CONTENTS

DAWN

May 1988

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CELEBRITY ROUNDUP 4

COVER STORY 7

ASTROLOGY 10

OPINION 12

DAWN RECIPES 14

Cover Photo by P. A. Greene

FROM THE EDITOR:



Linda Harris

Don't feel bad if you can't find the barbells you bought last spring. I'm not sure where mine are either. But we won't let that stop us from trying once again to shape up and put some spring into our step will we? Free-lance writer Elin Jones, who is very fit as you'll see from her pictures, helps us get started with a sensible program that even the worst couch potato can handle.

Remember last month our opinion page dealt with Wall Street's use of "Black Monday" as a negative image describing last year's market crash? The term is back again this month but in a very different context. Read page 12 to see what I mean.

Speaking of our opinion page, I welcome your ideas and thoughts. Keep it to 500 words and send a black and white picture.

Before you charge off to check your chart and the latest on your favorite stars, let me remind you to look for our special 15th anniversary issue next month.

Happy and safe exercising

Linda Harris

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