborhood bakery where you'll find a wonderful variety of hearty breads and rolls, sweet donuts and danish, scrumptious pies, cakes and pastries. And, while you're there, take advantage of this week's 2-for-1 special.

Giant Food
Hamburger Rolls
16-oz. pkg. of 12
Buy 1 at Regular Price & Get the 2nd One Free
Valid through Saturday, May 4, 1985.

GIANT
THE QUALITY FOOD PEOPLE

Light Meat
Giant Food Chunk Tuna
In Oil or Water
SAVE 24¢
6½-oz. can 59¢

Assorted Flavors
Hi-C Fruit Drinks
SAVE 30¢
3-pack 8.45-oz. ctns. 59¢

6-Pack
Giant Food Regular Cola
SAVE 50¢
6-pack 16-oz. NR bots. 1.29

6-Pack
Giant Food Diet Cola
SAVE 31¢
6-pack 16-oz. NR bots. 1.19

Fresh Florida
Loose Tomatoes
2 lbs. $1

California
Fresh Broccoli
2 lbs. 99¢

12-oz. Pack
Fresh Mushrooms
12-oz. pack 99¢

Fresh California
Romaine Lettuce
3 lbs. $1

USDA GRADE A
FRESH FRYERS
Whole
Cut-Up Fryers lb. 59¢
Perdue Fryers Cut-Up lb. 69¢ Whole lb. 59¢

BEEF CHUCK
BONELESS POT ROAST
USDA CHOICE lb. 1.69
Giant Lean lb. 1.59

FRESH WHOLE
BEEF BRISKET
USDA CHOICE lb. 1.59
Giant Lean lb. 1.49

BEEF BLADE
CHUCK ROAST
USDA CHOICE lb. 1.09
Giant Lean lb. 99¢
BONUS SPECIAL - Blade Bone In
Beef Chuck Steak Giant Lean lb. 1.29 USDA Choice lb. 1.39
BONUS SPECIAL - Any Size Package
Fresh Ground Chuck lb. 1.59

DOUBLE COUPONS
DOUBLE SAVINGS ON MANUFACTURERS' CENTS-OFF COUPONS
You get DOUBLE the SAVINGS marked on manufacturers' cents-off coupons you clip from magazines and newspapers or receive in the mail. This offer does not include FREE coupons, Giant's Bonus Special or price reduction coupons or other retailer coupons. In cases where double coupon total exceeds the value of the item, the offer is limited to the retail price. Lottery tickets, cigarettes, all other tobacco products, tax and items prohibited by law are excluded.
ANY COUPON OVER 50¢ REDEEMED ONLY AT FACE VALUE.
This offer valid thru Sat., May 4, 1985 in Giant stores in the city of Baltimore, Baltimore, Harford & Howard Counties, Glen Burnie, Severna Park, Annapolis and Edgewater.

Grocery Department
Del Monte Vegetables
Whole Kernel or Cream Style Golden Corn, Peas, Spinach or Cut Green Beans
SAVE 9¢-37¢
SMASH SPECIAL 2 15-oz.-17-oz. cans 89¢

Grocery Department
Laundry Detergent
Wisk Liquid
SAVE 3.21
SMASH SPECIAL gal. plastic cont. 4.48

Delicatessen Dept.
Giant Food
Table Cream
Whipping Cream half pint ctn. 65¢
BONUS SPECIAL 50¢ half pint ctn. 53¢
BONUS SPECIAL - Claussen, Whole or Half
Kosher Pickles qt. jar 1.49

BONUS SPECIAL - Giant Food Assorted
Spaghetti Sauce 32-oz. jar 89¢
Regular, Thin or Very Thin
Giant Food Spaghetti
SAVE 20¢ on 2 boxes
SMASH SPECIAL 2 1-lb. boxes 89¢

SMASH SPECIAL - SAVE 60¢ Frozen Stouffer's
Lasagna single serving 10½-oz. pkg. 1.39
For Laundry
All Detergent
SAVE 1.86
SMASH SPECIAL 9-lb., 13-oz. box 4.48

Regular or Dinner Size
Giant Food Franks
Meat
Beef 1-lb. pkg. 1.39 1-lb. pkg. 1.29

Prices effective thru Sat., May 4, 1985 in Giant stores in the city of Baltimore, Baltimore, Harford & Howard Counties, Glen Burnie, Severna Park, Annapolis and Edgewater. This merchandise is not offered for sale or available to retailers, restaurants or other commercial enterprises.