Former Harford Community College student returns to teach there

All community colleges are glad to see their graduates continue their education and to receive advanced degrees, and Harford Community College is no exception. The college is even more gratified when alumni choose to return and to instruct current students. This has ben a rewarding experience at HCC where several graduates serve on the faculty and staff. All share a bond of desire to serve the diverse educational needs of all students on HCC's open and friendly campus.

Avery Ward, Assistant Professor of Political Science, is a native Harford Countian who returned to teach in 1970 after completing a B.A. in Political Science from Towson State University, an M.A. in International Relations from Wayne State University, and a J.D. from the University of Baltimore. Now a lawyer, he teaches Business Law. On campus, he serves as Faculty Advisory for the Political Science Association and is involved with various policy setting committees. Off campus, Professor Avery is active in the Harford County Democratic party and he has served with numerous community groups, including the Economic Development Committee.

Another Harford native is Robert Greene. Active on the HCC campus as a student, he returned to teach in 1981 after receiving a B.A. Degree in Personnel and Labor Management from the University of Baltimore. Currently, he is an Instructor of Business Administration. He also operates an insurance brokerage firm. On and off campus, Mr. Greene is interested in and involved with area groups and student and alumni affairs. He is Chairman on the HCC Alumni Association and has worked with the Upward Bound Program. He is a veteran and active in the American Legion, the N.A.A.C.P., and the American Red Cross.

Mildred Cheek, Coordinator for Financial Aid, has been part of the HCC staff since 1970. A Worcester County native and mother of grown children, she is an avid golfer and a"fun" bowler on the campus faculty - staff team. She received an A.A. Degree at Harford Community College in the Executive Secretarial program and pursued a B.S. Degree in Business Administration at the University of Baltimore. She likes the campus and its location close to her Harford County home.

Joyce Jordan, R.N., Associate Professor of Nursing, has lived in Harford County since her teens. She took a General Studies A.A. Degree at HCC and returned in 1974 to teach nursing after completing work at Union Memorial Hospital, University of Maryland, and The Johns Hopkins University. Besides the full - time job of instructing nursing students, Ms. Jordan is interested in the historical and cultural aspects of the county. She is a member of the Harford County Historical Soceity, the Steppingstone Museum group, and is involved with the Ladew Topiary Gardens.

Charles Deisroth, Instructor of Data Processing, is a Baltimore County native who graduated from HCC in 1973 and returned to teach Data Processing in 1982 after completing a B.A. Degree at Loyola College. Currently he is pursuing a Masters Degree at Central Michigan University's extension school at Aberdeen Proving Ground. He is a Student Advisor and serves on HCC's Financial Aid Board.

The stories of these HCC grads speak for themselves. All cited general HCC campus Liberal Arts courses, espeically Psychology and English Composition, as courses which helped them later at four year schools. They feel a strong curriculum of academic subjects during high school helps assure college success. All five alumni have first - hand knowledge of HCC. As students and now as faculty or staff, they have assisted in the ongoing success story of HCC.

School based health clinics help to stem teen pregnancies

By Marian Wright Edelman
An Idea That Works

Imagine for a moment that you are a fifteen-year-old girl in your first year of high school. Many of your friends are already sexually active, and you are thinking about it, but you are confused about what to do.

There's no one for you to speak to about your problem. You are hesitant to turn to your family — you know they probably would not approve. You do not ask your friends because you are too embarrassed to admit you do not know the answers. You may have heard about birth control clinics, but they are located far from your neighborhood, and anyway you are afraid someone might see you go there.

You are right on the verge of becoming another teen pregnancy statistic.

But you luck out. In your high school is an all-purpose health clinic. One day, you happen to stop in to ask a question about nutrition, because you are on a diet to lose weight. You find a warm, receptive person who is willing to take time to talk to you about your health. After a few visits, you work up the courage to raise your questions about sex and pregnancy. For the first time, you receive clear information about your choices, including abstinence and a range of other family planning options.

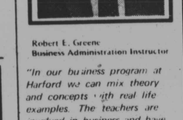
You are now on the way to becoming a sexually responsible teen.

There are now school-based health clinics in about 30 schools around the country. Pioneered in 1973 by the Maternal and Infant Care Project in St. Paul, Minnesota, the results look promising.

For example, at St. Paul's Mechanic Arts High School, site of the first clinic, the teen fertility rate has dropped by 56 percent since 1976. Among those young women who do have babies, the drop-out rate declined from 45 percent in 1973 to 10 percent just three years later. The repeat pregnancy rate among mothers who stay in school is now less than two percent.

The people who run clinics like this one cite three main reasons they are so effective. First and most obvious, they are where the teenagers are — in the schools. Also, they attract a large number of students because of their wide range of health services; for example, many boys initially come in for athletic physicals, or to get treatment for acne, or other teen health problems. Finally, clinic staff are able to build trusting relationships with these youth that last throughout the high school years, and sometimes beyond.

This is an idea that deserves a far broader chance. Other organizations are now exploring the possibility of setting up some type of comprehensive clinic in more schools. Creative ideas like this deserve our support.



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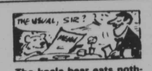
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The koala bear eats nothing but eucalyptus leaves.

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Brunch is a delightful leisure time meal



This delightful brunch can make any day a special one. The menu consists of Crunchy Coffee Kuchen, Eggs Benedict with stuffing, Blender Hollandaise Sauce and Spiced Cafe Au Lait. This menu is ideal for a Sunday as one tries to devour the paper.

Brunch has become one of America's favorite ways to fill a weekend day with special people. Whether you're a late sleeper or an avid early morning jogger, whether you've just arrived home from church or just back, whether you've just arrived home from church or just back from getting the Sunday paper, a relaxed brunch is just the thing for a casual Saturday or Sunday morning.

It's always a pleasant way to slow the pace and spend time with the family or friends. The secret to making it work is to make it informal and attractive. A buffet allows people to come and go as they please. So, this weekend why not make brunch. Make it light and lingering, allowing the day to drift where it may. And make it easy with this tempting menu. You'll love the results.

Crunchy Coffee Kuchen, Eggs Benedict with Stuffing, Blender Hollandaise Sauce, Assorted sliced fresh fruit (serving suggestion), Spiced Cafe au Lait.

Crunchy Coffee Kuchen
1 cup unsifted all-purpose flour
1 cup firmly packed brown sugar
1-1/2 teaspoons Calumet baking powder
1/2 teaspoon cinnamon
1/4 teaspoon salt
1/2 cup vegetable shortening
1-1/2 cups Post 40% bran flakes
1 teaspoon Sanka brand 97% caffein free instant coffee
2/3 cup milk
1 egg, slightly beaten
1/4 cup chopped peacans

Combine flour, brown sugar, baking powder, cinnamon and salt in bowl. Cut in shortening until mixture is crumbly. Add cereal, Measure ½ cup of the mixture; set aside. Add instant coffee to remaining flour mixture. Stir in milk and egg; blend thoroughly. Pour into greased and floured 8- or 9-inch pie pan or 8- or 9-inch square pan. Sprinkle reserved mixture on batter; then sprinkle with peacans. Bake at 360 degree for 30 to 35 minutes, or until cake tester inserted in center comes out clean. Serve warm.

Note: Baked Kuchen may be cooled, wrapped in aluminum foil and frozen. Before serving, thaw and reheat in oven.

Eggs Benedict with Stuffing
1 package (6-serving size) Stove Top stuffing mix, any flavor
1/4 cup butter or margarine, cut into pieces
1-1/2 cups hot water
12 slices Canadian bacon
6 eggs
Or use 1 cup slivered cooked ham; sprinkle on the stuffing.

Place contents of Vegetable/Seasoning Packet and butter in shallow 2-quart casserole or 9x13-inch baking pan. Add water. Stir to blend and completely melt butter. Add Stuffing Crumbs; stir just to moisten. Spread evenly in dish and mark into 6 squares. Top each square with 2 slices of Canadian bacon. Make a depression in centers of bacon slices and carefully add the eggs. Bake at 425 degree about 10 minutes, or until eggs are set. Serve with Hollandaise Sauce, if desired. Makes 6 servings.

Blender Hollandaise Sauce
4 egg yolks
1 tablespoon lemon juice
1/2 teaspoon salt
1/2 teaspoon dry mustard
1/2 cup hot melted butter or margerine

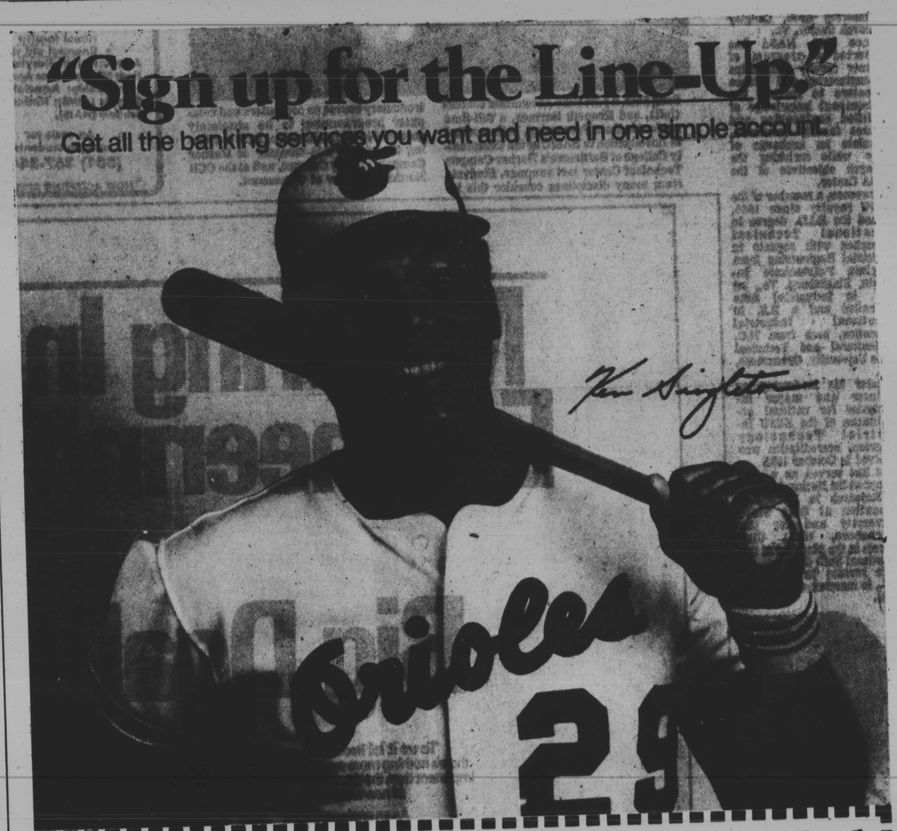
Place egg yolks, lemon juice, salt and dry mustard in blender container. Cover and blend at low speed. Remove cover, continue blending and pour in hot butter in a steady stream. Serve immediately. Makes about ¾ cup.

Note: If you do have a blender, use a packaged Hollandaise Sauce mix.

Spiced Cafe au Lait
3 tablespoons Sanka brand 97% caffein free instant coffee
2 cups boiling water*
2 tablespoons light brown sugar
1/8 teaspoon cinnamon.
*Or use 4 cups hot milk.

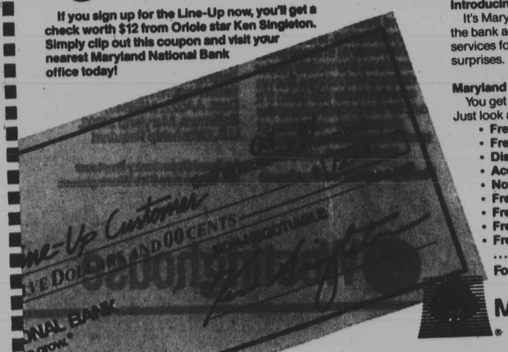
Place instant coffee in heatproof pitcher. Gradually add water and milk, stirring until coffee is dissolved. Stir in brown-sugar and cinnamon. Serve immediately, with extra sugar, if desired. Makes 1 quart or 5 or 6 servings.

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