*Estimated $3,397 sought*

# Group continues campaign for reparation for blacks

By Darryl Elwood Owens
AFRO Staff Writer

The National Black Tax Rebate Association (NBTRA)is continuing its campaign for reparations against the U.S. government for economic deprivation — even though the group has yet to file litigation.

The central problem — at least according to some legal experts — is the time lapse between now and the 1896 Plessy v. Ferguson (set ital) Supreme Court ruling which affirmed racial segregation as well as the overall legal effectiveness.

"We are still in the petition stage," said L. G. Sherrod, director of the People's Institute for Economics and NBTRA spokesperson, "We have gotten great response from our affiliates in the Midwest, Chicago, and California."

The organization's current petition campaign seeks $35,738 for each black household — approximately 10 million, according to the 1980 census — the difference between the average net worth of black and white households.

Census Bureau statistics show that white households' net worth is about $39,135 while black households' is $3,397.

The proposed $357 billion lawsuit would seek both punitive and compensatory damages from the U.S. government for injustices suffered stemming from Supreme Court sanctioned discriminatory policies.

NBTRA also seeks a 60-year tax exemption for blacks — the time spanning Plessy v. Ferguson to two years following the Brown v. Board case — "as an economic redress in order to catch up for the years of economic deprivation," Sherrod said.

Sherrod said the group has not proceeded with any litigation "because lawyers are mulling over the best way to proceed with the case."

"People think it's past time to begin some kind of litigation against the government for what has been done," he said.

But William Robinson, spokesperson for the Lawyers' Committee for Civil Rights, pointed out, "the obvious question is how do they avoid the statute of limitations?"

"You have to bring a lawsuit after some prescribed period of time," he said.

Sherrod, however, parried the point comparing the NBTRA situation to the recent decision of the U.S. government to pay $1.3 billion to Japanese-Americans who were imprisoned in U.S. internment camps during World War II.

"The Japanese suit was based on things that happened in World War II while our claim stems from two years after the Brown v. Board case (1954). Ours is even more current than the internment suit. They can't use it (statute of limitations) against us," Sherrod said.

Robinson noted, however, the Japanese suit was different in that the Japanese sought modifications in legislation rather than filing a class-action suit. He added the Japanese were also battling the government's submission of false information which hindered the initiation of the suit.

"New suits would have to be judged on individual merit," he added.

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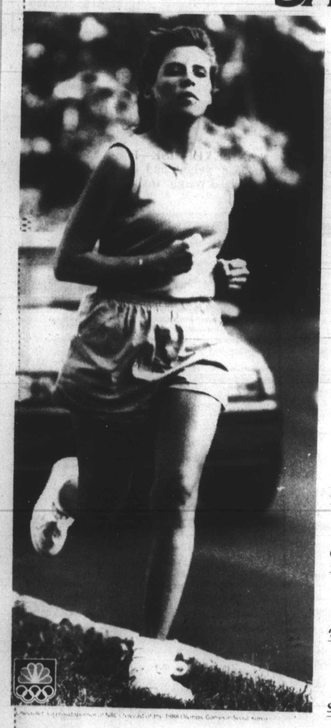

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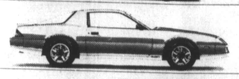
CAMARO  $500 CASHBACK

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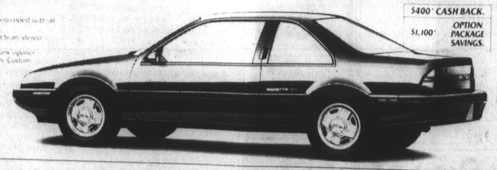

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LEGAL NOTICES

**MBE/WBE**

Roofing Contractors and Suppliers. Quotations for sub-contract work are solicited for BUR and related work at Cahill Recreation Center, 4001 Clifton Ave, ZLeidig Recreation Wing, 301 Beechfield Ave. Chick Webb Memorial Rec. Center, 623 N. Eden St.

**Contact M. Shoemaker, EEO Officer, 664-2303 between 9-4 to obtain information on specifications.**

Due: 9/07/88 11:00 A.M.

**INVITATION FOR BIDS**
**GOOD SAMARITAN BELVEDERE GREEN**

G.S. Housing, Inc. is soliciting sealed bids for a fixed-price contract for construction of Good Samaritan Belvedere Green, a 94-unit HUD Section 202 Housing for the Elderly project, at 1651 East Belvedere Avenue, Baltimore, Maryland 21239. The project is a four story apartment building and is valued at approximately $3,750,000. Bids will be received until 2:00 p.m. on 26 September 1988, at the offices of Cochran, Stephenson & Donkervoet, Incorporated, Architect, at the Latrobe Building, 2nd Floor, 2 East Read Street, Baltimore, Maryland 21201.

Bid documents are on file at the following builder's exchanges:

Dodge Reports
8600 LaSalle Road
Towson, Maryland 21204

Building Congress and Exchange of Baltimore
2301 North Charles Street
Baltimore, Maryland 21201

Baltimore Council for Equal Business Opportunity
1925 Eutaw Place
Baltimore, Maryland 21201

Maryland Minority Contractors Association
6500 Mount Vernon Avenue
Baltimore, Maryland 21215

A copy of the documents may be obtained from the Architect (Attn: Joseph Fenton, 539-2080) on payment of a deposit in the amount of $65.00 payable to Cochran, Stephenson & Donkervoet, Incorporated. Deposits will be refunded for documents returned in good condition. Additional copies of the documents are available through the printer at the bidders expense. Further information and requirements are contained in the bid documents.

EQUAL HOUSING OPPORTUNITIES

**STATE OF MARYLAND**
**DEPARTMENT OF TRANSPORTATION**
**STATE HIGHWAY ADMINISTRATION**
**NOTICE TO CONTRACTORS**

SEALED BIDS for projects listed below will be received by The State Highway Administration (Secretary's Office) at its Offices, 211 East Madison Street, Baltimore, Maryland 21202 until 12 Noon on the 27th day of September, 1988, at which time and place they will be publicly opened and read. The Maryland Department of Transportation (MDOT) hereby notifies all bidders that in regard to any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this notice and will not be subjected to discrimination on the basis of race, color, sex or national origin in consideration for an award.

On Federally assisted projects, the bidder's attention is called to the Standard Federal Equal Employment Opportunity Construction Contract Specifications (Executive Order 11246) which is a part of the contract proposal. All of these activities shall be done in accordance with Title VI of the 1964 Civil Rights Act, as amended.

**STATE FUNDED PROJECTS**

"This procurement is subject to the applicable provisions of Title 18, Subtitle 9 of the State Finance and Procurement Article, covering purchases from South Africa. For any procurement over $100,000, the successful bidder or offeror, at the time of contract award, shall certify that (1) it is not doing business with or in South Africa; or (2) in the conduct of its operations in South Africa, it abides by certain principles regarding equal treatment for races, and the hiring, training and improvement of quality of life for Blacks, Asians and other non-whites".

It is the goal of MDOT that minority business enterprises participate in all State contracts. Each contract will contain a specific participation goal.

**STATEWIDE — CONTRACT NO. AW-971-131-070**
**COST OF PLANS - $5.00 Plus when mailed an additional 10% for mailing and handling**

**PROJECT CLASSIFICATION - A**

Photogrammetric Mapping, Photo Control and Related Mapping Services, Statewide, Md.
The S.H.A. will furnish all aerial photography exposed with a six inch (6") focal length lens.

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Bids must be made upon the blank proposal form which, with specifications and plans, will be furnished by the Administration upon application and cash payment noted.

NO REFUND FOR RETURN OF SPECIFICATIONS AND PLANS. Plans may be purchased from the Cashier's Office, 707 N. Calvert Street, Baltimore, Maryland 21203.

In accordance with Article 21 Section 3-504 of the Annotated Code of Maryland, no bid, performance or payment bonds are required for bids less than $50,000.00. However, bids $50,000.00 and above will not be considered unless accompanied by a Certified Check, a Cashier's Check or a Treasurer's Check drawn upon a bank, or a Bid Bond payable to the State of Maryland, or Cash, or Trust Account, or pledge of United States backed Securities or State of Maryland Bonds. Special procedures for submitting cash are outlined in comar 21.06.07.

Bid Security shall equal at least 5 percent (5%) of the total amount bid. Also, the successful bidder will be required to supply Payment and Performance Bonds for all Contracts in excess of $50,000.00.

The Administration reserves the right to reject any and all bids.

ORDER NO. E-7871

Hal Kassoff
Administrator

DATE August 23, 1988


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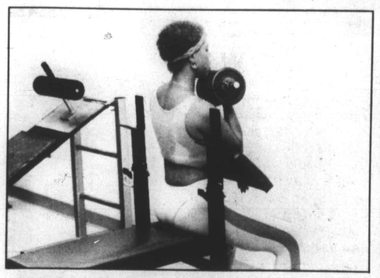
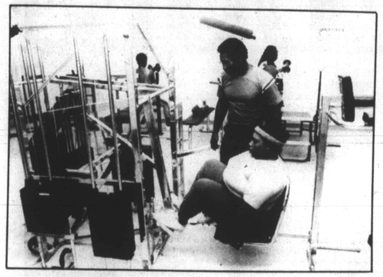
# COPPIN CENTER:
## *Serving the community*

For over three years, the Division of Continuing Education at Coppin State College has offered fitness courses to students and the community on a limited basis. The completion of the new Coppin Center spearheaded the expansion of the program. Best of all, it is available to the community at reasonable rates.

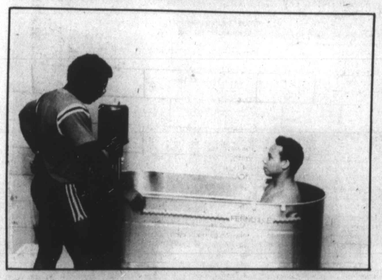


FIRMING UP HER MUSCLES—Lillian Augustus does repetitions of arm curls with twelve pound weights to firm up her muscles as part of her personalized weight training program.



STRETCHING AND FLEXING—Karen Wilson works out in the weight training room on the nautilus equipment with weight training instructor Dr. Jay Bennett.

RELAXING THOSE TIGHT MUSCLES—Edna Simmons gives Willie Fields a soothing massage after a hefty workout.



HYDRO-POOL RELAXATION—Willie Fields relaxes in a hot tub while Dr. Jay Bennett monitors the water pressure.

By Catrice Greer
AFRO Correspondent

Health spas have become tremendous. Their messages boast that if you work out with them, your body will be transformed into sculptured biceps and triceps, your tummy will be flat and you will feel 900 percent better.

Unfortunately, most of these spas are located in inconvenient places, and are outrageously expensive. But—there is a solution. The newly constructed Coppin State College Center has facilities ranging from Nautilus to weight-lifting to aerobics rooms.

In actuality, Coppin State College's non-credit fitness courses are not a new addition, they have been offered as part of the Continuing Education program for the past three years.

"We first opened up in April, under the umbrella of continuing education," says Edna Simmons, instructor and coordinator of fitness programs.

"However, its been kicked around in this department for sometime now. The Division of Continuing Education has been a part of developing it," Simmons said.

Edna Simmons served as the main initiator in organizing, staffing, and developing the course, which are being offered in the non-credit program at this time.

Officially, the relocation of the program to the Coppin Center occurred in March, 1988. However, some of the programs which are now being offered were not available to the public until late April, 1988.

Coppin Center offers facilities such as five racquetball courts; a gym where three basketball games can be played simultaneously, also, a weight room featuring life cycle machines, Nautilus equipment, and free weights.

There is also a dance room which doubles as the aerobics room, a treadmill room where participants engage in a walking program on a treadmill.

This program sets the participants at a speed within their range, burns calories, and the distance at which the participant is running.

The fitness class focuses upon aerobics and bodysculpting. Fitness classes range from low impact which decreases the amount of pressure impounded upon the joints to high impact aerobics which includes jumping and friction.

Aquatic aerobics classes are one of the most popular courses for those who have suffered injuries, have arthritis, or who simply want to exercise.

"The water acts as a resiliancy against the hard impacts on the joints" said Simmons.

These lectures address specific problems and questions about training," said Simmons. Presiding lecturers for the remaining months of 1988 are Dr. Emma Dorsey and Dr. Eleanor Hixon, Medical Director.

To insure that the participant obtains a fitness program tailored to their specific needs and capabilities, there is a screening process each applicant undergoes at the time of registration before they begin any program.

"We get to see them first hand and talk to them. We need to know of injuries they might have, including physical, mental, and social.

There is interviewing and registering of past experiences in fitness, their likes or dislikes of exercise programs. We stress it as a life time commitment," said Simmons.

Persons whose applications exemplify a health problem are handled with the utmost care by conferring with an advisor.

"After we've seen an application and have seen there could be a health problem Dr. Hixon advises us. We're working with people's bodies and people's health. We're very conscientious of this," said Simmons.

According to Simmons, after the interview, a program is prescribed specifically for the needs and capabilities of that individual.

During participation in the programs, a staff of certified fitness instructors and instructors certified in CPR and first aid, monitor participants in the use of machinery, and their personal exercise program.

"The staff is walking around all the time. Everything is totally supervised. No one does anything by themselves," said Dr. Bennett, who is a weight training instructor for the program.

According to Elise H. Collier an aerobics instructor, all of the classes including aerobics begin with a warm up.

Charts are used to document a participant's development as far as physical changes and usage of exercise equipment and the courses they have taken thus far.

"We take weigh-ins once a month. We look at the person to see how they are doing" said Simmons.

Anyone can register through Coppin's continuing Education Department, by coming to the Coppin Center during the evenings or by registering by mail.

Since their emergence in April, the program has been receiving positive public participation and enrollment increases. To meet some of these demands, the department plans to add a few courses to its continuing education program this fall.

In addition to the need for an expansion of Aqua Aerobics classes, "There have been a lot of requests for beginning swimming" said Simmons.

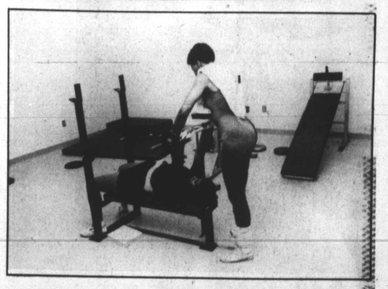
Enrollment opportunities parallel the numerous course opportunities. There are the options of taking one to three classes and paying a maximum of twenty-five to fifty-five dollars per month.

The fitness workshop series also offers yearly, two-yearly, or unlimited enrollments featuring the benefits of unlimited classes at maximum fees ranging from $500-$1,500 per year.

According to Dr. Bennett, the Fitness Program offers a sound promise that "You give us a span of time to work it and we can give you anything."

RUNNING OFF INCHES—Dr. Ray Bennett monitors the progress of Jeanne McCullough as she jogs off inches and calories according to the settings shown on the monitor attached to the top of the treadmill machine.

DETERMINATION AND EXERCISE—Is just what Greta Harrison is using to lose weight and inches while participating on a personalized weight training program.



PUMPING IRON—Edna Simmons, instructor and coordinator of the program, instructs Kim Knox how to properly bench-press free weights.

ACQUATIC AEROBICS—Working out in the pool is a major part of the health program.

**AFRO Photos by Ray Gilbert**